

SUN

MON

TUE

WED

THUR

FRI

SAT

Activities
Are Subject
To Change

Location of Programs
1C-First Floor (SNF)
2-Second Floor (SNF)
MPR- Main Multi Purpose Room
EMPR-E-Multi Purpose Room
MAR-Main Activity Room
SP-South Pavilion
U-1C & 2C Unit
MC- Memory Care

Residents on the Memory
Care Unit going on outings
away from facility need to
be ready 15 minutes before
departure. Activity staff will
take them to the SNF lobby
area on the C-Side of the
building.

Pets On Wheels
Throughout The Month



9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
10:30 Exercise and Music (U/MC)
11:00 Trivia (U/MC)
2:30 US Navy Band (Country Current) (MPR/ SNF)
3:30 Easy Listening (U/MC)
5:00 Busy Hands (U / MC)
6:00 Memory Lane (U/MC)

9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
10:30 Exercise & Music (U / MC)
2:30 Movie Matinee (U/MC)
3:30 Christmas Music (U / MC)
5:00 Winter Ball/ Courtyard Lighting (MDR/MPR)

9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
10:30 Gift Wrapping Party (MPR/ SNF)
2:30 Christmas Movie (Charlie Brown Christmas) (U / MC)
2:30 One Accord Gospel Singers (MDR)
3:30 Sounds of the Season (U / MC)
5:00 Christmas Crafts (U / MC)
6:00 Christmas Movie (U / MC)

9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
10:30 Current Events & Coffee (U/MC)
1:00 Ravens@Dolphins (U / MC)
2:00 Grace Lutheran Ser. (Joint/MPR)
2:30 Christmas Movie (U/MC)
3:30 Easy Listening (U/MC)
3:30 Carol Fisher (Christmas Program) (MPR/ SNF)
4:25 Redskins @ Cardinals (U/SNF)
5:00 Card Game (U / MC)

9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
10:30 Exercise To Music (U / MC)
11:00 Trivia (U / MC)
2:30 Christmas Crafts (U/MC)
3:30 Christmas Tunes (U / MC)
5:00 Ball Toss (U / MC)
6:00 Let's Talk (U / MC)

St Nicholas' Day
9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
10:30 Catholic Services (Joint/MPR)
10:45 Sensory Stimulation (U / MC)
2:30 Name that Christmas Tune (U / MC)
3:30 Christmas Music (U / MC)
5:00 Ring Toss (U / MC)
6:00 Reminiscing (U / MC)

Pearl Harbor Remembrance Day
9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
10:30 Protestant Service (2C/SNF)
11:15 Protestant Service (1C)
2:00 Country Drive (O/MC)
2:30 DAV Bingo (Joint/MPR)
3:30 Sounds Of The Seasons (U / MC)
5:00 Ball Toss (U / MC)
6:00 Word Game (U / MC)

9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
10:30 Exercise and Music (U / MC)
10:30 Winter Drive (O/MC)
11:00 Trivia (U/MC)
2:30 MDVA Bingo (Joint/MPR)
3:30 Easy Listening (U/MC)
5:30 Christmas Lights Drive (O/MC)
6:00 Memory Lane (U/MC)

9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
10:30 Exercise & Music (U / MC)
2:30 Ladies Christmas Tea (MAR/SNF)
2:30 Christmas Movie (Miracle on 34th Street) (U / MC)
3:30 Christmas Music (U / MC)
5:00 Busy Hands (U / MC)
6:00 Word Game (U / MC)

9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
10:30 Bingo (MPR/MC)
2:00 Ice Cream Social w/The Joint Commission (Joint/MPR)
3:30 Christmas Tunes (U / MC)
5:00 Games Variety (U / MC)
6:00 Memory Lane (U / MC)

9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
10:30 Current Events & Coffee (U/MC)
12:30 Christmas Songs With the K-Kids (MDR/SNF/MC)
1:00 Redskins@Eagles (U / MC)
2:00 Grace Lutheran Ser. (Joint/MPR)
3:30 Easy Listening (U/MC)
5:00 Reminiscing (U / MC)
6:00 Sunday Matinee (U / MC)

Feast of Our Lady of Guadalupe
9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
10:30 Exercise To Music (U/MC)
10:30 Winter Drive (O/MC)
11:00 Shapes & Textures (U / MC)
2:30 Woodworking (U / MC)
3:30 Christmas Tunes (U / MC)
6:30 Dream Studio of Dance (MPR/ SNF)
8:30 Ravens@Patriots (U / MC)

9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
10:30 Catholic Services (Joint/MPR)
10:45 Sensory Stimulation (U / MC)
2:30 Making Christmas Ornament (U / MC)
3:30 Christmas Music (U / MC)
5:00 Christmas Sing a long (U / MC)
6:00 Shapes & Textures (U / MC)

9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
10:30 Protestant Service (2C/SNF)
11:15 Protestant Service (1C)
2:00 Country Drive (O/MC)
2:30 Cooking Class (MAR/MC)
2:30 Storytelling (U / MC)
2:30 Pictures with Santa (MDR/ SNF)
3:30 Sounds of the Seasons (U / MC)
5:00 Busy Hands (U / MC)

9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
10:30 Exercise and Music (U / MC)
11:00 Trivia (U/MC)
2:30 MDVA Bingo (Joint/MPR)
3:30 Easy Listening (U/MC)
5:00 Shapes & Textures (U / MC)
6:00 Memory Lane (U/MC)

