


SUN	MON	TUE	WED	THUR	FRI	SAT	
<b>1</b> New Year's Day 8:15 Morning Greeting/ News (U/SNF) 9:00 1:1 Visits (U/SNF) 10:30 Coffee and Current Events (MAR/SNF) 1:00 Raven @.Bengals (U / SNF) 1:00 Redskins @ Giants (U/SNF) 2:00 Grace Lutheran Ser. (Joint/MPR) 3:30 Sounds of the Season (U/SNF)	<b>2</b> 8:15 Morning Greeting/ News (U/SNF) 9:00 1:1 Visits (U/SNF) 10:30 Exercise (1B/3C/SNF) 11:15 Jokes & Riddles (1B/3C/SNF) 2:00 Poker (MDR/SNF) 2:30 Sip & Paint (MAR/SNF) 3:30 Sounds of the Season (U/SNF)	<b>3</b> 8:15 Morning Greeting/ News (U/SNF) 9:00 1:1 Visits (U/SNF) 10:30 Catholic Services (Joint/MPR) 10:45 Sensory Stimulation (U/SNF) 2:30 Spelling Bee (3C/SNF) 2:30 Woodworking (MAR/SNF) 3:30 Sounds of the Season (U/SNF)	<b>4</b> 8:15 Morning Greeting/ News (U/SNF) 9:00 1:1 Visits (U/SNF) <b>10:00 Walmart CA. (Out./SNF)</b> 10:30 Protestant Service (2C/SNF) 10:45 Sensory Corner (U) 2:30 DAV Bingo (Joint/MPR) 3:30 Sounds of the Season (U/SNF)	<b>5</b> 8:15 Morning Greeting/ News (U/SNF) 9:00 1:1 Visits (U/SNF) 10:30 Exercise and Music (1B/3C/SNF) 10:45 Reminiscing (U / SNF) 2:00 Winter Drive (Out./SNF) 2:30 MDVA Bingo (Joint/MPR) 3:30 Sounds of the Season (U/SNF)	<b>6</b> 8:15 Morning Greeting/ News (U/SNF) 9:00 1:1 Visits (U/SNF) 2:30 Red Hat Society (MAR/SNF) 2:30 Movie Matinee (SNF/MPR) 3:30 Sounds of the Season (U/SNF) <b>5:00 Waldorf Moose Lodge Dinner (Out./SNF)</b>	<b>7</b> 8:15 Morning Greeting/ News (U/SNF) 9:00 1:1 Visits (U/SNF) 10:30 Bingo (MPR/ SNF/ MC) 2:00 Poker (MDR/SNF) <b>2:30 Shirley's Bingo (Joint/MPR)</b> 3:30 Sounds of the Season (U/SNF)	
<b>8</b> 8:15 Morning Greeting/ News (U/SNF) 9:00 1:1 Visits (U/SNF) 10:30 Muffins & Coffee (MAR/SNF) 2:00 Grace Lutheran Ser. (Joint/MPR) 3:30 Sounds of the Season (U/SNF)	<b>9</b> 8:15 Morning Greeting/ News (U/SNF) 9:00 1:1 Visits (U/SNF) 10:30 Exercise (1B/3C/SNF) 11:15 Jokes & Riddles (1B/3C/SNF) <b>2:30 Elvis Birthday Party (MPR/ SNF/MC)</b> 3:30 Sounds of the Season (U/SNF)	<b>10</b> 8:15 Morning Greeting/ News (U/SNF) 9:00 1:1 Visits (U/SNF) 10:30 Catholic Services (Joint/MPR) 10:45 Sensory Stimulation (U/SNF) 2:00 Winter Drive (Out./SNF) 2:30 Family Feud (3C/SNF) 2:30 Cooking Club (MAR/SNF) 3:30 Sounds of the Season (U/SNF)	<b>11</b> 8:15 Morning Greeting/ News (U/SNF) 9:00 1:1 Visits (U/SNF) <b>10:00 Dollar Tree Laplata (Out./SNF)</b> 10:30 Protestant Service (2C/SNF) 10:45 Sensory Corner (U) <b>2:30 Nothing Fancy Band (MPR/ SNF)</b> 3:30 Sounds of the Season (U/SNF) 6:30 Post 259 Bingo (Joint/MPR)	<b>12</b> 8:15 Morning Greeting/ News (U/SNF) 