

SUN

MON

TUE

WED

THUR

FRI

SAT

8:15 Daily Check In Visit & Event Reminders (AL/Units)
9:00 Seated Exercises (Ch. 25)
9:30 Sunday Coffee & Pastries Cart (AL/Units)
10:30 Arcade Games (AL/Arcade)
1:00 Sports Corner (AL/3D)
1:15 V4V Poker Run Lunch (AL/TOP 3)
2:00 Spiritual Services (JT/Main MPR)
3:00 Snack Cart (AL/Units)
6:30 Sunday Symphony: R. Gliere, Concert for Harp and Orchestra (Ch. 25)

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Monday, May 25, 2026

8:15 Daily Check In Visit & Event Reminders (AL/Units)
9:00 Seated Exercises (Ch. 25)
9:30 Sunday Coffee & Pastries Cart (AL/Units)
10:30 Arcade Games (AL/Arcade)
1:00 Sports Corner (AL/3D)
2:00 Spiritual Services (JT/Main MPR)
3:00 Snack Cart (AL/Units)
6:30 Sunday Symphony: Cali School of Music, University Wind Symphony (Ch. 25)

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8:45 Check-In Visits (AL/RM)
9:00 Seated Exercises (AL/3D)
9:30 Morning Coffee (AL/Units)
10:30 Resident Activities Subcommittee Meeting (AL/MH)
1:15 Active Games (AL/1D)
1:30 Beverage Cart (AL/Units)
1:30 Ladies' Nail Spa (AL/3D)
3:00 Outdoor Strolls (AL/OS)
3:00 Prayer & Scripture (Ch. 25)
4:00 Classic Card Games (AL/Units)
5:00 Evening Check Ins & Chat (AL/Units)
6:30 Bingo Mania! (JT/MPR)

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Mother's Day
8:15 Daily Check In Visit & Event Reminders (AL/Units)
8:45 Chesapeake Beach Post 206 Brunch (AL/TOP 3)
9:00 Seated Exercises (Ch. 25)
10:30 Arcade Games (AL/Arcade)
1:00 Sports Corner (AL/3D)
2:00 Spiritual Services (JT/Main MPR)
3:00 Snack Cart (AL/Units)
6:30 Sunday Symphony: L. Beethoven, Violin and Piano Sonata No. 9 (Ch. 25)

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8:45 Check-In Visits (AL/RM)
9:00 Seated Exercises (AL/3D)
9:30 Morning Coffee (AL/Units)
10:00 Applejack Pet Therapy (AL/Units)
10:00 Gideon's Farm Petting Zoo (JT/CTYD)
1:15 Active Games (AL/1D)
1:30 Beverage Cart (AL/Units)
2:00 Monday Music Therapy: Drum Circle (AL/Murphy Hall)
3:00 Prayer & Scripture (Ch. 25)
4:00 Classic Card Games (AL/Units)
4:00 My Happy Place Yoga & Mindfulness (AL/Murphy Hall)
5:00 Evening Check Ins & Chat (AL/Units)
6:00 Billiards Tournament (AL/3D)

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8:15 Daily Check In Visit & Event Reminders (AL/Units)
9:00 Seated Exercises (Ch. 25)
9:30 Sunday Coffee & Pastries Cart (AL/Units)
10:30 Arcade Games (AL/Arcade)
1:00 Sports Corner (AL/3D)
2:00 Spiritual Services (JT/Main MPR)
2:00 VFW Post #8810 Ice Cream Social (AL/Murphy Hall)
6:30 Sunday Symphony: Beethoven Orchestra, Opera Gala (Ch. 25)

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8:45 Check-In Visits (AL/RM)
9:00 Seated Exercises (AL/3D)
9:30 Morning Coffee (AL/Units)
11:00 Active Games (AL/1D)
2:00 May Birthday Celebration (AL/MH)
3:00 Outdoor Strolls (AL/OS)
3:00 Prayer & Scripture (Ch. 25)
4:00 Classic Card Games (AL/Units)
5:00 Evening Check Ins & Chat (AL/Units)
6:30 S.A.L. (\$) Bingo (JT/Murphy Hall)

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8:15 Daily Check In Visit & Event Reminders (AL/Units)
9:00 Seated Exercises (Ch. 25)
10:00 VFW Bingo! (\$) (AL/MH)
10:30 Arcade Games (AL/Arcade)
1:00 Sports Corner (AL/3D)
2:00 Spiritual Services (JT/Main MPR)
3:00 Snack Cart (AL/Units)
6:30 Sunday Symphony: Bach Six Cello Suite ft. Yo Yo Ma (Ch. 25)

