

**SUN**

**MON**

**TUE**

**WED**

**THUR**

**FRI**

**SAT**

8:15 Morning Greeting/News (U/SNF) **30**  
 9:00 1:1 Visits (U/SNF)  
 10:30 Coffee and Current Events (MAR/SNF)  
 2:00 Grace Lutheran Ser. (Joint/MPR)  
 2:30 Western Movie (U/SNF)  
 3:30 Music (U/SNF)  
 9:30 Redskins vs. Bengals (U/SNF)

Halloween  
 8:15 Morning Greeting/News (U/SNF) **31**  
 9:00 1:1 Visits (U/SNF)  
 10:30 Exercise and Music (1B/3C/SNF)  
 11:15 Scary Trivia (1B/3C/SNF)  
 2:00 Poker (MDR/SNF)  
**2:30 Halloween Party (MPR/SNF)**  
 3:30 Music (U/SNF)

**Location of Programs:**  
 MPR (Main Multi Purpose Room)  
 EMPR (E-Multi Purpose Room)  
 MAR (Main Activity Room)  
 SP (South Pavilion)  
 U -All Units (SNF)  
 2C-2C Unit  
 1B-First Floor (SNF)  
 2B-Second Floor (SNF)  
 3A-Third Floor (SNF)  
 3B-Third Floor (SNF)  
 3C-Third Floor (SNF)

**Activities are subject to change.**

**Outings :**  
 (CA) California Maryland  
 (LA) LaPlata Maryland  
 (Out.)Outing Away From Facility  
 (OS) Outside  
 (SNF) Skilled Nursing Facility  
 Residents going on outings away from facility are to meet in the SNF Main Lobby 15 minutes before departure.

**Pets On Wheels Throughout The Month**



8:15 Morning Greeting/News (U/SNF) **1**  
 9:00 1:1 Visits (U/SNF)  
 10:30 Bingo (MPR)  
 2:00 Poker (MDR/SNF)  
 2:30 Games Variety (MAR/SNF)  
 3:30 Music (U/SNF)

8:15 Morning Greeting/News (U/SNF) **2**  
 9:00 1:1 Visits (U/SNF)  
 10:30 Coffee and Current Events (MAR/SNF)  
**11:00 Lobster Festival (Joint/Out)**  
 1:00 Redskins vs. Browns (U/SNF)  
 1:00 Ravens vs. Oakland (U/SNF)  
 2:00 Grace Lutheran Ser. (Joint/MPR)  
 2:30 Western Movie (U/SNF)  
 3:30 Music (U/SNF)

8:15 Morning Greeting/News (U/SNF) **3**  
 9:00 1:1 Visits (U/SNF)  
 10:30 Exercise and Music (1B/3C/SNF)  
 11:15 Trivia (1B/3C/SNF)  
 2:00 Poker (MDR/SNF)  
 2:30 Woodworking (U/SNF)  
 3:30 Music (U/SNF)

8:15 Morning Greeting/News (U/SNF) **4**  
 9:00 1:1 Visits (U/SNF)  
 10:30 Catholic Services (Joint/MPR)  
 10:45 Sensory Corner (U/SNF)  
 2:30 Meet & Greet/Welcome Newcomers (MAR/SNF)  
 3:30 Music (U/SNF)

8:15 Morning Greeting/News (U/SNF) **5**  
 9:00 1:1 Visits (U/SNF)  
**10:00 Walmart CA. (Out./SNF)**  
 10:30 Protestant Service (2C/SNF)  
 10:45 Word Game (U/SNF)  
 2:30 DAV Bingo (Joint/MPR)  
 3:30 Music (U/SNF)

8:15 Morning Greeting/News (U/SNF) **6**  
 9:00 1:1 Visits (U/SNF)  
 10:30 Chair Dancing (MPR/ SNF)  
 11:30 Jokes & Riddles (MPR/ SNF)  
**2:00 Country Drive (Out./SNF)**  
 2:30 MDVA Bingo (MPR/Joint)  
 3:30 Music (U/SNF)

8:15 Morning Greeting/News (U/SNF) **7**  
 9:00 1:1 Visits (U/SNF)  
 10:30 Parachute (MPR/ SNF)  
 11:15 Memory Lane (MPR/ SNF)  
 2:30 Ladies Tea (MAR/SNF)  
 2:30 Movie Matinee (MPR/ SNF)  
 3:30 Music (U/SNF)  
**5:15 American Legion Hughesville Dinner(Out./SNF)**