9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
10:30 Exercise & Music (U / MC)
2:30 Christmas with Linda (MPR/ SNF)
3:30 Christmas Music (U / MC)
5:00 Busy Hands (U / MC)
6:00 Christmas Movie (U / MC)

Pan American Aviation Day Wright Brothers Day
9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
10:00 Arts & Motion (Joint/MPR)
2:30 Winter Drive (O/MC)
2:30 Christmas Crafts (U / MC)
3:30 Christmas Music (U / MC)
5:00 Christmas Movie (Four Christmases) (U / MC)

9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
10:30 Current Events & Coffee (U/MC)
1:00 Ravens@Eagles (U / MC)
2:00 Grace Lutheran Ser. (Joint/MPR)
3:30 Easy Listening (U/MC)
4:00 AWANA Kids Club (Christmas Program) (MPR/ SNF)
5:00 Name that Christmas Tune (U / MC)
6:00 Busy Hands (U / MC)

9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
10:30 Exercise To Music (U/MC)
11:00 Trivia (U / MC)
2:30 Christmas Crafts (U / MC)
2:30 Christmas Program W/ Lackey High School JROTC (MPR/SNF/ MC)
3:30 Christmas Tunes (U / MC)
5:30 Christmas Lights Drive (O/MC)
6:30 Sons of American Bingo (Joint/MPR)
8:30 Redskins@Panthers (U / MC)

9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
10:30 Catholic Services (Joint/MPR)
10:45 Sensory Stimulation (U / MC)
2:30 Christmas Sing A long with Circle of Friends (2C/MC)
2:30 Glamour Hour (3A/SNF)
2:30 Armchair Travel (North Pole) (1C/MC)
3:30 Christmas Music (U / MC)
5:00 Reminiscing (U / MC)
6:30 SMECO Bingo (Joint/MPR)

December Solstice
9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
10:30 Protestant Service (2C/SNF)
11:15 Protestant Service (1C)
2:00 Country Drive (O/MC)
2:30 Reminiscing (Christmas Time) (U / MC)
3:30 Sounds of the Seasons (U / MC)
5:00 Busy Hands (U / MC)
6:30 Combat Vets Bingo (Joint/MPR)

9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
10:30 Exercise and Music (U / MC)
10:30 Winter Drive (O/MC)
11:00 Trivia (U/MC)
2:30 MDVA Bingo (Joint/MPR)
3:30 Easy Listening (U/MC)
5:00 Ball Toss (U / MC)
6:00 Memory Lane (U/MC)

9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
10:30 Exercise & Music (U / MC)
2:30 Resident Annual Christmas Party (MPR/ SNF)
3:30 Christmas Music (U / MC)
5:00 Christmas Sing a Long (U / MC)
6:00 Memory Lane (U / MC)

Christmas Eve Chanukah Begins at Sundown
9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
10:30 Bingo (MPR/ SNF)
1:00 Redskins@Bears (U / MC)
2:30 Christmas Crafts (U / MC)
3:30 Christmas Music (U / MC)
6:00 Christmas Movie (Christmas Carol) (U / MC)

Christmas Day
9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
10:00 Christmas Gift Delivery (U)
10:30 Current Events & Coffee (U/MC)
2:00 Grace Lutheran Ser. (Joint/MPR)
2:30 Christmas Movie (U / MC)
3:30 Easy Listening (U/MC)
4:30 Ravens@Steelers (U / MC)

Kwanzaa (until Jan 1)
9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
10:30 Exercise To Music (U/MC)
11:00 Word Game (U / MC)
2:30 American Legion Bingo (Joint/MPR)
3:30 Christmas Tunes (U / MC)
5:00 Ball Toss (U / MC)
6:00 Let's Talk (U/MC)

9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
10:00 Winter Drive (O/MC)
10:30 Catholic Services (Joint/MPR)
10:45 Sensory Stimulation (U/MC)
2:30 Monthly Birthday Party (U / MC)
3:30 Christmas Music (U / MC)
5:00 Movie Matinee (U / MC)
6:00 Busy Hands (U / MC)

9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
10:30 Protestant Service (2C/SNF)
11:15 Protestant Service (1C)
2:00 Country Drive (O/MC)
2:30 Table Games (U / MC)
3:30 Sounds of the Seasons (U / MC)
5:00 Corn Hole (U / MC)
6:00 Juice & Jokes (U/MC)

9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
10:30 Exercise and Music (U / MC)
11:00 Trivia (U/MC)
2:30 MDVA Bingo (Joint/MPR)
3:30 Easy Listening (U/MC)
5:00 Ring Toss (U / MC)
6:00 Memory Lane (U/MC)

9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
10:30 Morning Stretch (U / MC)
2:30 Movie Matinee (U / MC)
2:30 Afternoon Matinee (U / MC)
3:30 Christmas Music (U / MC)
5:00 Table Games (U / MC)
6:00 Let's Talk (U / MC)

New Year's Eve
9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
10:30 Bingo (MPR)
2:30 New Year's Eve Celebration (MPR/ SNF)
3:30 Sounds of the Season (U / MC)
5:00 Games Variety (U / MC)
6:00 Movie Matinee (U / MC)

December 2016

Memory Care Activities - 1C & 2C

