

# NEWSLETTER CHARLOTTE HALL VETERANS HOME

## LET US ALL CELEBRATE

*37 years of serving those who served*



Charlotte Hall Veterans Home started as a concept. Plans were drawn to create a home for our nation's heroes and their spouses here in Maryland. Who was on the team to execute this vision? Our very own Sharon Murphy. 37 years ago, Director Murphy started her journey with CHVH. She has consistently advocated for every single resident that has walked through our door. Her mission or service has been constant. Her dedication to CHVH's vision is unmatched.

Sharon began as the Assistant to the Commandant in July of 1984 and concludes her service to CHVH as Director for the past 13 years. Her retirement starts at the end of September. She plans to spend her time with her grandchildren, traveling in her camper and making memories with her family. Her commitment to veterans will always be a focus in her life.

Sharon Murphy's legacy of service will remain a part of the CHVH family always. She has touched many lives throughout her career. Thank you, Sharon!



## VETERAN SPOTLIGHT

*My name is Alan Harper, I am an Air Force veteran.*

U.S. AIR FORCE

I grew up in Norfolk, Virginia, and enlisted in the Air Force at 19 years old. I was sent to Lackland Air Force Base for computer schooling and was transferred to Libya, where I kept track of inventory on the Lockheed F-104 Starfighter jets. At the age of 21, I became an A.P. (Air Policeman) and worked closely with local police. When I retired from the Air Force, I became a police officer for D.C. police and then the U.S. Marshalls. I was sent to an FBI school in Quantico, Virginia, to become a technician. I was educated in fingerprints, lab work, homicides, and other criminal activity. In my career, I became a key player in bringing over 100 crime cases involving homicides and criminal activity to court. One of the big cases I worked on was the Potomac 1982 "Air Florida Flight 90" crash on 14<sup>th</sup> Street Bridge. I am blessed with three wonderful daughters and five beautiful grandchildren.



## FEATURED DEPARTMENT



The Security Team here at CHVH is contracted from Blackout Investigative and Security Services. The team is comprised of one Executive level Officer, Captain Greene, and two non-commissioned Officers, Sergeant Gough and Corporal Brooks. There are 19 uniformed Security Officers. They provide 24/7 coverage for our campus, ensuring our residents, staff, and visitors are safe. The team offers a multitude of services for our special community. Some of what the team does is monitor the CORE lobby and D wing lobby, conduct routine patrols, and document emergency incidents to include Police and Fire responses to our campus. The Security Team constantly strives for excellence and to provide a safe environment for CHVH.



**FROM THE ADMINISTRATOR**



With positivity rates trending up in the community, we must remain vigilant in this fight against Covid-19. Those who are unvaccinated remain the most vulnerable; however, we have recently seen a rise in “break through” cases. We urge all those who remain unvaccinated to consider taking the vaccine, as it seems to be the best protection. As we continue to combat this virus, we ask you all to keep the **3 W’s** in mind: **Wear a mask, Wash your hands and Watch your distance.** Please continue to be smart in all you do, both while at work and off-duty. All of us have seen the deadly effects of Covid-19, but we are well equipped to keep this virus in check. Please help us and do your part. Thanks for all you do – every day and every shift.

-Zenae Merchant, MHA, LNHA



**FAMILIAR FACES, DIFFERENT PLACES**

*You have seen us before, but now we’re working in a new location here at CHVH!*

(Listed from left to right, top to bottom)

**Janet Willet** from Receptionist to HR Assistant

**Sandie Johnson** from SNF Activity Director to Director of Recreational Services

**Paul Thomas** from 1C Unit Clerk to QA Assistant

**Marion Yanney** from Best Practice Nurse to AL Assistant Delegating Nurse

**Jean Heveron** from AHT Coordinator to AL Infection Control Nurse

**Breanna Kelly** from Activity Assistant to Receptionist

**Ashley Radano** from Director of Recreational Services to Contract Compliance Coordinator, MDVA

**Cathrina Lindsay** from AL Charge Nurse to SNF Charge Nurse

**PARTNERS IN THE COMMUNITY**

Cruisin Southern Maryland held its first annual cruise in 2012- a 100 -mile drive that ends here on the CHVH property. Cruise directors work year-round to plan the event. All of this coordination culminates in a massive gathering of philanthropic car enthusiasts that flood our parking lots with some of the most beautiful vehicles in SOMD. The proceeds from sponsors and participants have gone towards many projects and activities at CHVH: sponsoring Senior Prom, the winter ball, casino night, facility outings, specially catered meals, vital rehab equipment, the construction of the South Pavilion, oyster scalds, TVs, dining room furniture, facility game systems, and so much more! This year's cruise will be on Saturday, October 2nd. All are welcome to come and support! Visit [www.cruisinsomd.com](http://www.cruisinsomd.com) for additional event details.



**RECIPE FROM BILL**

Bill Mehdaova, CHVH Dining Director, shares a special recipe for a cozy fall treat that will taste and smell amazing! Tip: Always bake from the heart for the best outcome!

*Bill’s Banana Bread*

- 1 cup sugar
- 2 tablespoons of melted butter
- 1 egg
- ¾ cup milk
- 1 cup bananas mashed (3 ripe bananas)
- 3 cups flour
- 3 ½ teaspoon baking powder
- 1 teaspoon salt
- ¾ cup nuts if desired
- 1 cup chocolate chips if desired

Mix butter and sugar until creamy. Mix in eggs, one at a time. Mix in bananas and milk. Once well blended, add in all dry ingredients. Pour into greased pan. Bake for 1 hour at 350 degrees, may add additional 5 minutes depending on your oven. Let cool.



This monthly newsletter is a joint effort of the MDVA & HMR Maryland for the whole CHVH community. For articles ideas and contributions, email Ashley Radano at [aradano@charhall.org](mailto:aradano@charhall.org).



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