

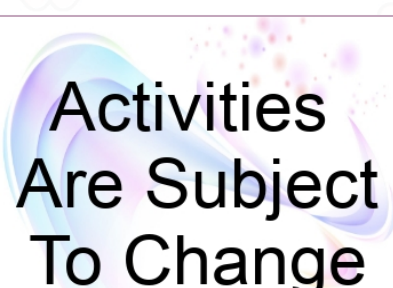


SUN	MON	TUE	WED	THUR	FRI	SAT
8:15 Daily Check In Visit & Event Reminders (AL/ Units) 9:00 Seated Exercises (Ch. 25) 12:30 VFW Poker Run & Lunch w/ V4V (AL/DRW) 1:00 Sports Corner (AL/3D) 2:00 Spiritual Services (JT/Main MPR) 3:30 Snack Cart (AL/Units) 6:30 Sunday Symphony: Edward Elgar, Symphony No. 1 (Ch. 25)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Morning Coffee (AL/ Units) 10:00 Arts & Crafts (AL/3D) 11:00 Active Games: Balloon Volleyball (AL/1D) 1:30 Beverage Cart (AL/3D) 3:00 Bible Study (JT/MH) 3:00 Outdoor Strolls (AL/OS) 4:00 Classic Card Games (AL/Units) 6:30 Bingo Mania! (JT/MPR)	8:15 Bulrushes Cafe Veterans Breakfast (AL/Out) 8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Morning Tea (AL/U) 10:00 Walking Club (JT/SPAV) 10:30 Catholic Mass (JT/Main MPR) 1:30 Light Snacks (AL/U) 1:30 Scenic Drive: Medley's Neck Road (AL/Out) 2:00 St. Mary's County Mobile Library (JT/ MH-DWing) 2:00 Trivia Games (AL/Arcade) 4:00 Classic Board Games (AL/3D) 5:00 Patuxent Moose Lodge Spaghetti Dinner (AL/DRW)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Morning Coffee (AL/Units) 10:00 Book Club Reading (AL/ 3D) 10:00 Golf Cart Rides (AL/Out) 11:00 Gardening Club (AL/ CTYD) 2:00 Movie Matinee (AL/1D) 2:30 Arcade Games (AL/Arcade Rm) 3:00 Popsicle Cart (AL/Courtyard) 3:00 Walking Club (AL/SPAV) 3:30 Bridge Group Game (AL/3D) 6:00 Billiards (AL/3D)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Hot beverages (AL/On Units) 10:00 Arts & Crafts (AL/3D) 10:30 Catholic Services (JT/MH) 1:00 Golf Cart Rides (AL/ SPAV) 2:00 MDVA Bingo! (\$) (AL/ Murphy Hall) 3:00 Wildlife Documentaries (Ch. 25) 3:15 Fresh Fruit Snack Cart (AL/Units) 3:30 Seasonal Puzzle (AL/3D)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:15 \$\$ Food Lion (AL/Out) 9:30 Morning Coffee (AL/Units) 10:30 Outdoor Strolls (AL/SPAV) 11:30 \$\$ Popeyes Lunch Pick Up (AL/Out) 1:00 Snack Cart (AL/ Unit) 1:30 Beverage Cart (AL/2D) 1:30 Scenic Drive: St. George's Island (AL/Out) 2:00 Voices of Vets (JT/Main MPR) 2:00 Movie Matinee (AL/1D) 3:00 Good News Bible (AL/MH) 5:00 Waldorf Moose Pork Chop Dinner (AL/ DRW)	8:15 Daily Check In Visit & Event Reminders (AL/ Units) 9:00 VFW Bingo! (\$) (AL/ MH) 10:00 Arcade Games (AL/Arcade Rm) 1:00 Snack Cart (AL/On units) 2:00 Southern Maryland Concert Band (JT/Main MPR) 3:00 Card Games (AL/Arcade) 4:00 Saturday Afternoon Tunes (Ch. 25)
