

SUN	MON	TUE	WED	THUR	FRI	SAT	
 HAPPY BIRTHDAY U. S. AIR FORCE 9-18-26 Happy 79th Birthday	 Monday, September 7, 2026	8:45 Morning Greeting (Unit) 9:00 Monthly Calendar Delivery (Unit) 9:30 Chronicle Read Out loud w/ Hot Beverage (Unit) 10:00 Classic TV and Game Show Hours (Unit) 10:30 Catholic Services (Ch. 25) 11:00 Rolling Refreshment Cart (Unit) 2:00 Arts and Crafts Club (Unit) 2:45 Treats & Tunes Cart (Unit) 3:00 Bible Study w/ Bishop Frye (2C) 4:30 Seated Active Games (Unit) 5:15 Clean Hands! (Unit) 1	8:45 Morning Greeting (Unit) 9:30 Chronicle Read Out loud w/ Hot Beverage (Unit) 10:15 Table Games (Unit) 11:00 Refreshment Cart (Unit) 2:00 Dance w/ Mike Nelson Entertainment (1C) 2:15 Leonardtown Scenic Dr. (Outing) 3:00 Mobile Munchies (Unit) 4:30 Table Active Games (2C) 5:15 Clean Hands! (Unit) 2	8:45 Morning Greeting (Unit) 9:30 Chronicle Read Out loud w/ Hot Beverage (Unit) 10:30 Catholic Services (JT/MH) (Ch. 25) 11:00 Hydration Station (Unit) 2:00 Smooth Sounds w/ Suzette (2C) 2:15 Benedict, MD Driving Tour (Outing) 3:00 Snack & Refreshment Cart (Unit) 3:00 Wildlife Documentary (Channel 25) 4:30 Fold and Sort (Unit) 5:15 Clean Hands! (Unit) 6:30 One to One Activities (Unit) 3	8:45 Morning Greeting (Unit) 9:30 Chronicle Read Out loud w/ Hot Beverage (Unit) 10:00 Morning Chair Exercise (1C/10:45am 2C) 10:00 Worship Service (2C/10:30am 1C) 11:30 Hydration Station Cart (Unit) 1:45 Friday Movie Matinee w/ Special Treat (Unit) 4:30 Table Games (Unit) 5:15 Clean Hands! (Unit) 4	8:45 Morning Greetings 9:30 Daily Chronicle Out loud (Unit) 10:00 Morning Move and Groove Exercise (Unit) 10:30 Refreshments & Music Requests (Unit) 11:00 Indoor/Outdoor Strolls (Unit) 2:00 Active Games Mania! (Unit) 2:00 Afternoon Cinema (Unit) 3:15 Savory & Sweet Snack Cart (Unit) 5:15 Clean Hands! (Unit) 5	
8:45 Morning Greetings 9:30 Daily Chronicle Out loud (Unit) 10:00 1:1 Activities and Family Video Calls (Unit) 10:45 Rhythm Band to the Oldies (Unit) 2:00 Sunday Christian Service (MPR) 3:00 National Coffee Ice Cream Celebration (MPR and Unit to Unit) 4:00 Nail Spa (Unit) 5:15 Clean Hands! (Unit) 6	Labor Day 8:45 Morning Greeting (Unit) 9:30 Chronicle Read Out loud w/ Hot Beverage (Unit) 10:15 Morning Exercise: Pool Noodle Games (Unit) 10:45 Music and Refreshments (Unit) 2:00 Art and Crafts Club (Unit) 3:00 Sensory Treat Cart: Apple Cider (Unit) 4:30 Ball Toss Wind Down (Unit) 5:15 Clean Hands! (Unit) 7	8:45 Morning Greeting (Unit) 9:30 Chronicle Read Out loud w/ Hot Beverage (Unit) 10:00 Classic TV and Game Show Hours (Unit) 10:30 Catholic Services (MPR) 11:00 Rolling Refreshment Cart (Unit) 2:00 Karaoke Party w/ Mina! (1C) 2:45 Treats & Tunes Cart (Unit) 3:00 Bible Study w/ Bishop Frye (2C) 4:30 Seated Active Games (Unit) 5:15 Clean Hands! (Unit) 8	8:45 Morning Greeting (Unit) 9:30 Chronicle Read Out loud w/ Hot Beverage (Unit) 10:15 Table Games (Unit) 11:00 Refreshment Cart (Unit) 1:30 Apple Jacks Pet Therapy (Unit to Unit) 2:00 S&D Entertainment (MPR) 2:15 Amish Country & Budds Creek Loop (Outing) 3:00 Mobile Munchies (Unit) 5:15 Clean Hands! (Unit) 9	8:45 Morning Greeting (Unit) 9:30 Chronicle Read Out loud w/ Hot Beverage (Unit) 10:30 Catholic Services (JT/MH) 11:00 Hydration Station (Unit) 2:00 Bingo Mania (Unit) 3:00 Snack & Refreshment Cart (Unit) 3:00 Wildlife Documentary (Channel 25) 4:30 Fold and Sort (Unit) 5:15 Clean Hands! (Unit) 10	Rosh Hashanah Patriot Day 8:45 Morning Greeting (Unit) 