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Memorial Day
8:45 Check-In Visits (AL/RM)
9:00 Seated Exercises (AL/3D)
9:30 Morning Coffee (AL/Units)
10:00 Applejack Pet Therapy (AL/Units)
11:00 Memorial Day Ceremony (JT/MPR)
1:15 Active Games (AL/1D)
1:30 Beverage Cart (AL/Units)
2:00 Monday Music Therapy: Memorial Day Tribute (AL/1D)
3:00 Prayer & Scripture (Ch. 25)
4:00 Classic Card Games (AL/Units)
4:00 My Happy Place Yoga & Mindfulness (AL/Murphy Hall)
5:00 Evening Check Ins & Chat (AL/Units)
6:00 Billiards Tournament (AL/3D)
6:00 Evening Golf Cart Rides with Steve (AL/Out)

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May Highlights:
05.11.2026- Gideons Farm Petting Zoo
05.16.2026- V4V: Suttler Farms w/Clydesdales
05.17.2026- VFW Post #8810 Ice Cream Social
05.20.2026- St. Mary's County Election Board: Primary Voting
05.20.2026- DVMF Sponsored Lunch: Pizza Hotline
05.23.2026- Knights of Columbus BBQ
05.25.2026- Memorial Day Ceremony
05.31.2026- V4V Poker Run Lunch

Cinco de Mayo
8:45 Check-In Visits (AL/RM)
9:00 Seated Exercises (AL/3D)
10:00 Morning Tea (AL/U)
10:30 Catholic Services (JT/Main MPR)
11:15 \$\$ Wendy's Sit-down Lunch (AL/Out)
1:30 Light Snacks (AL/U)
2:00 \$\$ Bruster's Ice Cream Trip (AL/Out)
2:15 Cinco de Mayo Celebration (AL/MH)
3:00 Trivia Games (AL/Arcade)
4:00 Classic Board Games (AL/3D)
5:00 Patuxent Moose Spaghetti Dinner (AL/TOP 3)
6:00 Wii Games (AL/Murphy Hall)

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8:15 Bulrushes Cafe Veterans Breakfast (AL/Out)
8:45 Check-In Visits (AL/RM)
9:00 Seated Exercises (AL/3D)
10:00 Morning Tea (AL/U)
10:30 Catholic Services (JT/Main MPR)
1:30 Light Snacks (AL/U)
2:00 Baking with Activities: Individual Peach Crisp (AL/Activity Kitchen)
2:00 Trivia Games (AL/Arcade)
3:00 Outdoor Leisure (AL/CTYD)
4:00 Classic Board Games (AL/3D)
4:00 Golfcart Rides with Steve (AL/Out)
6:00 Paint 'N Sip (AL/Courtyard)
6:00 Wii Games (AL/Murphy Hall)

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8:45 Check-In Visits (AL/RM)
9:00 \$\$ Walmart Trip (AL/TOP 3)
9:00 Seated Exercises (AL/3D)
10:00 Morning Tea (AL/U)
10:30 Catholic Services (JT/Main MPR)
1:30 Light Snacks (AL/U)
2:00 \$\$ Walmart Trip (AL/TOP 3)
2:00 Trivia Games (AL/Arcade)
2:00 Tuesday Tunes with Ashley (AL/1D)
3:00 Outdoor Leisure (AL/CTYD)
4:00 Classic Board Games (AL/3D)
6:30 SMECO (\$) Bingo (JT/MPR)

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8:15 Bulrushes Cafe Veterans Breakfast (AL/Out)
8:45 Check-In Visits (AL/RM)
9:00 Seated Exercises (AL/3D)
10:00 Morning Tea (AL/U)
10:30 Catholic Services (JT/Main MPR)
11:15 Chesapeake Beach American Legion Sponsored Luncheon (AL/TOP 3)
1:30 Light Snacks (AL/U)
2:00 Trivia Games (AL/Arcade)
2:15 \$\$ Target (AL/TOP 3)
3:00 Outdoor Leisure (AL/CTYD)
4:00 Classic Board Games (AL/3D)
5:00 \$\$ Captain Billy's Crab House Dinner (AL/Out)
6:00 Wii Games (AL/Murphy Hall)