8:15 Daily Check In Visit & Event Reminders (AL/ Units) 9:00 Seated Exercises (Ch. 25) 10:30 Arcade Games (AL/Arcade) 1:00 Sports Corner (AL/3D) 2:00 Spiritual Services (JT/Main MPR) 3:00 Snack Cart (AL/Units) 6:30 Sunday Symphony: Bartok, Concerto for Orchestra (Ch. 25)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Morning Coffee (AL/Units) 10:00 Applejack Pet Therapy (AL/ Units) 10:00 Resident Activities Subcommittee Meeting (AL/3D) 11:00 Active Games: Seated Kickball (AL/1D) 1:30 Beverage Cart (AL/3D) 2:00 AL Post 221 Women's Auxiliary Ice Cream Social (JT/Main MPR) 3:00 Bible Study (JT/MH) 4:00 Classic Card Games (AL/Units) 6:30 Chair Yoga & Mindfulness Meditation (AL/ Murphy Hall)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:15 \$\$ Walmart (AL/Out) 9:30 Morning Tea (AL/U) 10:30 Catholic Mass (JT/Main MPR) 1:00 Tuesday Tunes with Liz (AL/1D) 1:30 \$\$ Walmart (AL/Out) 2:00 Trivia Games (AL/Arcade) 3:00 Outdoor Leisure (JT/CYD) 3:30 Light Snacks (AL/U) 4:00 Classic Board Games (AL/3D)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 10:00 Hall of History (JT/MH) 10:00 Morning Coffee & Donuts (AL/Units) 11:00 Gardening Club (AL/ CTYD) 1:30 Resident Council/Food Committee (AL/ MH) 2:00 Movie Matinee (AL/3D) 2:30 Arcade Games (AL/Arcade Rm) 3:00 Walking Club (AL/SPAV) 3:15 Book Club Reading (AL/3D) 3:30 Bridge Group Game (AL/3D) 5:30 Blue Crabs Baseball Game (JT/DRW)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Hot beverages (AL/On Units) 10:00 Arts & Crafts (AL/3D) 10:30 Catholic Services (JT/MH) 10:30 Pets on Wheels (AL/On Units) 1:00 Golf Cart Rides (AL/ SPAV) 2:00 MDVA Bingo! (\$) (AL/ Murphy Hall) 3:00 Wildlife Documentaries (Ch. 25) 3:15 Light Snacks (AL/Units) 3:30 Seasonal Puzzle (AL/3D) 6:00 Evening Movie with Popcorn (AL/ Murphy Hall)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Morning Coffee (AL/Units) 10:30 Outdoor Strolls (AL/SPAV) 1:00 Snack Cart (AL/ Unit) 1:30 Movie Matinee (AL/1D) 2:00 Karaoke (AL/ MH) 2:00 Scenic Drive: Driver's Choice (AL/ Out) 3:00 Good News Bible (AL/MH) 5:30 Blue Crabs Baseball Game (AL/DRW)	Flag Day U.S. Army Birthday 8:15 Daily Check In Visit & Event Reminders (AL/Units) 9:00 VFW Bingo! (\$) (AL/MH) 10:15 Shuffle Bowl (AL/Arcade RM) 11:00 Hollywood Lions Club Father's Day BBQ (JT/Main Dining Room) 1:00 Snack Cart (AL/On units) 2:00 US Army Birthday with Fusion Cadets Drum & Bugle Corps (JT/CTYD) 3:00 Card Games (AL/Arcade) 4:00 Saturday Afternoon Tunes (Ch. 25) 4:30 VFW Steak Dinner (AL/DRW)
Father's Day 8:15 Daily Check In Visit & Event Reminders (AL/Units) 9:00 Seated Exercises (Ch. 25) 10:30 Arcade Games (AL/Arcade) 1:00 Sports Corner (AL/3D) 2:00 Purple Heart (\$) Father's Day Bingo (AL/ Murphy Hall) 2:00 Spiritual Services (JT/Main MPR) 3:00 Snack Cart (AL/Units) 6:30 Sunday Symphony: Sibelius, Symphony No. 5 (Ch. 25)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Morning Coffee (AL/Units) 10:00 Arts & Crafts (AL/3D) 10:00 Cooking Class: Oatmeal Nut Butter Cookies (AL/Activity Kitchen) 11:00 Active Games: Cornhole (AL/1D) 1:30 