SUN	MON	TUE	WED	THUR	
* Happy *	Abbreviation KeyAL/MH(Murphy Hall)MPR(Main Multi Purpose Room)EWDR(E-Wing Dining Room)AL/1D(First Floor)AL/3D(Third Floor)AL/AR2(AL/Arcade Room)SPAV(Outside Pavilion)AL/OS(Outside)DRW(Drawing)Out(Outing)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Morning Tea (AL/U) 10:00 Walking Club (JT/SPAV) 10:30 Catholic Mass (JT/Main MPR) 1:30 Light Snacks (AL/U) 2:00 Local Community Outing (AL/Out) 2:00 St. Mary's County Mobile Library (JT/ MH-DWing) 2:00 Trivia Games (AL/Arcade) 4:00 Classic Board Games (AL/3D) 5:00 Patuxent Moose Lodge Spaghetti Dinner (AL/DRW)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Morning Coffee (AL/Units) 10:00 Golf Cart Rides (AL/Out) 10:00 Walking Club (AL/SPAV) 11:00 Gardening Club (AL/CTYD) 2:00 Brandy DePhilip Accordion Performance (AL/Murphy Hall) 2:30 Arcade Games (AL/Arcade Rm) 3:15 Book Club Reading (AL/3D) 3:30 Bridge Group Game (AL/3D) 6:30 Billiards (AL/3D)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Hot beverages (AL/On Units) 10:30 Catholic Services (JT/MH) 1:00 Arts & Crafts (AL/3D) 2:00 MDVA Bingo! (\$) (AL/ Murphy Hall) 3:00 Travel Documentary (Ch. 17/25) 3:15 Fresh Fruit Snack Cart (AL/Units) 3:30 Seasonal Puzzle (AL/3D) 6:30 Evening Golf Cart Rides with Steve (AL/ SPAV)	Indepen 8:45 Chee 9:00 Seate 9:30 Mor Units) 10:30 Ou 1:30 Mov 2:00 Root Murph 3:00 Goot 6:30 Four Murph
8:15 Daily Check In Visit & Event Reminders (AL/Units) 9:00 Seated Exercises (Ch. 25) 10:30 Arcade Games (AL/ Arcade) 1:00 Sports Corner (AL/3D) 2:00 Chesapeake Beach Post 206 Ice Cream Social (AL/Murphy Hall) 2:00 Spiritual Services (JT/Main MPR) 3:00 Snack Cart (AL/Units) 6:30 Sunday Symphony: US Marine Band "Presidents Own", Summer Concert (Ch. 25)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Morning Coffee (AL/Units) 10:00 Arts & Crafts (AL/3D) 10:00 Resident Activities Subcommittee Meeting (AL/3D) 11:00 Active Games: Cornhole Toss (AL/1D) 1:30 Beverage Cart (AL/3D) 2:00 Joe Norris Musical Performance (AL/ Murphy Hall) 3:00 Bible Study (JT/MH) 4:00 Classic Card Games (AL/Units) 6:30 Bingo Mania! (JT/MPR)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Morning Tea (AL/U) 10:00 Walking Club (JT/SPAV) 10:30 Catholic Mass (JT/Main MPR) 1:00 Tuesday Tunes with Liz (AL/CTYD) 1:30 Light Snacks (AL/U) 2:00 Local Community Outing (AL/Out) 2:00 Trivia Games (AL/Arcade) 4:00 Classic Board Games (AL/3D) 5:00 \$\$ The Lighthouse Seafood Restaurant (AL/Out)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Morning Coffee (AL/Units) 10:00 Billiards (AL/3D) 10:00 Walking Club (AL/SPAV) 11:00 Gardening Club (AL/CTYD) 1:30 Resident Council/Food Committee (AL/ MH) 2:00 Movie Matinee (AL/3D) 2:30 Arcade Games (AL/Arcade Rm) 3:15 Book Club Reading (AL/3D) 3:30 Bridge Group Game (AL/3D) 6:30 The Unclouded Day Bluegrass Concert (JT/Courtyard)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Hot