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Abbreviation Key
AL/MH (Murphy Hall)
MPR (Main Multi Purpose Room)
AL/1D (First Floor)
AL/3D (Third Floor)
AL/AR2 (AL/Arcade Room)
SPAV (Outside Pavilion)
AL/OS (Outside)
DRW (Drawing)
Out (Outing)

8:45 Check-In Visits (AL/RM)
9:00 Seated Exercises (AL/3D)
9:30 Morning Coffee (AL/Units)
10:00 Cooking Class: Personal Pan Pizza (AL/Activity Kitchen)
11:00 Gardening Club (AL/CTYD)
1:00 Book Club Reading (AL/3D)
1:00 Walking Club (AL/SPAV)
2:00 Movie Matinee (AL/3D)
2:30 Golf Cart Rides (AL/Out)
3:00 Billiards (AL/3D)
3:00 Bridge Group (AL/Canteen)
3:30 Bridge Group (AL/Canteen)
5:00 Classic Board Games (AL/Arcade Rm)
5:00 Evening Check Ins & Chat (AL/Units)
6:30 Ben McNulty Music Performance (JT/Murphy Hall)

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8:45 Check-In Visits (AL/RM)
9:00 Seated Exercises (AL/3D)
9:30 Morning Coffee & Donuts (AL/Units)
10:00 Book Club Reading (AL/3D)
11:00 Gardening Club (AL/CTYD)
1:00 Walking Club (AL/SPAV)
1:30 Resident Council/Food Committee (AL/MH)
2:00 Movie Matinee (AL/3D)
2:30 Golf Cart Rides (AL/Out)
3:00 Billiards (AL/3D)
3:30 Bridge Group (AL/Canteen)
4:30 Checkers Club (AL/3D)
5:00 Evening Check Ins & Chat (AL/Units)
6:30 Doc Lohn Musical Entertainment (JT/Murphy Hall)

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8:45 Check-In Visits (AL/RM)
9:00 Seated Exercises (AL/3D)
9:30 Morning Coffee (AL/Units)
10:00 St. Mary's County Election Board: Primary Voting (AL/Murphy Hall)
11:00 Gardening Club (AL/CTYD)
11:30 DVMF Sponsored Luncheon: Pizza Hotline (AL/EWDR)
1:00 Walking Club (AL/SPAV)
1:30 Book Club Reading (AL/3D)
2:00 Movie Matinee (AL/3D)
2:30 Golf Cart Rides (AL/Out)
3:00 Billiards (AL/3D)
3:30 Bridge Group (AL/Canteen)
5:00 Classic Board Games (AL/Arcade Rm)
5:00 Evening Check Ins & Chat (AL/Units)
6:30 Port Tobacco Pickers Musical Entertainment (JT/Murphy Hall)

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8:45 Check-In Visits (AL/RM)
9:00 Seated Exercises (AL/3D)
9:30 Morning Coffee (AL/Units)
10:00 Ask Ashley: The JFK Assassination (AL/Murphy Hall)
10:00 Book Club Reading (AL/3D)
11:00 Gardening Club (AL/CTYD)
1:00 Walking Club (AL/SPAV)
1:15 Chairside Detectives (AL/MH)
2:00 Movie Matinee (AL/3D)
2:30 Golf Cart Rides (AL/Out)
3:00 Billiards (AL/3D)
3:30 Bridge Group (AL/Canteen)
4:30 Checkers Club (AL/3D)
5:00 Evening Check Ins & Chat (AL/Units)
5:45 Blue Crabs Baseball Game (JT/Top 3)

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Please remember to return your "TOP 3" Outings selections sheet to the Activities Department!
Your Top 3 Outing Selection lets our Activity Staff know that you're interested in attending those outings.
Please be mindful that this does not guarantee a spot, but allows us to make outings fair to everyone!

