

SUN MON TUE WED THUR FRI SAT

**Gold Star Mother's Day**  
 9:00 Friendly Visit (U/SNF)  
 10:00 Daily Chronicle Reading (U/SNF)  
**11:00 Golf Cart Ride (U / SNF)**  
**12:30 Lobster Festival (JT/Out)**  
 2:00 Grace Lutheran Church Services (JT/MPR)  
**3:00 Ice Cream Social (MAR)**  
 4:00 1:1 Visits (U/SNF)

**Activities are subject to change.**

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**Pets On Wheels Throughout The Month**



9:00 Friendly Visit (U/SNF)  
 9:30 Daily Chronical (U/SNF)  
 10:30 Bingo (MPR/SNF/MC)  
**11:30 Juice Bar (Main Activity Room)**  
**2:00 Fresh Baked Muffins (SNF (MAR))**  
 3:00 Take a Stroll Outside (U/SNF)  
 4:00 Sensory Coloring (U/SNF)

9:00 Friendly Visit (U/SNF)  
 10:00 Daily Chronicle Reading (U/SNF)  
**11:00 Golf Cart Ride (U / SNF)**  
**1:00 \$\$ Blue Crabs Baseball Game (JT/Out)**  
 2:00 Grace Lutheran Church Services (JT/MPR)  
**3:00 Ice Cream Social (MAR)**  
 4:00 1:1 Visits (U/SNF)

**Labor Day**  
 8:30 Friendly Visits (U/SNF)  
 9:30 Daily Chronicle Reading (U/SNF)  
 10:30 Coffee Cart (SNF (U))  
 11:00 Random Trivia Group Reads (SNF (U))  
**12:00 Girl Scout Cookie Snacks (SNF (U))**  
**2:00 National Zoo (U/ SNF/O/\$)**  
 3:00 1:1 Visits (U/SNF)  
 4:00 Foil Leaf Mandala (U/ SNF)

8:30 Friendly Visits (U/SNF)  
 9:30 Daily Chronicle Reading (U/SNF)  
 10:30 Catholic Services (JT/MPR)  
**11:00 Chat N Chew (MAR/ SNF)**  
**2:00 Photography Club (MAR)**  
**2:00 Waffle Week Celebration Party (U / SNF)**  
**3:00 Color and Foil Circus Elephant Craft (U / SNF)**  
 4:00 1:1 Visits (U/SNF)

8:30 Friendly Visits (U/SNF)  
 9:30 Daily Chronicle Reading (U/SNF)  
**10:00 Walmart (U/ SNF/O/\$)**  
 10:30 Protestant Service (2C/SNF)  
**10:30 Wheel Chair Exercise and Crafts (SNF (U))**  
**12:00 Popsicles (SNF (U))**  
 2:30 DAV Bingo (JT/MPR)  
 4:00 1:1 Visits (U/SNF)

8:30 Friendly Visits (U/SNF)  
 9:30 Daily Chronicle Reading (U/SNF)  
 10:30 Catholic Services (JT/3D)  
 11:00 Painting Of Choice with Activity Aide (SNF (U))  
 2:30 MDVA Bingo (JT/MPR)  
 4:00 1:1 Visits (U/SNF)

8:30 Friendly Visits (U/SNF)  
 9:30 Daily Chronicle Reading (U/SNF)  
 10:30 Exercise & Music Tunes (U/SNF)  
 11:00 September Easy Does It Trivia (SNF (U))  
 12:00 Name 10 Game (SNF (U))  
**2:00 John Lewis Entertainment (Main Multi Purpose Room)**  
**3:00 Silly Stone Crafts (Main Activity Room)**  
 4:00 1:1 Visits (U/SNF)  
**5:00 Waldorf Moose Lodge (O/SNF)**

9:00 Friendly Visit (U/SNF)  
 9:30 Daily Chronical (U/SNF)  
 10:30 Bingo (MPR/SNF/MC)  
**11:30 Juice Bar (Main Activity Room)**  
**12:00 Blue Knights Cookout (U/ SNF/O)**  
**2:00 Fresh Baked Muffins (SNF (MAR))**  
 2:00 Poker (MDR/SNF)  
 3:00 Take a Stroll Outside (U/SNF)  
 4:00 Sensory Coloring (U/SNF)

**Rosh Hashana Begins at Sundown National Grandparents Day**  
 9:00 Friendly Visit (U/SNF)  
 10:00 Daily Chronicle Reading (U/SNF)  
**11:00 Golf Cart Ride (U / SNF)**  
 2:00 Grace Lutheran Church Services (JT/MPR)  
**3:00 Ice Cream Social (MAR)**  
 4:00 1:1 Visits (U/SNF)

8:30 Friendly Visits (U/SNF)  
 9:30 Daily Chronicle Reading (U/SNF)  
 10:30 Coffee Cart (SNF (U))  
 11:00 Random Trivia Group Reads (SNF (U))  
**12:00 Girl Scout Cookie Snacks (SNF (U))**  
**2:00 Frank & Trish Entertainment (Main Multi Purpose Room)**  
 3:00 1:1 Visits (U/SNF)  
 4:00 Flexible Wooden Squirrel Craft (U / SNF)