beverages (AL/On Units) 10:00 Golf Cart Rides (AL/SPAV) 10:30 Catholic Services (JT/MH) 10:30 Pets on Wheels (AL/On Units) 1:00 Arts & Crafts (AL/3D) 2:00 MDVA Bingo! (\$) (AL/Murphy Hall) 3:00 Travel Documentary (Ch. 17/25) 3:15 Light Snacks (AL/Units) 3:30 Seasonal Puzzle (AL/3D) 5:00 Calvert Marine Museum Concert: Darius Rucker (JT/DRW)	8:45 Check 9:00 Seated 9:30 \$\$ Re (AL/Out 9:30 Morn 10:30 Out 1:15 Snack 1:30 Movie 2:00 Amer Murphy 2:00 Local 3:00 Good 5:00 Calife
8:15 Daily Check In Visit & Event Reminders (AL/ Units) 9:00 Seated Exercises (Ch. 25) 10:30 Arcade Games (AL/Arcade) 1:00 Sports Corner (AL/3D) 2:00 Spiritual Services (JT/Main MPR) 3:00 Snack Cart (AL/Units) 6:30 Sunday Symphony: G.F. Handel, Water Music Suite (Ch. 25)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Morning Coffee (AL/Units) 10:00 Applejack Pet Therapy (AL/ Units) 11:00 Active Games: Seated Kickball (AL/1D) 1:30 Beverage Cart (AL/3D) 2:00 Red Hats Society Women's Group (JT/ Main MPR) 3:00 Bible Study (JT/EWDR Sun Room) 4:00 Classic Card Games (AL/Units) 5:30 Outdoor Strolls (AL/OS) 6:30 Chair Yoga & Mindfulness Meditation (AL/Murphy Hall)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Morning Tea (AL/U) 10:00 Cooking Class: Cherry Cobbler in a Mug (AL/Activity Kitchen) 10:30 Catholic Mass (JT/Main MPR) 10:30 Walking Club (JT/SPAV) 1:30 Light Snacks (AL/U) 2:00 Local Community Outing (AL/Out) 2:00 Trivia Games (AL/Arcade) 4:00 Classic Board Games (AL/3D) 6:30 SMECO (\$) Bingo (JT/MPR)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 10:00 Golf Cart Rides (AL/Out) 10:00 Morning Coffee & Donuts (AL/Units) 11:00 Gardening Club (AL/ CTYD) 2:00 National Hot Dog Day Social (AL/ Murphy Hall) 2:30 Arcade Games (AL/Arcade Rm) 3:00 Billiards (AL/3D) 3:15 Book Club Reading (AL/3D) 3:30 Bridge Group Game (AL/3D) 6:30 Mike Nelson Musical Entertainment (AL/MH)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Hot beverages (AL/On Units) 10:00 Golf Cart Rides (AL/ SPAV) 10:30 Catholic Services (JT/MH) 1:00 Arts & Crafts (AL/3D) 2:00 MDVA Bingo! (\$) (AL/ Murphy Hall) 3:00 Travel Documentary (Ch. 17/25) 3:15 Fresh Fruit Snack Cart (AL/Units) 3:30 Seasonal Puzzle (AL/3D) 6:30 Holy Spirit Healing Bible Study (AL/ Conference Room)	8:45 Chec 9:00 Seate 9:30 Morr 10:00 Libn Ride (A 10:30 Out 1:15 Snacl 1:30 Movi 2:00 Local 3:00 Good 5:00 Wald DRW)
8:15 Daily Check In Visit & Event Reminders (AL/ Units) 9:00 Seated Exercises (Ch. 25) 10:30 Arcade Games (AL/Arcade) 1:00 Sports Corner (AL/3D) 2:00 Spiritual Services (JT/Main MPR) 2:15 Port Tobacco Players: Bye Bye Birdie, The Musical (AL/DRW) 6:30 Sunday Symphony: G. Mahler, Symphony No. 5 (Ch. 25)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Morning Coffee (AL/ Units) 10:00 Arts & Crafts (AL/3D) 11:00 Active Games: Balloon Volleyball (AL/1D) 1:30 Beverage