

SUN

MON

TUE

WED

THUR

FRI

SAT

9:00 Morning Greeting/News (U) **30**
 9:30 1:1 Visits (U)
 10:30 Current Events & Coffee (U/MC)
 2:00 Grace Lutheran Ser. (Joint/MPR)
 3:30 Easy Listening (U/MC)
 5:00 Bingo (U/MC)
 6:00 Memory Lane (U/MC)
 9:30 Redskins vs. Bengals (U/SNF)

Halloween
 9:00 Morning Greeting/News (U) **31**
 9:30 1:1 Visits (U)
 10:30 Exercise To Music (U/MC)
 11:15 Scary Trivia (U/MC)
2:30 Halloween Party (MPR/SNF)
 3:30 Music Melodies (U/MC)
 5:00 Halloween Crafts (U/MC)
 6:00 Reminiscing (U/MC)

Activities Are Subject To Change

Location of Programs
 1C-First Floor (SNF)
 2-Second Floor (SNF)
 MPR- Main Multi Purpose Room
 EMPR-E-Multi Purpose Room
 MAR-Main Activity Room
 SP-South Pavilion
 U-1C & 2C Unit
 MC- Memory Care

Pets On Wheels Throughout The Month



Residents on the Memory Care Unit going on outings away from facility need to be ready 15 minutes before departure. Activity staff will take them to the SNF lobby area on the C-Side of the building.

9:00 Morning Greeting/News (U) **1**
 9:30 1:1 Visits (U)
 10:30 Bingo (MPR)
 2:30 Games Variety (U/MC)
 3:30 Easy Listening (U/MC)
 5:00 Spelling Bee (U / MC)
 6:00 Western Movie (U / MC)

Rosh Hashana Begins at Sundown **2**
 9:00 Morning Greeting/News (U)
 9:30 1:1 Visits (U)
 10:30 Current Events & Coffee (U/MC)
 1:00 Redskins vs. Browns (U/SNF)
 1:00 Ravens vs. Oakland (U/SNF)
 2:00 Grace Lutheran Ser. (Joint/MPR)
 3:30 Easy Listening (U/MC)
 5:00 Western Movie (U/MC)
 6:00 Busy Hands (U / MC)

9:00 Morning Greeting/News (U) **3**
 9:30 1:1 Visits (U)
 10:30 Exercise To Music (U/MC)
 11:15 Trivia (U / MC)
 2:30 Woodworking (U/MC)
 3:30 Music Melodies (U/MC)
 5:00 Busy Hands (U/MC)
 6:00 Sensory Stimulation (U/MC)

Rosh Hashana Ends at Nightfall **4**
 9:00 Morning Greeting/News (U)
 9:30 1:1 Visits (U)
 10:30 Catholic Services (Joint/MPR)
 10:45 Sensory Stimulation (U/MC)
 2:30 Karaoke (U/MC)
 3:30 Motown Sounds (U/MC)
 5:00 What's In The Bag? (U/MC)
 6:00 Relaxing Movie (U/MC)

9:00 Morning Greeting/News (U) **5**
 9:30 1:1 Visits (U)
 10:30 Protestant Service (2C/SNF)
 10:30 Name that Tune (U/MC)
 11:15 Protestant Service (1C)
 2:00 Country Drive (O/MC)
 2:30 DAV Bingo (Joint/MPR)
 3:30 Country Music (U / MC)
 5:00 Puzzle Time (U/MC)
 6:00 Busy Hands (U/MC)

9:00 Morning Greeting/News (U) **6**
 9:30 1:1 Visits (U)
 10:30 Exercise and Music (U/MC)
 11:00 Trivia (U/MC)
 2:30 MDVA Bingo (MPR/Joint)
 3:30 Easy Listening (U/MC)
 5:00 Ball Toss (U/MC)
 6:00 Memory Lane (U/MC)

9:00 Morning Greeting/News (U) **7**
 9:30 1:1 Visits (U)
 10:30 Move to the music (U / MC)
 2:30 Ladies Tea (MAR/SNF)
 2:30 Western Movie (U / MC)
 3:30 Sounds of the 50's (U / MC)
 5:00 Bowling (U / MC)
 6:00 Let's Talk (U / MC)