8:45 Check-In Visits (AL/RM)
9:00 Seated Exercises (AL/3D)
9:30 Hot beverages (AL/On Units)
10:00 Arts & Crafts (AL/3D)
10:30 Catholic Services (JT/MH)
1:00 Golf Cart Rides (AL/SPAV)
2:00 Bingo! (\$) (AL/Murphy Hall)
3:00 History Documentary (Channel 25)
3:15 Light Snacks (AL/Units)
3:30 Seasonal Puzzle (AL/3D)
6:00 1:1 Tech Support (AL/Units)
6:00 Wii Games (AL/Murphy Hall)

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8:45 Check-In Visits (AL/RM)
9:00 Seated Exercises (AL/3D)
9:30 Hot beverages (AL/On Units)
10:00 Pets On Wheels (AL/Units)
10:30 Catholic Services (JT/MH)
1:00 Golf Cart Rides (AL/SPAV)
2:00 Bingo! (\$) (AL/Murphy Hall)
2:45 Fresh Fruit Snack Cart (AL/Units)
3:00 History Documentary (Channel 25)
3:30 Seasonal Puzzle (AL/3D)
5:45 Blue Crabs Baseball Game (JT/Top 3)

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8:45 Check-In Visits (AL/RM)
9:00 Seated Exercises (AL/3D)
9:30 Hot beverages (AL/On Units)
10:00 Arts & Crafts (AL/3D)
10:30 Catholic Services (JT/MH)
1:00 Golf Cart Rides (AL/SPAV)
2:00 Bingo! (\$) (AL/Murphy Hall)
3:00 History Documentary (Channel 25)
3:15 Light Snacks (AL/Units)
3:30 Seasonal Puzzle (AL/3D)
6:00 1:1 Tech Support (AL/Units)
6:00 Wii Games (AL/Murphy Hall)

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8:45 Check-In Visits (AL/RM)
9:00 Seated Exercises (AL/3D)
9:30 Hot beverages (AL/On Units)
10:00 Arts & Crafts (AL/3D)
10:30 Catholic Services (JT/MH)
1:00 Golf Cart Rides (AL/SPAV)
2:00 Bingo! (\$) (AL/Murphy Hall)
2:45 Fresh Fruit Snack Cart (AL/Units)
3:00 History Documentary (Channel 25)
3:30 Seasonal Puzzle (AL/3D)
5:00 VFW Cheesesteak Sub Dinner (AL/Top 3)

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8:45 Check-In Visits (AL/RM)
9:00 Bank/Post Office Run (AL/Out)
9:00 Seated Exercises (AL/3D)
9:30 Morning Coffee (AL/Units)
10:45 \$\$ Okada Japanese Steakhouse (AL/Out)
11:30 Soft Serve Ice Cream Friday (AL/EWDR)
1:00 Holy Spirit Healing Bible Study (AL/Murphy Hall)
1:30 Snack Cart & Beverage Cart (AL/Unit)
2:00 \$\$ Walmart Trip (AL/TOP 3)
3:00 Movie Matinee (AL/1D)
4:00 Evening Check Ins & Chats (AL/Units)
5:00 California Elks Pizza Dinner (AL/TOP 3)

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8:45 \$\$ Linda's Cafe Breakfast (AL/Out)
8:45 Check-In Visits (AL/RM)
9:00 Seated Exercises (AL/3D)
9:30 Morning Coffee (AL/Units)
10:30 Outdoor Strolls (AL/SPAV)
11:30 \$\$ Popeye's Pick-up (AL/Out)
1:00 Holy Spirit Healing Bible Study (AL/Murphy Hall)
2:00 Rita's Ice Social (JT/CTYD)
2:00 Scenic Drive: Pope's Creek, MD (AL/Out)
3:00 Movie Matinee (AL/1D)
4:00 Evening Check Ins & Chats (AL/Units)
4:00 Outdoor Leisure (AL/CTYD)
6:00 Billiards Tournament (AL/3D)
6:00 Friday Night Flix with Refreshments (AL/Murphy Hall)

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8:45 Check-In Visits (AL/RM)
9:00 \$\$ Krispy Kreme (AL/Out)
9:00 Seated Exercises (AL/3D)
9:30 Morning Coffee (AL/Units)
10:30 Outdoor Strolls (AL/SPAV)
11:15 Dorsey Park Picnic (AL/Out)
11:30 Soft Serve Ice Cream Friday (AL/EWDR)
1:00 Holy Spirit Healing Bible Study (AL/Murphy Hall)
1:30 Snack Cart & Beverage Cart (AL/Unit)
2:00 \$\$ Calvert Kettle Corn (AL/Out)
3:00 Movie Matinee (AL/1D)
4:00 Evening Check Ins & Chats (AL/Units)
4:00 Outdoor Leisure (AL/CTYD)
5:00 Waldorf Moose Steak Dinner (AL/TOP 3)
6:00 Story Swap with Steve (AL/Units)