Beverage Cart (AL/3D) 2:00 Yvonne Remz Music Performance (AL/ Murphy Hall) 3:00 Bible Study (JT/MH) 3:00 Outdoor Strolls (AL/OS) 4:00 Classic Card Games (AL/Units) 6:30 S.A.L. (\$) Bingo (JT/EWDR)	8:15 \$\$ The Flashback Diner (AL/ Out) 8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Morning Tea (AL/U) 10:00 Walking Club (JT/SPAV) 10:30 Catholic Mass (JT/Main MPR) 11:15 Chesapeake Beach Post 206 Lunch (AL/ DRW) 1:30 Light Snacks (AL/U) 2:00 Trivia Games (AL/Arcade) 2:30 Vet2Vet Cafe (JT/Murphy Hall) 3:15 \$\$ Dairy Queen (AL/Out) 4:00 Classic Board Games (AL/3D) 6:30 SMECO (\$) Bingo (JT/MPR)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Morning Coffee (AL/Units) 10:00 Golf Cart Rides (AL/Out) 11:00 Gardening Club (AL/ CTYD) 2:00 Movie Matinee (AL/1D) 2:30 Arcade Games (AL/Arcade Rm) 3:00 Billiards (AL/3D) 3:00 Walking Club (AL/SPAV) 3:30 Bridge Group Game (AL/3D) 5:30 Blue Crabs Baseball Game (JT/DRW)	Juneteenth 8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Hot beverages (AL/On Units) 10:30 Catholic Services (JT/MH) 1:00 Golf Cart Rides (AL/ SPAV) 2:00 MDVA Bingo! (\$) (AL/ Murphy Hall) 3:00 Wildlife Documentaries (Ch. 25) 3:15 Fresh Fruit Snack Cart (AL/Units) 3:30 Seasonal Puzzle (AL/3D) 5:00 Calvert Marine Museum Concert: Brantley Gilbert (JT/DRW)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Morning Coffee (AL/ Units) 10:30 Outdoor Strolls (AL/SPAV) 1:00 Snack Cart (AL/ Unit) 1:30 \$\$ Walmart (AL/Out) 1:30 Beverage Cart (AL/2D) 2:00 Movie Matinee (AL/1D) 3:00 Good News Bible (AL/MH) 5:00 American Legion Post 82 Dinner (AL/DRW)	8:15 Daily Check In Visit & Event Reminders (AL/Units) 9:00 VFW Bingo! (\$) (AL/MH) 10:00 Arcade Games (AL/Arcade Rm) 11:30 S.T. Kendall Lodge #153 BBQ Luncheon (AL/SPAV) 1:00 Active Outdoor Games (AL/SPAV) 2:30 Snack Cart (AL/On units) 3:00 American Legion Riders Post 82 Ice Cream Truck (JT/D-Wing Lobby) 3:00 Card Games (AL/Arcade) 4:00 Saturday Afternoon Tunes (Ch. 25)
8:15 Daily Check In Visit & Event Reminders (AL/ Units) 9:00 Seated Exercises (Ch. 25) 10:30 Arcade Games (AL/Arcade) 1:00 Sports Corner (AL/3D) 2:00 Spiritual Services (JT/Main MPR) 3:00 Snack Cart (AL/Units) 6:30 Sunday Symphony: S. Joplin, Greatest Ragtime Works (Ch. 25)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Morning Coffee (AL/Units) 10:00 Applejack Pet Therapy (AL/ Units) 11:00 Active Games: Parachute Games (AL/Murphy Hall) 1:30 Beverage Cart (AL/3D) 2:00 Folk Salad Musical Performance (AL/Murphy Hall) 2:00 Red Hats Society Women's Group (JT/Main MPR) 3:00 Bible Study (JT/MH) 4:00 Classic Card Games (AL/Units) 6:30 Chair Yoga & Mindfulness Meditation (AL/ Murphy Hall)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Morning Tea (AL/U) 10:00 Arts & Crafts (AL/3D) 