Cart (AL/3D) 2:00 July Birthday Celebration! (AL/MH) 3:00 Bible Study (JT/MH) 4:00 Classic Card Games (AL/Units) 6:30 S.A.L. (\$) Bingo (JT/EWDR)	8:45 Check-In Visits (AL/RM) 9:00 \$\$ WalMart Trip (AL/DRW) 9:00 Seated Exercises (AL/3D) 9:30 Morning Tea (AL/U) 10:00 Walking Club (JT/SPAV) 10:30 Catholic Mass (JT/Main MPR) 1:30 Light Snacks (AL/U) 2:00 \$\$ WalMart Trip (AL/DRW) 2:00 Trivia Games (AL/Arcade) 4:00 Classic Board Games (AL/3D) 5:30 \$\$ Popeye's Run (AL/Out) 6:30 Evening Movie with Snacks & Beverages (AL/Murphy Hall)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Morning Coffee (AL/Units) 10:00 Billiards (AL/3D) 10:00 Walking Club (AL/SPAV) 11:00 Gardening Club (AL/CTYD) 11:30 MDVA Sponsored Luncheon: Maryland Crabcakes (AL/EWDR) 2:00 Movie Matinee (AL/3D) 2:30 Arcade Games (AL/Arcade Rm) 3:15 Book Club Reading (AL/3D) 3:30 Bridge Group Game (AL/3D) 5:30 Blue Crabs Baseball Game (JT/DRW)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Hot beverages (AL/On Units) 10:30 Catholic Services (JT/MH) 1:00 Arts & Crafts (AL/3D) 2:00 MDVA Bingo! (\$) (AL/ Murphy Hall) 3:00 Travel Documentary (Ch. 17/25) 3:15 Light Snacks (AL/Units) 3:30 Seasonal Puzzle (AL/3D) 6:30 Evening Golf Cart Rides with Steve (AL/ SPAV)	8:45 Chec 9:00 Seate 9:30 Morr 10:00 Bak (AL/Ac 10:30 Out 1:15 Snac 1:30 Mov 2:00 Kara 2:00 Loca 3:00 Good 5:15 \$\$ W
	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Morning Coffee (AL/Units) 10:00 Applejack Pet Therapy (AL/ Units) 11:00 Active Games: Chair Basketball (AL/1D) 1:30 Beverage Cart (AL/3D) 2:00 Chyp Davis Entertainment (MPR) 3:00 Bible Study (JT/MH) 4:00 Classic Card Games (AL/Units) 5:30 Outdoor Strolls (AL/OS) 6:30 Chair Yoga & Mindfulness Meditation (AL/Murphy Hall)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Morning Tea (AL/U) 10:00 Walking Club (JT/SPAV) 10:30 Catholic Mass (JT/Main MPR) 1:30 Light Snacks (AL/U) 2:00 Local Community Outing (AL/ Out) 2:00 Trivia Games (AL/Arcade) 4:00 Classic Board Games (AL/3D) 5:30 \$\$ Movie Mystery Trip (AL/Out)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Book Club Reading (AL/3D) 9:30 Morning Coffee (AL/Units) 10:00 Golf Cart Rides (AL/Out) 10:00 Walking Club (AL/SPAV) 11:00 Gardening Club (AL/CTYD) 2:00 Ask Ashley: Famous Americans in History (AL/Murphy Hall) 2:00 Ladies Nail Spa (AL/3D) 2:30 Arcade Games (AL/Arcade Rm) 3:30 Bridge Group Game (AL/3D) 6:30 Billiards Tournament (AL/3D)	8:45 Check-In Visits (AL/RM) 9:00 Seated Exercises (AL/3D) 9:30 Hot beverages (AL/On Units) 10:00 Golf Cart Rides (AL/SPAV) 10:30 Catholic Services (JT/MH) 1:00 Arts & Crafts (AL/3D) 2:00 MDVA Bingo! (\$) (AL/ Murphy Hall) 3:00 Travel Documentary (Ch. 17/25) 3:15 Light Snacks (AL/Units) 3:30 Seasonal Puzzle (AL/3D) 6:30 Girl Scout Game Night (AL/Murphy Hall) 6:30 Holy Spirit Healing Bible Study (AL/ Conference Room)	IF YOU A OUTDO TO HYD SUNSCI