9:00 1:1 Visits (U/SNF) 10:30 Exercise and Music (1B/3C/SNF) 10:45 Reminiscing (U / SNF) 2:30 MDVA Bingo (Joint/MPR) 3:30 Sounds of the Season (U/SNF)	<b>13</b> 8:15 Morning Greeting/ News (U/SNF) 9:00 1:1 Visits (U/SNF) 10:30 Remember When? (U/SNF) 2:30 Glamour Hour (MAR/SNF) 2:30 Movie Matinee (MPR/SNF) 3:30 Sounds of the Season (U/SNF)	<b>14</b> 8:15 Morning Greeting/ News (U/SNF) 9:00 1:1 Visits (U/SNF) 10:30 Bingo (MPR/ SNF/ MC) 2:00 Poker (MDR/SNF) 2:00 Winter Drive (Out./SNF) 2:30 Games Variety (MAR/ SNF) 3:30 Sounds of the Season (U/SNF)	
<b>15</b> 8:15 Morning Greeting/ News (U/SNF) 9:00 1:1 Visits (U/SNF) 10:30 Hot Chocolate Social (MAR/SNF) 2:00 Grace Lutheran Ser. (Joint/MPR) 2:30 Strawberry Ice-cream Social (MAR/SNF) 3:30 Sounds of the Season (U/SNF)	<b>16</b> Martin Luther King Day 8:15 Morning Greeting/ News (U/SNF) 9:00 1:1 Visits (U/SNF) 10:30 Exercise (1B/3C/SNF) 2:00 Poker (MDR/SNF) 2:30 Arts & Crafts (U / SNF) 3:30 Sounds of the Season (U/SNF) 6:30 Sons of American Bingo (Joint/MPR)	<b>17</b> 8:15 Morning Greeting/ News (U/SNF) 9:00 1:1 Visits (U/SNF) 10:30 Catholic Services (Joint/MPR) 10:45 Sensory Stimulation (U/SNF) 2:00 Winter Drive (Out./SNF) 2:30 Cooking Club (MAR/SNF) 3:30 Sounds of the Season (U/SNF) 6:30 SMECO Bingo (Joint/MPR)	<b>18</b> 8:15 Morning Greeting/News (U/SNF) 9:00 1:1 Visits (U/SNF) <b>10:00 Golden Corral (Out./SNF/\$)</b> 10:30 Protestant Service (2C/SNF) 10:45 Sensory Corner (U) 2:00 Resident Council (MPR/SNF) 2:30 Armchair Travel Alaska (MAR/SNF) 3:30 Sounds of the Season (U/SNF) 6:30 Combat Vets Bingo (Joint/MPR)	<b>19</b> 8:15 Morning Greeting/ News (U/SNF) 9:00 1:1 Visits (U/SNF) 10:30 Exercise and Music (1B/3C/SNF) 10:45 Reminiscing (U / SNF) 2:30 MDVA Bingo (Joint/MPR) 3:30 Sounds of the Season (U/SNF)	<b>20</b> 8:15 Morning Greeting/ News (U/SNF) 9:00 1:1 Visits (U/SNF) <b>2:30 Sing Along with Linda (MPR/SNF)</b> 2:30 Ladies Tea (MAR/SNF/MC) 3:30 Sounds of the Season (U/SNF) <b>5:15 American Legion Laplata (Out./SNF)</b>	<b>21</b> 8:15 Morning Greeting/ News (U/SNF) 9:00 1:1 Visits (U/SNF) 10:30 Bingo (MPR/ SNF/ MC) 2:00 Poker (MDR/SNF) 2:30 Games Variety (MAR/ SNF) 3:30 Sounds of the Season (U/SNF)	