9:30 Chronicle Read Out loud w/ Hot Beverage (Unit) 10:00 Morning Chair Exercise (1C/10:45am 2C) 10:00 Worship Service (2C/10:30am 1C) 11:30 Hydration Station Cart (Unit) 1:45 Friday Movie Matinee w/ Special Treat (Unit) 4:30 Table Games (Unit) 5:15 Clean Hands! (Unit) 11	8:45 Morning Greetings 9:30 Daily Chronicle Out loud (Unit) 10:00 Morning Move and Groove Exercise (Unit) 10:30 Refreshments & Music Requests (Unit) 11:00 Indoor/Outdoor Strolls (Unit) 2:00 Afternoon Cinema (Unit) 2:00 Trivia Ice Cream Challenge Pt. 1 (Unit) 3:15 Savory & Sweet Snack Cart (Unit) 5:15 Clean Hands! (Unit) 12	
Rosh Hashanah Ends 8:45 Morning Greetings 9:30 Daily Chronicle Out loud (Unit) 10:00 1:1 Activities and Family Video Calls (Unit) 10:45 Rhythm Band to the Oldies (Unit) 2:00 Sunday Christian Service (MPR) 2:45 Southern Maryland Smooth Steppers (JT/MPR) 3:00 Sunday Frozen Treat Social (MPR and Unit to Unit) 5:15 Clean Hands! (Unit) 13	8:45 Morning Greeting (Unit) 9:30 Chronicle Read Out loud w/ Hot Beverage (Unit) 10:15 Morning Exercise: Pool Noodle Games (Unit) 10:45 Music and Refreshments (Unit) 2:00 Karaoke Mania (2C) 3:00 Sensory Treat Cart: Apple Pie (Unit) 4:30 Ball Toss Wind Down (Unit) 5:15 Clean Hands! (Unit) 14	8:45 Morning Greeting (Unit) 9:30 Chronicle Read Out loud w/ Hot Beverage (Unit) 10:00 Classic TV and Game Show Hours (Unit) 10:30 Catholic Services (MPR) 11:00 Rolling Refreshment Cart (Unit) 2:00 Voice of Vets (MPR) 2:45 Treats & Tunes Cart (Unit) 3:00 Bible Study w/ Bishop Frye (2C) 4:30 Seated Active Games (Unit) 5:15 Clean Hands! (Unit) 15	8:45 Morning Greeting (Unit) 9:30 Chronicle Read Out loud w/ Hot Beverage (Unit) 10:15 Table Games (Unit) 11:00 Refreshment Cart (Unit) 2:00 Joe Norris Entertainment (1C) 2:15 Wildlife Spotting Ride (Outing) 3:00 Mobile Munchies (Unit) 4:30 Table Active Games (2C) 5:15 Clean Hands! (Unit) 16	8:45 Morning Greeting (Unit) 9:30 Chronicle Read Out loud w/ Hot Beverage (Unit) 10:30 Catholic Services (JT/MH) 11:00 Hydration Station (Unit) 2:00 Monthly Birthday Party w/ Karter James (MC) 2:15 Country Drive w/ Treat Stop (Outing) 3:00 Snack & Refreshment Cart (Unit) 3:00 Wildlife Documentary (Channel 25) 4:30 Fold and Sort (Unit) 5:15 Clean Hands! (Unit) 17	U.S. Air Force Birthday 8:45 Morning Greeting (Unit) 9:30 Chronicle Read Out loud w/ Hot Beverage (Unit) 10:00 Morning Chair Exercise (1C/10:45am 2C) 10:00 Worship Service (2C/10:30am 1C) 11:30 Hydration Station Cart (Unit) 2:00 U S Air Force Birthday Celebration (Unit) 4:30 Table Games (Unit) 5:15 Clean Hands! (Unit) 18	8:45 Morning Greetings 9:30 Daily Chronicle Out loud (Unit) 10:00 Morning Move and Groove Exercise (Unit) 10:30 Refreshments & Music Requests (Unit) 11:00 Indoor/Outdoor Strolls (Unit) 2:00 Afternoon Cinema (Unit) 2:00 Trivia Ice Cream Challenge Pt. 2 (Unit) 3:15 Savory & Sweet Snack Cart (Unit) 5:15 Clean Hands! (Unit) 19	
Yom Kippur Begins 8:45 Morning Greetings 9:30 Daily Chronicle Out loud (Unit) 10:00 1:1 Activities and Family Video Calls (Unit) 10:45 Rhythm Band to the Oldies (Unit) 2:00 Sunday Christian Service (MPR) 3:00 National Pepperoni Pizza Day Snack Social (MPR) 4:00 Nail Spa (Unit) 5:15 Clean Hands! (Unit) 20	Yom Kippur Ends 8:45 Morning Greeting (Unit) 9:30 Chronicle Read Out loud w/ Hot Beverage (Unit) 10:15 Morning Exercise: Pool Noodle Games (Unit) 10:45 Music and Refreshments (Unit) 2:00 Daniel K. the Accordion Player (1C/2C) 2:00 Red Hat Society Women's Group (JT/Main