**Patriot Day**  
 8:30 Friendly Visits (U/SNF)  
 8:45 Moment of Silence  
 9:30 Daily Chronicle Reading (U/SNF)  
**10:00 WWII Memorial Site in Washington D.C. (U/ SNF/O/\$)**  
 10:30 Catholic Services (JT/MPR)  
**11:00 Chat N Chew (MAR/ SNF)**  
**2:00 Ultra Mix Entertainment (911 (Main Multi Purpose Room))**  
**2:30 Tyrone Reyes Entertainment (3C)**  
 3:00 Star Mini Clipboard 911 (U/ SNF)  
 4:00 1:1 Visits (U/SNF)

8:30 Friendly Visits (U/SNF)  
 9:30 Daily Chronicle Reading (U/SNF)  
**10:00 National Museum of The American Indian (U/ SNF/O/\$)**  
 10:30 Protestant Service (2C/SNF)  
**10:30 Wheel Chair Exercise and Crafts (SNF (U))**  
**12:00 Popsicles (SNF (U))**  
 2:00 Chocolate Factory Day Celebrations (Main Activity Room)  
 3:00 Exercise & Motions (U/SNF)  
 4:00 1:1 Visits (U/SNF)  
 6:30 Post 259 Bingo (JT/MPR)

8:30 Friendly Visits (U/SNF)  
 9:30 Daily Chronicle Reading (U/SNF)  
 10:30 Catholic Services (JT/3D)  
 11:00 Painting Of Choice with Activity Aide (SNF (U))  
**2:00 Imagine Entertainment (Main Multi Purpose Room)**  
 2:30 MDVA Bingo (JT/MPR)  
 4:00 1:1 Visits (U/SNF)  
**5:30 \$\$ Blue Crabs Baseball Game (JT/Out)**

8:30 Friendly Visits (U/SNF)  
**8:30 Senior Olympics (U/ SNF/O)**  
 9:30 Daily Chronicle Reading (U/SNF)  
 10:30 Exercise & Music Tunes (U/SNF)  
 11:00 September Easy Does It Trivia (SNF (U))  
 12:00 Name 10 Game (SNF (U))  
**2:00 Rainbow Peace Bracelet (Main Activity Room)**  
 3:00 Sand Art Boards (U / SNF)  
 4:00 1:1 Visits (U/SNF)  
**5:00 Hughesville Moose Lodge (U/ SNF/O)**

9:00 Friendly Visit (U/SNF)  
 9:30 Daily Chronical (U/SNF)  
 10:30 Bingo (MPR/SNF/MC)  
**11:00 Wing-Stop (U/ SNF/ O/\$)**  
**11:30 Juice Bar (Main Activity Room)**  
 1:00 Joint Commission Annual Carnival (JT/MPR)  
**2:00 Fresh Baked Muffins (SNF (MAR))**  
 2:00 Poker (MDR/SNF)  
 3:00 Take a Stroll Outside (U/SNF)  
 4:00 Sensory Coloring (U/SNF)

9:00 Friendly Visit (U/SNF)  
 10:00 Daily Chronicle Reading (U/SNF)  
**11:00 Golf Cart Ride (U / SNF)**  
**12:00 Burlington Coat Factory (U/ SNF/O/\$)**  
 2:00 Grace Lutheran Church Services (JT/MPR)  
**3:00 Ice Cream Social (MAR)**  
 4:00 1:1 Visits (U/SNF)

8:30 Friendly Visits (U/SNF)  
 9:30 Daily Chronicle Reading (U/SNF)  
**10:00 Friday's (U/ SNF/O/\$)**  
 10:30 Coffee Cart (SNF (U))  
 11:00 Random Trivia Group Reads (SNF (U))  
**12:00 Girl Scout Cookie Snacks (SNF (U))**  
**2:00 ChypAndi Entertainment (Main Multi Purpose Room)**  
 3:00 1:1 Visits (U/SNF)  
**4:00 Popcorn on a Cob (U/ SNF)**  
**6:30 Sons of American Bingo (JT/ MPR)**

**Yom Kippur Begins at Sundown**  
 8:30 Friendly Visits (U/SNF)  
 9:30 Daily Chronicle Reading (U/SNF)  
 10:30 Catholic Services (JT/MPR)  
**11:00 Chat N Chew (MAR/ SNF)**  
**2:00 Photography Club (MAR)**  
 2:30 Air Force Birthday Party (JT/MPR) ( )  
**3:00 Color-Me-Sneaker Key Chains (U / SNF)**  
 4:00 1:1 Visits (U/SNF)  
**6:30 SMECO Bingo (JT/MDR)**

**Yom Kippur Ends at Sundown**  
 8:30 Friendly Visits (U/SNF)  
 9:30 Daily Chronicle Reading (U/SNF)  
**10:00 Thai Palace (U/ SNF/O/\$)**  
 10:30 Protestant Service (2C/SNF)  
**10:30 Wheel Chair Exercise and Crafts (SNF (U))**  
**12:00 Popsicles (SNF (U))**  
 2:00 Resident Council Meeting (MPR/SNF)  
 3:00 Exercise & Motions (U/SNF)  
 4:00 1:1 Visits (U/SNF)  
**6:30 Cub Scouts Bingo (JT/MPR)**

