

# CHARLOTTE HALL VETERAN'S HOME

## MONTHLY NEWSLETTER

### RESIDENT SPOTLIGHT:

*Janice Moore*

Janice is a Pennsylvania native who served 22 years in the Navy. A neighbor of hers, who was a Marine, told her that she wouldn't make it through boot camp. This comment became her fuel to get started in the military. Her service took her to Bethesda, Maryland, San Diego, California, and the Philippines. One of her most memorable experiences was when she was a Naval Corpsman, and she had to get on top of a

patient, because she was the smallest, to "bag them" to help them breathe. The people she met during her deployments are what Janice remembers the most. Each deployment differed because of those people. She recalled Chief Anderson, who was her commanding officer. She said that he was very respectful and upfront with her. There was a time when she and a fellow female kept going into his office crying, so he told Janice, "If you keep coming into my office crying, I will kick you out of the Navy. You need to toughen up." Therefore, Janice took that advice, toughened up, and began to make the men cry. This resilient woman learned how to handle the difficulties of being a female in the military and valued her educational milestones. Janice encourages those who want to join because there are a lot of opportunities for jobs, education, and travel. If she could go back to experience anything within her service again, she would love to be able to go to more duty stations.

### A LETTER FROM: OUR INTERIM-ADMINISTRATOR

The holidays are among us and we are fortunate to have so many family members, volunteers, and staff who work to make this time of year special for our residents. Despite our shared spirit of joy this season, it is important to remember that the holidays also remind our residents of those they have lost and the family traditions they once participated in without limitation.

The holiday season marks a perpetual increase in symptoms of depression across the country and within the walls of Charlotte Hall Veterans Home. As we all work to provide our residents with the best season possible, we ask that everyone remains vigilant of signs that a resident may be struggling. Together we can make this time of year memorable for everyone.



*- Russell Keogler ☺*

### ANNOUNCEMENTS:

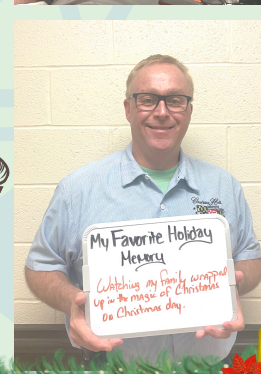
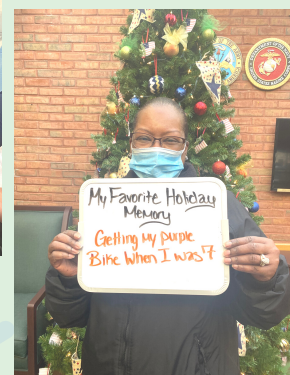
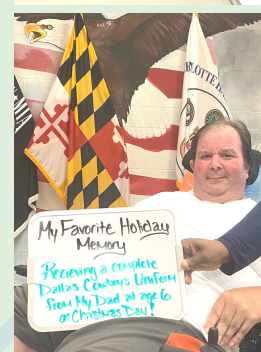
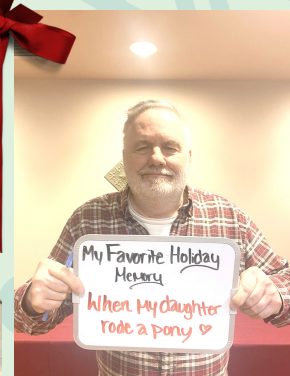
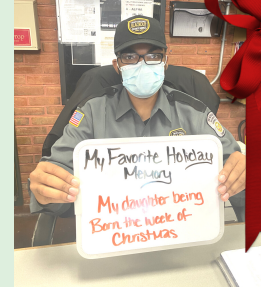
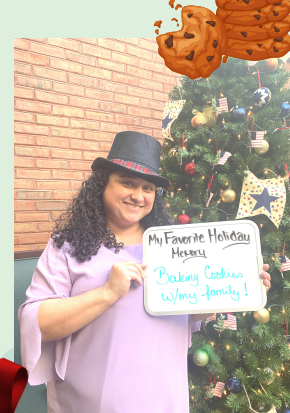
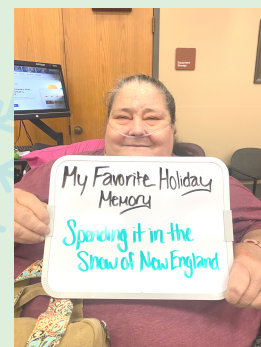
*Dear Families,*

If you would like to take your family member on LOA, please notify the unit managers by December 15 so their medication can be prepared in time for this leave.

*Thank you!*

### A SEASON OF MEMORIES

It's beginning to feel a lot like winter! With the cold breeze comes hot chocolate and many holiday traditions. We asked our residents and staff members, "What is your favorite memory of the holiday season?"



Tune in to our Facebook page, where you can find more photos like these posted throughout the month.



## FEATURED DEPARTMENT: ADFINITAS HEALTH



This medical group helps coordinate the medical care within the facility by reviewing and evaluating aspects of physician care and practitioner services. They help the facility identify, assess, and address healthcare issues related to the quality of care and quality of life of our residents. These providers give the best care to our veterans and really portray our motto, "Serving those who Serve." Thank you Dr. Karim, Karen, Jennifer, and Asante Kwabena NP (not pictured) for your dedicated service to the residents at Charlotte Hall Veteran's Home.

## OUR PARTNER IN THE COMMUNITY:

William Smith, also known as "Smitty," is the lead member of our Music and Memory Program and comes to visit every Thursday. Smitty has resided in PG County his entire life. He graduated from Northwestern High in 1975 and entered the electrical trade. He began working at the Naval Research Lab as an electrician. He finished his career as a planner and estimator in 2019 after serving 32 1/2 years.

He was a "spoiled rotten only child and a complete nerd" but enjoys life, having fun, and trying to make others laugh. He has been a collector of vintage Hollywood memorabilia, World's Fair items, 78 rpm records, cameras, and pocket watches. His wife, Holly, works for a Neurology group, and his 27-year-old son Alan, works for WMATA.

After retiring, Smitty wanted to repay the military somehow and believed volunteering at the Charlotte Hall Veterans Home was the answer. He has tried to help those who enjoy music by sharing his love through the Music and Memories program.



## A GLIMPSE AT LAST MONTH



We had an action-packed month in November! The residents have been involved in a variety of events and had a range of loving visitors. We cannot wait to see what is in store for this month!

## EVENTS CALENDAR

Compton Holiday Performance on the 2nd

The Winter Ball on the 2nd

Pleasant Grove Spiritual Service and Social on the 3rd

Re-creation Holiday Salute on the 6th

Holiday Pop-Up Shop on the 7th

Jeep Club Facility Drive-Through on the 8th

Filipino American Association of SoMD on the 9th

Piano Recital and Sing-Along on the 10th

Imagine Entertainment Holiday Special on the 10th

Crafts with Sharon Stapf on the 12th

Holiday Movie Night on the 12th

Christmas Wreath Making and Caroling on the 14th

Girl Scout Caroling on the 15th

Twin Reverb Christmas on the 17th

Pax River Youth Group Caroling on the 19th

Beth Israel Synagogue Hanukkah Celebration on the 20th

Holiday Gift Shop on the 21st

Christmas Eve & Day Bingo on the 24th & 25th

Penny Pitch for Prizes on the 27th

Monthly Birthday Party with Joe Norris on the 28th

New Year's Eve Bingo on the 31st

And a variety of musical entertainment, activities, and outings held throughout the month!



This newsletter is a joint effort of Sade' Herbert & The Recreational Services team for the whole CHVH community! Please like, follow, & share us on Facebook! #ServingThoseWhoServed