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8:45 Check-In Visits (AL/RM)
9:00 \$\$ Food Lion (AL/TOP 3)
9:00 Seated Exercises (AL/3D)
9:30 Morning Coffee (AL/Units)
11:00 Outdoor Strolls (AL/SPAV)
11:30 Soft Serve Ice Cream Friday (AL/EWDR)
1:00 \$\$ Patuxent River Naval Museum Tour (AL/TOP 3)
1:00 Holy Spirit Healing Bible Study (AL/Murphy Hall)
2:00 Snack Cart & Beverage Cart (AL/Unit)
3:00 Movie Matinee (AL/1D)
4:00 Evening Check Ins & Chats (AL/Units)
4:00 Outdoor Leisure (AL/CTYD)
6:00 Billiards Tournament (AL/3D)
6:00 Evening Movie w/Popcorn & Beverages (AL/MH)

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8:45 Check-In Visits (AL/RM)
9:00 \$\$ Dunkin Donuts Run (AL/Out)
9:00 Seated Exercises (AL/3D)
9:30 Morning Coffee (AL/Units)
10:30 Outdoor Strolls (AL/SPAV)
11:30 Soft Serve Ice Cream Friday (AL/EWDR)
1:00 Holy Spirit Healing Bible Study (AL/Murphy Hall)
1:30 Snack Cart & Beverage Cart (AL/Unit)
2:00 Scenic Drive: Dares Beach Road (AL/Out)
3:00 Movie Matinee (AL/1D)
4:00 Evening Check Ins & Chats (AL/Units)
4:00 Outdoor Leisure (AL/CTYD)
5:00 American Legion Riders Post 82 Spaghetti Dinner (AL/Top 3)

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8:15 Daily Check In Visit & Event Reminders (AL/Units)
8:30 Arcade Games (AL/Arcade Rm)
10:00 VFW Bingo! (\$) (AL/MH)
10:15 Shuffle Bowl (AL/Arcade RM)
2:00 Snack Cart (AL/On units)
3:00 Card Games (AL/Arcade)
3:30 Mail & Package Deliveries (AL/Units)
4:00 Saturday Afternoon Tunes (Ch. 25)

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8:15 Daily Check In Visit & Event Reminders (AL/Units)
8:30 Arcade Games (AL/Arcade Rm)
10:00 VFW Bingo! (\$) (AL/MH)
1:00 Snack Cart (AL/On units)
2:00 The Professor Musical Entertainment (JT/Murphy Hall)
3:00 Card Games (AL/Arcade)
3:30 Mail & Package Deliveries (AL/Units)
4:00 Saturday Afternoon Tunes (Ch. 25)
4:30 VFW Steak Dinner (AL/TOP 3)

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8:15 Daily Check In Visit & Event Reminders (AL/Units)
8:15 Morning Music: Soothing Sounds of the Old West (Ch. 25)
8:30 Arcade Games (AL/Arcade Rm)
9:00 Saturday Morning Cartoons (Ch. 25)
9:15 V4V: Suttler Farms w/Clydesdales (AL/TOP 3)
10:30 Movie: Abilene Town (Ch. 25)
1:00 United States of Secrets Documentary (Ch. 25)
3:00 Card Games (AL/Arcade)
3:30 Mail & Package Deliveries (AL/Units)
3:30 Movie: The Big Trees (Ch. 25)
5:00 Saturday Afternoon Tunes (Ch. 25)

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8:15 Daily Check In Visit & Event Reminders (AL/Units)
8:30 Arcade Games (AL/Arcade Rm)
11:30 Knights of Columbus BBQ (AL/SPAV)
2:00 Snack Cart (AL/On units)
3:00 Card Games (AL/Arcade)
3:30 Mail & Package Deliveries (AL/Units)
4:00 Saturday Afternoon Tunes (Ch. 25)

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8:15 Daily Check In Visit & Event Reminders (AL/Units)
8:30 Arcade Games (AL/Arcade Rm)
10:00 VFW Bingo! (\$) (AL/MH)
10:15 Shuffle Bowl (AL/Arcade RM)
1:00 Snack Cart (AL/On units)
2:00 Southern Maryland Concert Band (JT/Main MPR)
3:00 Card Games (AL/Arcade)
3:30 Mail & Package Deliveries (AL/Units)
4:00 Saturday Afternoon Tunes (Ch. 25)

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May 2026 Assisted Living Activities

