

SUN MON TUE WED THUR FRI SAT

**Activities
Are Subject
To Change**

Location of Programs
AL/EMPR (E-Multi Purpose Room)
MPR (Main Multi Purpose Room)
AL/1D (First Floor)
AL/2D (Second Floor)
AL/3D (Third Floor)
SPAV (Outside Pavilion)
AL/AR1 (Activity Room)
AL/AR2 (Arts/Crafts Room)

Outings
(CA) - California Md
(LA) - LA Plata Md
(CAL) - Calvert County Md
(DR) - Scenic Drive
(OS) - Outside Away From Facility

Residents going on outings away from facility are to meet in the Assisted Living Lobby 15 minutes before departure.

**Environmental Rounds
Room Inspection**

(AL/1A) Starts 10:00am First Tuesday
(AL/1D) Starts 10:45am First Tuesday

(AL/2D) Starts 10:00am Second Tuesday
(AL/3D) Starts 10:45am Second Tuesday

8:30 \$\$ Wal-Mart (AL/LA) **1**
9:00 Exercise (AL/2D)
9:30 Coffee Cart(AL/2D)
10:30 Catholic Services (JT/3D)
1:30 \$\$ Bert's Diner/Summerseat Farm (AL/Out)
2:30 MDVA Bingo (JT/MPR)
6:00 3D Movie Night (AL/EMPR)

9:00 \$\$ McKay's (AL/Out) **2**
9:00 Exercise (AL/2D)
9:30 Golf Cart Rides (AL/OS)
10:30 1 to 1 Time (AL/U)
1:30 Charles County Drive (AL/Out)
1:30 Movie Friday (AL/3D)
5:30 California Elks Pizza Dinner (AL/Out)

9:00 JFF Bingo (AL/EMPR) **3**
9:00 Pottery Patch (AL/Out)
1:30 Residents' Ice Cream Social & Bingo w/Omega Psi Phi Fraternity (AL/EMPR)

Daylight Saving Time ends **4**
8:30 \$\$ IHOP (AL/Out)
1:30 Ice Cream Social (EMPR)
2:00 Grace Lutheran Church Ser. (JT/MPR)

9:00 Exercise (AL/2D) **5**
9:30 Hot Chocolate (AL/2D)
10:00 1 to 1 Time (AL/U)
1:30 Golf Cart Rides (AL/OS)
2:00 Pool Games (AL/2D)
3:00 Bible Study (AL/EMPR)
5:30 Hollywood Moose (AL/OUT)

8:15 \$\$ MGM Casino **6**
9:00 Exercise (AL/2D)
9:30 Golf Cart Rides (AL/OS)
10:30 Catholic Services (JT/MPR)
1:30 Residents' Birthday Party (AL/EMPR)
3:00 Arts/Crafts (AL/3D)

9:00 Exercise (AL/2D) **7**
9:30 Fresh Coffee & Donuts(AL/2D)
10:00 1 to 1 Time (AL/U)
10:30 Wii Games (AL/1A)
2:00 Trail Mix Snack (AL/3D)
2:30 DAV Bingo (JT/MPR)
3:00 Seated Tai Chi (AL/1A)

9:00 Exercise (AL/2D) **8**
9:30 Coffee Cart(AL/2D)
10:00 Thanksgiving at Pax River (JT/Out)
10:30 Walking Club (AL/OS)
10:30 Catholic Services (JT/3D)
2:30 MDVA Bingo (JT/MPR)
3:00 Refreshment Cart (AL/1D)

9:00 Exercise (AL/2D) **9**
9:30 \$\$ Bank and McKays (AL/OUT)
9:30 Golf Cart Rides (AL/OS)
10:30 1 to 1 Time (AL/U)
1:30 Movie Friday (AL/3D)
2:00 Marine Corps Birthday Celebration (JT/MPR)
5:30 Calvert Elks Dinner (AL/Out.)

8:45 Coffee Cart (AL/1D) **10**
9:00 JFF Bingo (AL/EMPR)
3:45 Temple Hills Elks Dinner

Veterans Day **11**
7:15 Veterans' Day Parade (JT/Out)
2:00 Grace Lutheran Church Ser. (JT/MDR)
2:00 Voices of Grace (EMPR)

9:00 Exercise (AL/2D) **12**
9:30 Hot Cider (AL/2D)
10:00 1 to 1 Time (AL/U)
11:00 Veterans Ceremony (JT/MPR)
2:00 Pool Games (AL/2D)
3:00 Bible Study (AL/EMPR)

9:00 Exercise (AL/2D) **13**
9:30 Golf Cart Rides (AL/OS)
10:30 Catholic Services (JT/MPR)
1:30 Cookie Social (AL/3D)
2:00 MHS Band (JT/MPR)
3:00 Arts/Crafts (AL/3D)

9:00 Exercise (AL/2D) **14**
10:00 Poker Tournament (AL/2D/3D)
10:30 Wii Games (AL/1A)
2:00 Resident Council/Food Committee (AL/EMPR)
2:30 Trail Mix Snack (AL/3D)
3:00 Seated Tai Chi (AL/1A)
5:30 AL Outing (AL/Out)
6:30 Post 259 Bingo (JT/MPR)

