# CHARLOTTE HALL VETERAN'S HOME

THE MONTHLY NEWSLETTER

### LIFE WITH A VETERAN: A SPOTLIGHT ON A SPOUSE



Mrs. Elizabeth Novak has lived at CHVH since January 16th, 2015. She moved here with her husband who was an Army Veteran that served in the Korean War. She states she was blessed with two good men in her life. Her first husband died in an electrical accident when their 3 children were just 3 months, 15 months, and 27 months old. Six years later she met Milton James Novak, after his time in the service, and they soon had a son together. She states that they loved the family life and were very active with all 4 of their children, between basketball games and football games.

lizgabeth Novak

Elizabeth was a stay-at-home mom and made sure her house was clean and dinner was on the table for their family. She mentioned multiple times that she has had a wonderful life. Her husband Milton passed here at CHVH (June 11, 2016) and she misses him every day, but is thankful for her children who send pictures, visit, and call often. She now has 7 grandchildren and 3 great-grandchildren.

## FEATURED DEPARTMENT: MDS

The MDS department, which stands for "Minimum Data Set," is our federally mandated process for clinically assessing each resident and developing a personalized plan of care to outline and guide care to meet each resident's individual needs. This information is used by the interdisciplinary team to identify the resident's strengths and weaknesses, then tailor their care plan to drive improvements in their quality care and quality of life.

Another function of the MDS process is used to determine reimbursement for those residents receiving Medicare and Medicaid Services. This is why accurate documentation is so important! MDS wants to give a shout out to the member of their team, Jean, who was a full time MDS Coordinator from 2017 to 2021 and continues to support the team!

Thank you to Judy Young, RN, RAC-CT, Grace Isang, RN, RAC-CT, and Jean Palmer, RN, BSN, RAC-CT (not pictured) for all that you do!

# WELCOME BACK



Cathy Attick joins the MDVA-CHVH team as the Quality Assurance Manager. She began her nursing career at the age of 16, starting as a Geriatric Nursing Assistant, and continued her education to obtain her license as a Licensed Practical Nurse and Registered Nurse. Cathy has 22 years of experience in long-term care, including 12 years as a Director of Nursing. Cathy worked for CHVH previously and is happy to be back "Serving those who served."

### April 4th is "Tell a Lie Day." Can you spot the lie?

A. CHVH has 5 new pets living within the facility.B. CHVH has 444 total beds within the facility.

C. CHVH opened in the year 1985.

CHVH has 5 new pets living within the facility. The correct answer can be found in the next section



# **CHVH NEWS LETTER**



BY AIR, BY LAND, BY SEA: Mark Chaney OUR PARTNER IN THE COMMUNITY

By air, by land, by sea! Mark Chaney is the man for our animals here at CHVH! Mark comes from a military background. He was born at Bethesda Naval hospital and his dad was in the Air Force for 22 years. His interest in animals started at a young age, especially after hearing the story of Noah, from the Bible, who took 2 of every animal into the Ark for safety from the flood. He started collecting animals with his older brother from the woods, local ponds, creeks, etc. Mark would try to collect animals with a companion so it would have a little company or a friend. In later years, this interest morphed into a more advanced care and love for animals.

There are 4 fish tanks, one aviary, and one reptile cage that Mark maintains. He states "It's a great privilege being able to assist with helping to provide a happy peaceful environment for the Veterans at Charlotte Hall." Since the beginning of January of 2022, he has added 4 turtles and 2 birds to our CHVH family!





### LET US CELEBRATE!

April Is Occupational Therapist Month, Volunteer Month, & Stress Awareness Month!

Jerry's One Man Band Performance on the 5th (SNF)

> Just Us Two Entertainment Performing on the 12th (SNF)

The Easter Bunny Visits with a Photo booth at CHVH on the 17th (AL)

April Birthdays' Party on the 20th (SNF)

Planting Seedlings on Earth Day, the 22nd (AL)

Between the A's Band Performing on the 23rd (SNF)

Last Chance Band Performing on the 29th (AL)

All scenic drives and dinner outings can be found on the Activities Calendar.



# **FROM THE** ADMINISTRATOR

"As we start the month of April, we want to share some great news about our situation here at Charlotte Hall Veterans Home. We are delighted to announce that our Covid-19 outbreak has officially been closed by the local department of health. While this is news we'd like to remind everyone of

the importance of receiving booster vaccinations as recommended by The Centers for Disease Control and Prevention. Thus far we have had over 15 vaccine clinics and we continue to provide vaccination opportunities for all residents and staff. As we look forward to the holiest of weeks ahead of us, we extend our best wishes to our families celebrating. As always, stay safe."

# -Zenae Merchant, MHA, LNHA

### A GLIMPSE AT LAST MONTH

Pictured below are a couple of resident participants at the Mardi Gras photo booth and one at our St. Patrick's Day bingo. More celebrations to come!





This newsletter is a joint effort of the MDVA & HMR Maryland for the whole CHVH community! Please like, follow, & share us on Facebook! #ServingThoseWhoServed