9:00 Morning Greeting/News (U) **8**
 9:30 1:1 Visits (U)
 10:30 Bingo (MPR)
 2:30 Arts & Crafts (U/MC)
 3:30 Music Melodies (U/MC)
 5:00 Card Games (U/MC)
 6:00 Memory Lane (U / MC)

Leif Erikson Day **9**
 9:00 Morning Greeting/News (U)
 9:30 1:1 Visits (U)
 10:30 Current Events & Coffee (U/MC)
 1:00 Redskins @ Ravens (U/SNF)
 2:00 Grace Lutheran Ser. (Joint/MPR)
 3:30 Easy Listening (U/MC)
 5:00 Arts & Crafts (U/MC)
 6:00 Let's Talk (U/MC)

Columbus Day **10**
 9:00 Morning Greeting/News (U)
 9:30 1:1 Visits (U)
 10:30 Exercise To Music (U/MC)
 11:15 Trivia (U/MC)
2:30 Oktoberfest (MPR/ SNF)
 3:30 Music Melodies (U/MC)
 5:00 Busy Hands (U/MC)
 6:00 Reminiscing (U/MC)

Yom Kippur Begins at Sundown **11**
 9:00 Morning Greeting/News (U)
 9:30 1:1 Visits (U)
 10:30 Catholic Services (Joint/MPR)
 10:30 Sensory Stimulation (U/MC)
10:30 Sing A Long with Victor (1C/ MC)
 10:45 Sensory Stimulation (U/MC)
 2:00 Post 298 Bingo (Joint/MPR)
 3:30 Country Music (U/MC)
 5:00 I Hear Memories? (U/MC)
 6:00 Card Game (U/MC)

9:00 Morning Greeting/News (U) **12**
 9:30 1:1 Visits (U)
 10:30 Protestant Service (2C/SNF)
 11:15 Protestant Service (1C)
 2:00 Country Drive (O/MC)
 2:30 Storytelling (U / MC)
 3:30 Easy listening (U / MC)
 5:00 Word Game (U / MC)
 6:30 Post 259 Bingo (Joint/MPR)

9:00 Morning Greeting/News (U) **13**
 9:30 1:1 Visits (U)
 10:30 Exercise and Music (U/MC)
 11:00 Trivia (U/MC)
2:00 Navy Birthday Party (MPR/ SNF)
 3:30 Easy Listening (U/MC)
 5:00 Ball Toss (U/MC)
 6:00 Memory Lane (U/MC)

9:00 Morning Greeting/News (U) **14**
 9:30 1:1 Visits (U)
 10:30 Move To The Music (U / MC)
 2:30 MDVA Bingo (MPR/Joint)
 2:30 Movie Matinee (U / MC)
 3:30 Country Music (U / MC)
 5:00 Favorite Radio Shows (U/MC)
 6:00 Busy Hands (U / MC)

9:00 Morning Greeting/News (U) **15**
 9:30 1:1 Visits (U)
 10:30 Bingo (MPR)
 2:30 Jokes & Juice (U / MC)
 3:30 Music Melodies (U / MC)
 5:00 Games Variety (U/MC)
 6:00 Let's Talk (U/MC)

Sukkot Begins at Sundown **16**
 9:00 Morning Greeting/News (U)
 9:30 1:1 Visits (U)
 10:30 Current Events & Coffee (U/MC)
 1:00 Redskins vs. Eagles (U/SNF)
 1:00 Ravens @ New York (U/SNF)
 2:00 Grace Lutheran Ser. (Joint/MPR)
 3:30 Easy Listening (U/MC)
 5:00 Games Variety (U/MC)
 6:00 Sunday Matinee (U/MC)

Boss's Day **17**
 9:00 Morning Greeting/News (U)
 9:30 1:1 Visits (U)
 10:30 Exercise To Music (U/MC)
 11:15 Trivia (U/MC)
 2:30 Arts & Crafts (U / MC)
 3:30 Music Melodies (U/MC)
 5:00 Busy Hands (U/MC)
 6:30 Sons of American Bingo (Joint/MPR)

9:00 Morning Greeting/News (U) **18**
 9:30 1:1 Visits (U)
 10:30 Catholic Services (Joint/MPR)
 10:45 Sensory Stimulation (U / MC)
 2:30 Armchair Travel (Germany) (U / MC)
 3:30 Music Melodies (U / MC)
 5:00 Card Games (U/MC)
 6:30 SMECO Bingo (Joint/MPR)