8:30 Friendly Visits (U/SNF)  
 9:30 Daily Chronicle Reading (U/SNF)  
 10:30 Catholic Services (JT/3D)  
 11:00 Painting Of Choice with Activity Aide (SNF (U))  
 2:30 MDVA Bingo (JT/MPR)  
 4:00 1:1 Visits (U/SNF)

**National POW/MIA Recognition Day**  
 8:30 Friendly Visits (U/SNF)  
 9:30 Daily Chronicle Reading (U/SNF)  
 10:30 Exercise & Music Tunes (U/SNF)  
 11:00 September Easy Does It Trivia (SNF (U))  
 12:00 Name 10 Game (SNF (U))  
**2:00 Color-Me-Canvas Bags (Main Activity Room)**  
**3:00 Tree Mendon's Apples Painting (U/ SNF)**  
 4:00 1:1 Visits (U/SNF)  
**5:00 Mechanicsville Moose Lodge (U/ SNF/O)**

9:00 Friendly Visit (U/SNF)  
 9:30 Daily Chronical (U/SNF)  
 10:30 Bingo (MPR/SNF/MC)  
**11:30 Juice Bar (Main Activity Room)**  
**2:00 Fresh Baked Muffins (SNF (MAR))**  
 2:00 Poker (MDR/SNF)  
 3:00 Take a Stroll Outside (U/SNF)  
 4:00 Sensory Coloring (U/SNF)

9:00 Friendly Visit (U/SNF)  
 10:00 Daily Chronicle Reading (U/SNF)  
**10:00 Boston's Restaurant (U/ SNF/O/\$)**  
**11:00 Golf Cart Ride (U / SNF)**  
 2:00 Grace Lutheran Church Services (JT/MPR)  
**3:00 Ice Cream Social (MAR)**  
 4:00 1:1 Visits (U/SNF)

8:30 Friendly Visits (U/SNF)  
 9:30 Daily Chronicle Reading (U/SNF)  
 10:30 Coffee Cart (SNF (U))  
 11:00 Random Trivia Group Reads (SNF (U))  
**12:00 Girl Scout Cookie Snacks (SNF (U))**  
**2:00 Suzette Entertainment (Main Multi Purpose Room)**  
 3:00 1:1 Visits (U/SNF)  
**4:00 Flower Wreaths Crafts (U/ SNF)**

8:30 Friendly Visits (U/SNF)  
 9:30 Daily Chronicle Reading (U/SNF)  
**10:00 Cracker Barrel (U/ SNF/ O/\$)**  
 10:30 Catholic Services (JT/MPR)  
**11:00 Chat N Chew (MAR/ SNF)**  
 2:30 Residents Birthday Party (MPR/SNF)  
 3:00 Guess Who Game (SNF (U))  
 4:00 1:1 Visits (U/SNF)

8:30 Friendly Visits (U/SNF)  
 9:30 Daily Chronicle Reading (U/SNF)  
 10:30 Protestant Service (2C/SNF)  
**10:30 Wheel Chair Exercise and Crafts (SNF (U))**  
**12:00 Popsicles (SNF (U))**  
**2:00 Sing With Christine Entertainment (Main Multi Purpose Room)**  
 3:00 Exercise & Motions (U/SNF)  
 4:00 1:1 Visits (U/SNF)

8:30 Friendly Visits (U/SNF)  
 9:30 Daily Chronicle Reading (U/SNF)  
 10:30 Catholic Services (JT/3D)  
 11:00 Painting Of Choice with Activity Aide (SNF (U))  
 2:30 MDVA Bingo (JT/MPR)  
 4:00 1:1 Visits (U/SNF)

8:30 Friendly Visits (U/SNF)  
 9:30 Daily Chronicle Reading (U/SNF)  
 10:30 Exercise & Music Tunes (U/SNF)  
 11:00 September Easy Does It Trivia (SNF (U))  
 12:00 Name 10 Game (SNF (U))  
**2:00 Sea Depth Entertainment (Main Multi Purpose Room)**  
**3:00 Cowabunga Apples Craft (U / SNF)**  
 4:00 1:1 Visits (U/SNF)  
**5:00 Steak Night (U/ SNF/O)**  
**7:00 SOMD Old Man's Band (Main Dining Room)**

9:00 Friendly Visit (U/SNF)  
 9:30 Daily Chronical (U/SNF)  
 10:30 Bingo (MPR/SNF/MC)  
**11:30 Juice Bar (Main Activity Room)**  
**2:00 Fresh Baked Muffins (SNF (MAR))**  
**2:00 Pilot Aire (Main Activity Room)**  
 2:00 Poker (MDR/SNF)  
 3:00 Take a Stroll Outside (U/SNF)  
 4:00 Sensory Coloring (U/SNF)

September 2018

Skilled Nursing Activities - 1B,2B,3A,3B,3C