8:15 Morning Greeting/News (U/SNF) **8**  
 9:00 1:1 Visits (U/SNF)  
 10:30 Bingo (MPR)  
 2:00 Poker (MDR/SNF)  
 2:30 Hangman (MAR/SNF)  
 3:30 Music (U/SNF)

8:15 Morning Greeting/News (U/SNF) **9**  
 9:00 1:1 Visits (U/SNF)  
 10:30 Muffins and Coffee (MAR/SNF)  
 1:00 Redskins @ Ravens (U/SNF)  
 2:00 Grace Lutheran Ser. (Joint/MPR)  
 2:30 Western Movie (U/SNF)  
 3:30 Music (U/SNF)

Columbus Day  
 8:15 Morning Greeting/News (U/SNF) **10**  
 9:00 1:1 Visits (U/SNF)  
 10:30 Exercise and Music (1B/3C/SNF)  
 11:15 Trivia (1B/3C/SNF)  
 2:00 Poker (MDR/SNF)  
**2:30 Oktoberfest (MPR/ SNF)**  
 3:30 Music (U/SNF)

8:15 Morning Greeting/News (U/SNF) **11**  
 9:00 1:1 Visits (U/SNF)  
 10:30 Catholic Services (Joint/MPR)  
 10:45 Sensory Corner (U/SNF)  
 2:00 Post 298 Bingo (Joint/MPR)  
 3:30 Music (U/SNF)  
**5:00 American Legion Chesapeake Beach(Out./SNF)**

8:15 Morning Greeting/News (U/SNF) **12**  
 9:00 1:1 Visits (U/SNF)  
 10:30 Protestant Service (2C/SNF)  
**10:30 Golden Corral (Out./SNF)**  
 10:45 Reminiscing (U / SNF)  
 2:30 Armchair Travel (Germany) (MAR/SNF)  
 3:30 Music (U/SNF)  
 6:30 Post 259 Bingo (Joint/MPR)

8:15 Morning Greeting/News (U/SNF) **13**  
 9:00 1:1 Visits (U/SNF)  
 10:30 Exercise To Music (MPR/SNF)  
 11:15 Trivia (MPR/ SNF)  
**2:00 Navy Birthday Party (MPR/ SNF)**  
 3:30 Music (U/SNF)  
**5:15 Waldorf Moose Pizza (Out./SNF)**

8:15 Morning Greeting/News (U/SNF) **14**  
 9:00 1:1 Visits (U/SNF)  
 11:15 Remember When? (U / SNF)  
 2:30 MDVA Bingo (MPR/Joint)  
 3:30 Music (U/SNF)

8:15 Morning Greeting/News (U/SNF) **15**  
 9:00 1:1 Visits (U/SNF)  
 10:30 Bingo (MPR)  
 2:00 Poker (MDR/SNF)  
 2:30 Family Feud (MAR/SNF)  
 3:30 Music (U/SNF)

8:15 Morning Greeting/News (U/SNF) **16**  
 9:00 1:1 Visits (U/SNF)  
 10:30 Coffee and Current Events (MAR/SNF)  
 1:00 Redskins vs. Eagles (U/SNF)  
 1:00 Ravens @ New York (U/SNF)  
 2:00 Grace Lutheran Ser. (Joint/MPR)  
 2:30 Western Movie (U/SNF)  
 3:30 Music (U/SNF)

8:15 Morning Greeting/News (U/SNF) **17**  
 9:00 1:1 Visits (U/SNF)  
 10:30 Exercise and Music (1B/3C/SNF)  
 11:15 Trivia (1B/3C/SNF)  
**2:00 Scenic Drive (Out./SNF)**  
 2:00 Poker (MDR/SNF)  
 2:30 Arts & Crafts (U/SNF)  
 3:30 Music (U/SNF)  
 6:30 Sons of American Bingo (Joint/MPR)

8:15 Morning Greeting/News (U/SNF) **18**  
 9:00 1:1 Visits (U/SNF)  
**9:30 Korean Memorial in DC (Joint/Out)**  
 10:30 Catholic Services (Joint/MPR)  
 10:45 Sensory Corner (U/SNF)  
 2:00 Photography Club (MPR/Joint)  
 2:30 Cooking Class (MAR/SNF)  
 3:30 Music (U/SNF)  
 6:30 SMECO Bingo (Joint/MPR)