8:30 \$\$ Wal-Mart (AL/LA) **15**
9:00 Exercise (AL/2D)
9:30 Coffee Cart(AL/2D)
10:30 Catholic Services (JT/3D)
11:15 Chesapeake Luncheon (AL/Out)
2:30 MDVA Bingo (JT/MPR)
3:15 Texas Roadhouse (AL/OUT)

9:00 \$\$ McKay's (AL/Out) **16**
9:00 Exercise (AL/2D)
10:30 1 to 1 Time (AL/U)
1:30 Piney Point (AL/Dr)
1:30 Movie Friday (AL/3D)
5:30 Waldorf Moose Dinner (AL/Out)

9:00 JFF Bingo (AL/EMPR) **17**
9:00 Cobb Island (AL/Dr)
2:00 Southern MD Concert Band (JT/MPR)
4:00 Glenarden American Legion Thanksgiving Dinner (AL/Out)

9:00 \$\$ McDonald's & Drive (AL/Out) **18**
2:00 Grace Lutheran Church Ser. (JT/MPR)
2:00 ECC Residents' Ice Cream Social (AL/EMPR)

9:00 Exercise (AL/2D) **19**
9:30 Hot Coffee (AL/2D)
10:00 1 to 1 Time (AL/U)
2:00 Pool Games (AL/2D)
3:00 Bible Study (AL/EMPR)
6:30 Sons of American Bingo (JT/MPR)

9:00 \$\$ Dollar Tree (AL/Out) **20**
9:00 Exercise (AL/2D)
9:30 Trivia (AL/2D)
10:30 Catholic Services (JT/MPR)
1:30 Wicomico Shores (AL/Dr)
2:00 Cookie Social (AL/3D)
5:45 Evening Outing (AL/Out)
6:30 SMECO Bingo (JT/MDR)

9:00 Exercise (AL/2D) **21**
9:30 Fresh Coffee (AL/2D)
10:00 1 to 1 Time (AL/U)
2:00 Trail Mix Snack (AL/3D)
3:00 Seated Tai Chi (AL/1A)
6:30 Cub Scouts Bingo (JT/MPR)

Thanksgiving Day **22**
9:00 Macy's Thanksgiving Day Parade (AL/All Units)
9:00 Exercise (AL/2D)
9:30 Coffee Cart(AL/2D)
10:30 Walking Club (AL/OS)
10:30 Catholic Services (JT/3D)
1:00 Special Thanksgiving Lunch w/ volunteers (MDR/EMDR)
2:30 MDVA Bingo (JT/MPR)
3:00 Refreshment Cart (AL/1D)

9:00 \$\$ Bank & McKays (AL/OUT) **23**
9:00 Exercise (AL/2D)
9:30 Show Tunes (AL/2D)
10:30 1 to 1 Time (AL/U)
1:30 Movie Friday (AL/3D)
2:00 \$\$ Bert's Ice Cream (AL/Out)

8:00 Holiday Decorating w/ Rolling Thunder (AL Units) **24**

8:30 \$\$ Cracker Barrel (AL/Out) **25**
1:30 Reluctant Jazz Band (EMPR)
2:00 Grace Lutheran Church Ser. (JT/MPR)

9:00 Exercise (AL/2D) **26**
9:00 \$\$ Dollar Tree (AL/Out)
9:30 Hot Cider (AL/2D)
10:00 1 to 1 Time (AL/U)
1:30 Hollywood, MD (AL/Dr.)
2:00 Pool Games (AL/2D)
2:30 American Legion Post 136 Bingo (JT/MPR)
3:00 Bible Study (AL/EMPR)
7:00 Jazz Band (JT/MPR)

9:00 Exercise (AL/2D) **27**
9:30 Hangman (AL/3D)
10:30 Catholic Services (JT/MPR)
1:30 Walking Club (AL/OS)
2:00 Cookie Social (AL/3D)
3:00 Arts/Crafts (AL/3D)

9:00 Exercise (AL/2D) **28**
9:30 Fresh Coffee (AL/2D)
10:00 1 to 1 Time (AL/U)
2:00 Trail Mix Snack (AL/3D)
3:00 Seated Tai Chi (AL/1A)
5:00 Texas Roadhouse (AL/EMPR)

8:30 \$\$ Wal-Mart (AL/LA) **29**
9:00 Exercise (AL/2D)
9:30 Coffee Cart(AL/2D)
10:30 Catholic Services (JT/3D)
1:30 Solomon's Island (AL/Dr.)
3:00 Refreshment Cart (AL/1D)
5:30 Pizza Night (AL/Out)

9:00 \$\$ McKays (AL/OUT) **30**
9:00 Exercise (AL/2D)
10:30 1 to 1 Time (AL/U)
1:30 Movie Friday (AL/3D)
2:00 Chaptico, MD (AL/Dr)
5:30 Spaghetti Dinner w/ Post 82 (AL/Out)

MassageTherapy
See the
Activities Department
for Appointment.

November 2018

Assisted Living Activities



"Serving Those Who Served"