10:00 Baking with Activities (AL/Activity Kitchen) 10:30 Catholic Mass (JT/Main MPR) 1:00 Tuesday Tunes with Liz (AL/1D) 2:00 Ladies Nail Spa (AL/3D) 2:00 Trivia Games (AL/Arcade) 3:00 Outdoor Leisure (JT/CTYD) 3:30 Light Snacks (AL/U) 4:00 Classic Board Games (AL/3D) 6:00 Billiards (AL/3D)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Morning Coffee (AL/Units) 10:00 Book Club Reading (AL/3D) 10:00 Golf Cart Rides (AL/Out) 11:00 Gardening Club (AL/ CTYD) 2:00 June Birthday Celebration w/ Rita's Ice & Mike Nelson Entertainment (JT/Courtyard) 2:30 Arcade Games (AL/Arcade Rm) 3:00 Billiards (AL/3D) 3:00 Walking Club (AL/SPAV) 3:30 Bridge Group Game (AL/3D) 6:30 John Luskey Music Performance (JT/ Courtyard)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Hot beverages (AL/On Units) 10:00 Arts & Crafts (AL/3D) 10:30 Catholic Services (JT/MH) 1:00 Golf Cart Rides (AL/ SPAV) 2:00 MDVA Bingo! (\$) (AL/ Murphy Hall) 3:00 Wildlife Documentaries (Ch. 25) 3:15 Light Snacks (AL/Units) 3:30 Seasonal Puzzle (AL/3D)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Morning Coffee (AL/Units) 10:30 \$\$ Roy Rogers (AL/Out) 10:30 Outdoor Strolls (AL/SPAV) 1:00 Snack Cart (AL/ Unit) 1:30 Movie Matinee (AL/1D) 2:00 Karaoke (AL/ MH) 3:00 County Library (AL/Out) 3:00 Good News Bible (AL/MH) 5:30 Blue Crabs Baseball Game (JT/DRW)	8:15 Daily Check In Visit & Event Reminders (AL/ Units) 9:00 VFW Bingo! (\$) (AL/ MH) 10:15 Shuffle Bowl (AL/Arcade RM) 1:00 Snack Cart (AL/On units) 2:00 Greg Floberg Musical Entertainment (JT/Courtyard) 3:00 Card Games (AL/Arcade) 4:00 Saturday Afternoon Tunes (Ch. 25)
8:15 Daily Check In Visit & Event Reminders (AL/ Units) 9:00 Seated Exercises (Ch. 25) 10:30 Arcade Games (AL/Arcade) 1:00 Sports Corner (AL/3D) 2:00 Spiritual Services (JT/Main MPR) 3:00 Snack Cart (AL/Units) 6:30 Sunday Symphony: C. Debussy, Images for Orchestra (Ch. 25)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Morning Coffee (AL/ Units) 10:00 Arts & Crafts (AL/3D) 11:00 Active Games: Ladder Ball (AL/ 1D) 1:30 Beverage Cart (AL/3D) 3:00 Bible Study (JT/MH) 3:00 Outdoor Strolls (AL/OS) 4:00 Classic Card Games (AL/Units) 5:30 Evening Golf Cart Rides (AL/Out)			 Happy Birthday Army!		
				<div>Don't forget to return your TOP 3 to the Activities Department!</div> <div>Your Top 3 Outing Selection let's our Activity Staff know that you're interested in attending a sponsored outing.</div> <div>Please be mindful that this does not guarantee a spot, but allows us to make outings fair to everyone!</div>		Abbreviation Key AL/MH (Murphy Hall) MPR (Main Multi Purpose Room) AL/1D (First Floor) AL/2D (Second Floor) AL/3D (Third Floor) AL/AR2 (AL/Arcade Room) SPAV (Outside Pavilion) AL/OS (Outside) DRW (Drawing) Out (Outing)