July 2023 Assisted Living Activities

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SAT FRI endence Day 8:15 Daily Check In Visit & eck-In Visits (AL/RM) Event Řeminders (AL/ 4 ated Exercises (AL/3D) Units) 9:00 VFW Bingo! (\$) (AL/ orning Coffee (AL/ MH) outdoor Strolls (AL/SPAV) 10:00 Arcade Games (AL/Arcade Rm) ovie Matinee (AL/1D) 1:00 Snack Cart (AL/On units) otbeer Floats & Tattoos (AL/ 2:00 Absolute Sound Music ohy Hall) Performance (JT/Murphy Hall) od News Bible (AL/MH) 3:00 Card Games (AL/Arcade) urth of July (\$) Bingo (ÁL/ 4:00 Saturday Afternoon Tunes (Ch. 25) ohy Hall) ck-In Visits (AL/RM) 8:15 Daily Check In Visit & 12 ed Exercises (AL/3D) 11 Event Řeminders (AL/Units) led Barn Golf Cart Ride 9:00 VFW Bingo! (\$) (AL/MH) ut) 10:15 Shuffle Bowl (AL/ rning Coffee (AL/Units) utdoor Strolls (AL/SPAV) Arcade RM) 11:00 \$\$ Food Crawl of Charlotte Hall ck & Beverage Cart (AL/ Unit) vie Matinee (AL/1D) (AL/Out) erican Legion Post 298 Bingo! (AL/ 2:00 Snack Cart (AL/On units) hv Hall) 3:00 Card Games (AL/Arcade) al Community Outing (AL/Out) 4:00 Saturday Afternoon Tunes (Ch. 25)

d News Bible (AL/MH) fornia Elks Pizza Dinner (AL/DRW)

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- eck-In Visits (AL/RM) ted Exercises (AL/3D) orning Coffee (AL/Units) brary Run Golf Cart (AL/Out)
- utdoor Strolls (AL/SPAV) ack & Beverage Cart (AL/ Unit) vie Matinee (AL/1D) cal Community Outing (AL/Out) od News Bible (AL/MH) ldorf Moose Steak Dinner (AL/
- eck-In Visits (AL/RM) 25 ted Exercises (AL/3D)
- orning Coffee (AL/Units) king with Activities ctivity Kitchen) utdoor Strolls (AL/SPAV) ack & Beverage Cart (AL/ Unit) vie Matinee (AL/1D) aoke (AL/ MH) cal Community Outing (AL/Out) od News Bible (AL/MH)
- Wendy's Dinner Out (AL/Out)
- U ARE SPENDING TIME
- OORS, PLEASE REMEMBER
- DRATE & USE CREEN!!!



Don't forget to check the clipboard for available outings.

Committed to Caring

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9:00 VFW Bingo! (\$) (AL/ MH)

8:15 Daily Check In Visit &

Event Řeminders (AL/

Units)

MH)

10:00 Arcade Games (AL/Arcade Rm) 1:00 Snack Cart (AL/On units) 2:00 Twin Reverb Music Performance

4:30 VFW Steak Dinner (AL/DRW)

(JT/Murphy Hall) 3:00 Card Games (AL/Arcade) 4:00 Saturday Afternoon Tunes (Ch. 25)

10:15 Shuffle Bowl (AL/Arcade RM)

Entertainment (JT/Murphy Hall)

4:00 Saturday Afternoon Tunes (Ch. 25)

8:15 Daily Check In Visit & Event Řeminders (AL/ Units) 9:00 VFW Bingo! (\$) (AL/

1:00 Snack Cart (AL/On units)

3:00 Card Games (AL/Arcade)

2:00 Kevin Kremer Musical