MPR) 3:00 Sensory Treat Cart: Mini Muffins (Unit) 4:30 Ball Toss Wind Down (Unit) 5:15 Clean Hands! (Unit) 21	First Day of Fall 8:45 Morning Greeting (Unit) 9:30 Chronicle Read Out loud w/ Hot Beverage (Unit) 10:00 Classic TV and Game Show Hours (Unit) 10:30 Catholic Services (MPR) 11:00 Rolling Refreshment Cart (Unit) 2:00 Arts and Crafts Club (Unit) 2:00 Jerry One Man Band (1C) 2:45 Treats & Tunes Cart (Unit) 3:00 Bible Study w/ Bishop Frye (2C) 4:30 Seated Active Games (Unit) 5:15 Clean Hands! (Unit) 22	8:45 Morning Greeting (Unit) 9:30 Chronicle Read Out loud w/ Hot Beverage (Unit) 10:00 Calvert County Scenic Ride (Outing) 10:15 Table Games (Unit) 11:00 Refreshment Cart (Unit) 2:00 Greg Floberg Entertainment (1C-CY (Weather Permitting) or 2C) 3:00 Mobile Munchies (Unit) 5:15 Clean Hands! (Unit) 6:30 Apple Jacks Pet Therapy (Unit to Unit) 23	8:45 Morning Greeting (Unit) 9:30 Chronicle Read Out loud w/ Hot Beverage (Unit) 10:30 Catholic Services (JT/MH) 11:00 Hydration Station (Unit) 2:00 Bingo Mania (Unit) 2:00 Pets on Wheels Visits (Unit) 2:15 Early Signs of Fall Ride (Outing) 3:00 Snack & Refreshment Cart (Unit) 3:00 Wildlife Documentary (Channel 25) 4:30 Fold and Sort (Unit) 5:15 Clean Hands! (Unit) 24	8:45 Morning Greeting (Unit) 9:30 Chronicle Read Out loud w/ Hot Beverage (Unit) 10:00 Morning Chair Exercise (1C/10:45am 2C) 10:00 Worship Service (2C/10:30am 1C) 11:30 Hydration Station Cart (Unit) 1:45 Friday Movie Matinee w/ Special Treat (Unit) 4:30 Table Games (Unit) 5:15 Clean Hands! (Unit) 25	8:45 Morning Greetings 9:30 Daily Chronicle Out loud (Unit) 10:00 Morning Move and Groove Exercise (Unit) 10:30 Refreshments & Music Requests (Unit) 11:00 Indoor/Outdoor Strolls (Unit) 2:00 Afternoon Cinema (Unit) 2:00 Karaoke Mania (Unit) 3:15 Savory & Sweet Snack Cart (Unit) 5:15 Clean Hands! (Unit) 26	
8:45 Morning Greetings 9:30 Daily Chronicle Out loud (Unit) 10:00 1:1 Activities and Family Video Calls (Unit) 10:45 Rhythm Band to the Oldies (Unit) 2:00 Sunday Christian Service (MPR) 3:00 Sunday Frozen Treat Social (MPR and Unit to Unit) 5:15 Clean Hands! (Unit) 27	8:45 Morning Greeting (Unit) 9:30 Chronicle Read Out loud w/ Hot Beverage (Unit) 10:15 Morning Exercise: Pool Noodle Games (Unit) 10:45 Music and Refreshments (Unit) 2:00 Arm Chair Travel: Montreal Canada (Unit) 3:00 Sensory Treat Cart: Peanut Butter Cookies (Unit) 4:30 Ball Toss Wind Down (Unit) 5:15 Clean Hands! (Unit) 28	8:45 Morning Greeting (Unit) 9:30 Chronicle Read Out loud w/ Hot Beverage (Unit) 10:00 Classic TV and Game Show Hours (Unit) 10:30 Catholic Services (MPR) 11:00 Rolling Refreshment Cart (Unit) 2:00 Arts and Crafts Club (Unit) 2:45 Treats & Tunes Cart (Unit) 3:00 Bible Study w/ Bishop Frye (2C) 4:30 Seated Active Games (Unit) 5:15 Clean Hands! (Unit) 29	8:45 Morning Greeting (Unit) 9:30 Chronicle Read Out loud w/ Hot Beverage (Unit) 10:00 September Scenic Ride (Outing) 10:15 Table Games (Unit) 11:00 Refreshment Cart (Unit) 2:00 Cooking Club: Apple Pie in a Cup (Unit) 3:00 Mobile Munchies (Unit) 4:30 Table Active Games (2C) 5:15 Clean Hands! (Unit) 30	 9-11-01		Calendar Key MPR-Main Multi-Purpose Room 1C-Activity held on First Floor 2C-Activity held on Second Floor Unit-Activity Held on Resident Unit 1C-CY-1C Courtyard Outing-Outing away from the Facility OS-Outside (C-Wing Entrance) JT/MH-Murphy Hall (Assited Living)	Activities Are Subject To Changes

September 2026

Memory Care Activities - 1C & 2C