8:15 Morning Greeting/News (U/SNF) **19**  
 9:00 1:1 Visits (U/SNF)  
**10:00 Calvert Marine Museum(Out./SNF)**  
 10:30 Protestant Service (2C/SNF)  
 10:45 Memory Lane (U/SNF)  
 2:00 Resident Council (MPR/ SNF)  
 2:30 Glamour Hour (MAR/SNF)  
 3:30 Music (U/SNF)  
 6:30 Combat Vets Bingo (Joint/MPR)

8:15 Morning Greeting/News (U/SNF) **20**  
 9:00 1:1 Visits (U/SNF)  
 10:30 Move To The Music (MPR/SNF)  
 11:15 Jokes and Riddles (MPR/SNF)  
 2:30 MDVA Bingo (MPR/Joint)  
 3:30 Music (U/SNF)

8:15 Morning Greeting/News (U/SNF) **21**  
 9:00 1:1 Visits (U/SNF)  
 10:30 Exercise & Trivia (U/SNF)  
**2:30 Ice Cream Social with Linda (MPR/SNF)**  
 3:30 Music (U/SNF)  
**5:15 American Legion LaPlata (Out./Joint)**

8:15 Morning Greeting/News (U/SNF) **22**  
 9:00 1:1 Visits (U/SNF)  
 10:30 Bingo (MPR)  
 2:00 Scenic Drive (Out./SNF)  
 2:00 Poker (MDR/SNF)  
**2:30 Sing A Long with Grace Chapel Ministry (MPR/ SNF)**  
 3:30 Music (U/SNF)

8:15 Morning Greeting/News (U/SNF) **23**  
 9:00 1:1 Visits (U/SNF)  
 10:30 Muffins and Coffee (MAR/SNF)  
 1:00 Redskins @ Lions (U/SNF)  
 1:00 Ravens @ Jets (U/SNF)  
 2:00 Grace Lutheran Ser. (Joint/MPR)  
 2:30 Western Movie (U/SNF)  
 3:30 Music (U/SNF)

8:15 Morning Greeting/News (U/SNF) **24**  
 9:00 1:1 Visits (U/SNF)  
 10:30 Exercise and Music (1B/3C/SNF)  
 11:15 Trivia (1B/3C/SNF)  
 2:00 Scenic Drive (O/SNF)  
 2:00 Poker (MDR/SNF)  
 2:30 American Legion Bingo (Joint/MPR)  
 3:30 Music (U/SNF)

8:15 Morning Greeting/News (U/SNF) **25**  
 9:00 1:1 Visits (U/SNF)  
 10:30 Catholic Services (Joint/MPR)  
 10:45 Sensory Corner (U/SNF)  
**2:00 Monthly Birthday Party (MPR/SNF)**  
 3:30 Music (U/SNF)

8:15 Morning Greeting/News (U/SNF) **26**  
 9:00 1:1 Visits (U/SNF)  
**10:00 Walmart LA. (Out./SNF)**  
 10:30 Protestant Service (2C/SNF)  
 10:45 Board Games (U/SNF)  
 2:30 Karaoke (MPR/SNF)  
 3:30 Music (U/SNF)

8:15 Morning Greeting/News (U/SNF) **27**  
 9:00 1:1 Visits (U/SNF)  
 10:30 Chair Exercise (MPR/ SNF)  
 11:15 Trivia (MPR/ SNF)  
 2:30 MDVA Bingo (MPR/Joint)  
 3:30 Music (U/SNF)

8:15 Morning Greeting/News (U/SNF) **28**  
 9:00 1:1 Visits (U/SNF)  
**10:00 2016 Air Show (Joint Out.)**  
 10:30 Let's Get Physical (U / SNF)  
 2:30 Armchair Travel (Haunted Hangouts) (MAR/SNF)  
 3:30 Music (U/SNF)  
**5:30 Steak Night (Joint/Out)**

8:15 Morning Greeting/News (U/SNF) **29**  
 9:00 1:1 Visits (U/SNF)  
 10:30 Bingo (MPR)  
 2:00 Poker (MDR/SNF)  
 2:30 Word Game (MAR/SNF)  
 3:30 Music (U/SNF)

**October 2016**

Skilled Nursing Activities - 1B,2B,3A,3B,3C