<b>22</b> 8:15 Morning Greeting/ News (U/SNF) 9:00 1:1 Visits (U/SNF) 10:30 Muffins & Coffee (MAR/SNF) 2:00 Grace Lutheran Ser. (Joint/MPR) 3:30 Sounds of the Season (U/SNF)	<b>23</b> 8:15 Morning Greeting/ News (U/SNF) 9:00 1:1 Visits (U/SNF) 10:30 Exercise (1B/3C/SNF) <b>10:30 Winter Drive (Out./SNF)</b> 11:15 Jokes & Riddles (1B/3C/SNF) 2:00 Poker (MDR/SNF) 2:30 American Legion Bingo (Joint/MPR) 3:30 Sounds of the Season (U/SNF)	<b>24</b> 8:15 Morning Greeting/ News (U/SNF) 9:00 1:1 Visits (U/SNF) 10:30 Catholic Services (Joint/MPR) 10:45 Sensory Stimulation (U/SNF) <b>2:00 Monthly Birthday Party (MPR/SNF)</b> 3:30 Sounds of the Season (U/SNF)	<b>25</b> 8:15 Morning Greeting/ News (U/SNF) 9:00 1:1 Visits (U/SNF) <b>10:00 Walmart LA. (O/SNF)</b> 10:30 Protestant Service (2C/SNF) 10:45 Sensory Corner (U) 2:30 Rainy Day Radio Mystery Theatre (MPR/ SNF/MC) 3:30 Sounds of the Season (U/SNF)	<b>26</b> 8:15 Morning Greeting/ News (U/SNF) 9:00 1:1 Visits (U/SNF) 10:30 Exercise and Music (1B/3C/SNF) 10:45 Reminiscing (U / SNF) 2:30 MDVA Bingo (Joint/MPR) 3:30 Sounds of the Season (U/SNF)	<b>27</b> 8:15 Morning Greeting/ News (U/SNF) 9:00 1:1 Visits (U/SNF) 10:30 Remember When? (U/SNF) 2:30 Movie Matinee (MPR/ SNF) 3:30 Sounds of the Season (U/SNF) <b>5:00 Steak Night (Out./SNF)</b> 7:00 SOMD Old Man Band (MPR)	<b>28</b> 8:15 Morning Greeting/ News (U/SNF) 9:00 1:1 Visits (U/SNF) 10:30 Bingo (MPR/ SNF/ MC) 2:00 Poker (MDR/SNF) 2:00 Winter Drive (Out./SNF) <b>2:30 History of the Flags (Joint/MPR)</b> 3:30 Sounds of the Season (U/SNF)	
<b>29</b> 8:15 Morning Greeting/ News (U/SNF) 9:00 1:1 Visits (U/SNF) 10:30 Hot Chocolate Social (MAR/SNF) 2:00 Grace Lutheran Ser. (Joint/MPR) 2:30 Jokes and Riddles (U/ SNF) 3:30 Sounds of the Season (U/SNF)	<b>30</b> 8:15 Morning Greeting/ News (U/SNF) 9:00 1:1 Visits (U/SNF) 10:30 Exercise (1B/3C/SNF) 11:15 Jokes & Riddles (1B/3C/SNF) 2:00 Poker (MDR/SNF) 2:30 Arts & Crafts (MAR/SNF) 2:30 Spelling Bee (3A/SNF) 3:30 Sounds of the Season (U/SNF)	<b>31</b> 8:15 Morning Greeting/ News (U/SNF) 9:00 1:1 Visits (U/SNF) 10:30 Catholic Services (Joint/MPR) 10:45 Sensory Stimulation (U/SNF) <b>11:45 Ledo Pizza (Out./SNF/\$)</b> 2:30 Cooking Club (MAR/SNF) 3:30 Sounds of the Season (U/SNF)	<b>Activities Are Subject To Change</b>		<b>Location of Programs:</b> MPR (Main Multi Purpose Room) EMPR (E-Multi Purpose Room) MAR (Main Activity Room) SP (South Pavilion) U -All Units (SNF) 2C-2C Unit 1B-First Floor (SNF) 2B-Second Floor (SNF) 3A-Third Floor (SNF) 3B-Third Floor (SNF) 3C-Third Floor (SNF)	<b>Pets On Wheels Throughout The Month</b> 	<b>Outings</b> (CA.) California Maryland (LA.) LaPlata Maryland (Out.) Outing away From Facility (OS) Outside (\$) Residents Buy Their Own Food Residents going on outing away from facility are to meet in the SNF lobby 15 Minutes before departure.

# January 2017

Skilled Nursing Activities - 1B,2B,3A,3B,3C