9:00 Morning Greeting/News (U) **19**
 9:30 1:1 Visits (U)
 10:30 Protestant Service (2C/SNF)
 11:15 Protestant Service (1C)
 2:00 Country Drive (O/MC)
 2:30 Storytelling (U/MC)
 2:30 Glamour Hour (MAR/SNF)
 3:30 Easy Listening (U / MC)
 5:00 Bowling (U/MC)
 6:30 Combat Vets Bingo (Joint/MPR)

9:00 Morning Greeting/News (U) **20**
 9:30 1:1 Visits (U)
 10:30 Exercise and Music (U/MC)
 11:00 Trivia (U/MC)
 2:30 MDVA Bingo (MPR/Joint)
 3:30 Easy Listening (U/MC)
 5:00 Ball Toss (U/MC)
 6:00 Memory Lane (U/MC)

9:00 Morning Greeting/News (U) **21**
 9:30 1:1 Visits (U)
 10:30 Move to the Music (U / MC)
2:30 Ice Cream Social with Linda (MPR/SNF)
 3:30 Music Melodies (U / MC)
 5:00 Games Variety (U / MC)
 6:00 What's new in the world? (U / MC)

9:00 Morning Greeting/News (U) **22**
 9:30 1:1 Visits (U)
 10:30 Bingo (MPR)
2:30 Sing A Long with Grace Chapel Ministry (MPR/ SNF)
 3:30 Easy Listening (U / MC)
 5:00 Word Game (U / MC)
 6:00 Western Movie (U / MC)

Sukkot Ends at Nightfall Shmini Atzeret Begins at Sundown **23**
 9:00 Morning Greeting/News (U)
 9:30 1:1 Visits (U)
 10:30 Current Events & Coffee (U/MC)
 1:00 Redskins @ Lions (U/SNF)
 1:00 Ravens @ Jets (U/SNF)
 2:00 Grace Lutheran Ser. (Joint/MPR)
 3:30 Easy Listening (U/MC)
 5:00 Bingo (U/MC)
 6:00 Memory Lane (U/MC)

Simchat Torah Begins at Sundown **24**
 9:00 Morning Greeting/News (U)
 9:30 1:1 Visits (U)
 10:30 Exercise To Music (U/MC)
 11:15 Trivia (U/MC)
 2:30 American Legion Bingo (Joint/MPR)
 3:30 Music Melodies (U/MC)
 5:00 Busy Hands (U/MC)
 6:00 Word Game (U/MC)

9:00 Morning Greeting/News (U) **25**
 9:30 1:1 Visits (U)
 10:30 Catholic Services (Joint/MPR)
 10:45 Sensory Stimulation (U/MC)
2:30 Monthly Birthday Party (U / MC)
 3:30 Music Melodies (U / MC)
 5:00 Arts & Crafts (U / MC)
 6:00 Follow your Nose (U / MC)

9:00 Morning Greeting/News (U) **26**
 9:30 1:1 Visits (U)
 10:30 Protestant Service (2C/SNF)
 11:15 Protestant Service (1C)
 2:00 Country Drive (O/MC)
 2:30 Storytelling (U / MC)
 5:00 Bingo (U)
 6:00 Evening Matinee (U/MC)

9:00 Morning Greeting/News (U) **27**
 9:30 1:1 Visits (U)
 10:30 Exercise and Music (U/MC)
 11:00 Trivia (U/MC)
 2:30 MDVA Bingo (MPR/Joint)
 3:30 Easy Listening (U/MC)
 5:00 Ball Toss (U/MC)
 6:00 Memory Lane (U/MC)

9:00 Morning Greeting/News (U) **28**
 9:30 1:1 Visits (U)
 10:30 Chair Dancing (U/MC)
 2:30 Movie Matinee (U/MC)
 3:30 Music Melodies (U / MC)
 5:00 Armchair Travel (Trick or Treat) (U / MC)
 6:00 Juice and Jokes (U / MC)

World Stroke Day **29**
 9:00 Morning Greeting/News (U)
 9:30 1:1 Visits (U)
 10:30 Bingo (MPR)
 2:30 Karaoke (U / MC)
 3:30 Easy Listening (U / MC)
 5:00 Rainy Day Radio Mystery Theatre (U / MC)
 6:00 Western Movie (U / MC)

October 2016

Memory Care Activities - 1C & 2C

