

SUN MON TUE WED THUR FRI SAT

**Activities
Are Subject
To Change**

**Pets On Wheels
Throughout The
Month**



Location of Programs
1C-First Floor (SNF)
2-Second Floor (SNF)
MPR-Main Multi Purpose
Room
EMPR-E-Multi Purpose Room
Mar-Main Activity Room
SP-South Pavilion
U-1C & 2C Unit

9:00 Morning Greeting/News (U) **1**
9:30 1:1 Visits (U)
10:30 Protestant Service (2C/SNF)
10:30 Sensory Corner (U/MC)
11:15 Protestant Service (1C)
2:00 Fall Drive (Out./MC)
2:30 DAV Bingo (Joint/MPR)
3:30 Easy Listening (U/MC)
5:00 Ball Toss (U/MC)
6:00 Shapes & Textures (U/MC)

9:00 Morning Greeting/News (U) **2**
9:30 1:1 Visits (U)
10:00 Morning Drive Out./MC
10:30 Exercise and Music (U/MC)
11:00 Trivia (U/MC)
2:30 MDVA Bingo (Joint/MPR)
3:30 Easy Listening (U/MC)
5:00 Spill & Spell (U/MC)
6:00 Memory Lane (U/MC)

9:00 Morning Greeting/News (U) **3**
9:30 1:1 Visits (U)
10:30 Bowling (U/MC)
2:30 Ladies Tea (SNF/MAR)
2:30 Popcorn & A Movie (U/MC)
3:30 Country Music (U/MC)
5:00 Ball Toss (U/MC)
6:00 Guess Who? (U/MC)

9:00 Morning Greeting/News (U) **4**
9:30 1:1 Visits (U)
2:00 Fall Drive (Out./MC)
2:30 Southern Maryland Concert Band (JT/MPR)
3:30 Motown Sounds (U/MC)
5:00 Ring Toss (U/MC)
6:00 Games Variety (U/MC)

Daylight Saving Time ends **5**
9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
10:30 Current Events & Coffee (U/MC)
11:00 Trivia (U/MC)
1:00 Ravens vs. Titans (U/SNF/MC)
2:00 Grace Lutheran Ser. (JT./MPR)
3:30 Easy Listening (U/MC)
4:05 Redskins vs. Seahawks (U/SNF/MC)

9:00 Morning Greeting/News (U) **6**
9:30 1:1 Visits (U)
10:30 Exercise To Music (U/MC)
10:30 Books & Crafts w/Children (JT/MPR)
11:15 Busy Hands (U/MC)
2:30 Smooth Sounds Of Suzette (MPR/SNF)
3:30 Jazz Music (U/MC)
5:00 Ball Toss (U/MC)
6:00 Reminiscing (U/MC)

9:00 Morning Greeting/News (U) **7**
9:30 1:1 Visits (U)
10:00 Morning Drive (Out./MC)
10:30 Catholic Services (Joint/MPR)
10:45 Sensory Stimulation (U/MC)
2:30 What's In The Bag? (U/MC)
3:30 Big Band Music (U/MC)
5:00 Busy Hands (U/MC)
6:00 Reminiscing (U/MC)

9:00 Morning Greeting/News (U) **8**
9:30 1:1 Visits (U)
10:30 Protestant Service (2C/SNF)
10:30 Juice & Jokes (1C/MC)
11:15 Protestant Service (1C)
2:00 Fall Drive (Out./MC)
2:30 Storytelling (U/MC)
3:30 Music Melodies (U/MC)
5:00 Bowling (U/MC)
6:30 Post 259 Bingo (Joint/MPR)

9:00 Morning Greeting/News (U) **9**
9:30 1:1 Visits (U)
10:30 Exercise and Music (U/MC)
10:30 Games w/Ft. Meade (MPR/JT.)
11:00 Trivia (U/MC)
2:30 MDVA Bingo (Joint/MPR)
3:30 Easy Listening (U/MC)
5:00 Card Game (U/MC)
6:00 Memory Lane (U/MC)

9:00 Morning Greeting/News (U) **10**
9:30 1:1 Visits (U)
10:30 Exercise to Music (U/MC)
2:30 Marine Corps Birthday (JT/MPR)
3:30 Country Music (U/MC)
5:00 Ring Toss (U/MC)
6:00 Word Game (U/MC)

Veterans Day **11**
9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
11:00 Veterans Day Ceremony (JT/MPR)
2:30 Arts & Crafts (U/MC)
3:30 Country Music (U/MC)
5:00 Western Movie (U/MC)
6:00 Jokes & Juice (U/MC)

9:00 Morning Greeting/News (U) **12**
9:30 1:1 Visits (U)
10:30 Current Events & Coffee (U/MC)
11:00 Trivia (U/MC)
1:00 Vikings vs Redskins (U/SNF/MC)
2:00 Grace Lutheran Ser. (JT./MPR)
2:00 Fall Drive (Out./MC)
3:30 Easy Listening (U/MC)
5:00 Reminiscing (U/MC)
6:00 Memory Lane (U/MC)

9:00 Morning Greeting/News (U) **13**
9:30 1:1 Visits (U)
10:30 Exercise To Music (U/MC)
11:15 Shapes & Textures (U/MC)
2:30 Arts & Crafts (U/MC)
3:30 Easy Listening (U/MC)
5:00 Kick Ball (U/MC)
6:00 Memory Lane (U/MC)

9:00 Morning Greeting/News (U) **14**
9:30 1:1 Visits (U)
10:00 Morning Drive (Out./MC)
10:30 Catholic Services (Joint/MPR)
10:45 Sensory Stimulation (U/MC)
2:30 Armchair Travel (County Fair) (U/MC)
3:30 Easy Listening (U/MC)
5:00 Busy Hands (U/MC)
6:00 Table Games (U/MC)

9:00 Morning Greeting/News (U) **15**
9:30 1:1 Visits (U)
10:30 Protestant Service (2C/SNF)
10:30 Sensory Stimulation (1C/MC)
11:15 Protestant Service (1C)
2:00 Fall Drive (Out./MC)
2:30 Hobby Hour (U/MC)
3:30 Motown Music (U/MC)
5:00 Ring Toss (U/MC)
6:30 Cub Scouts Bingo (Joint/MPR)

9:00 Morning Greeting/News (U) **16**
9:30 1:1 Visits (U)
10:30 Exercise and Music (U/MC)
11:00 Trivia (U/MC)
2:30 MDVA Bingo (Joint/MPR)
3:30 Easy Listening (U/MC)
5:00 Ball Toss (U/MC)
6:00 Memory Lane (U/MC)

9:00 Morning Greeting/News (U) **17**
9:30 1:1 Visits (U)
10:30 Exercise (U/MC)
2:30 Sing Along and Donuts with Linda (MPR/SNF)
3:30 Country Music (U/MC)
5:00 Busy Hands (U/MC)
6:00 Let's Talk (U/MC)

9:00 Morning Greeting/News (U) **18**
9:30 1:1 Visits (U)
10:30 Bingo (MPR/SNF/MC)
2:30 Arts & Crafts (U/MC)
3:30 Music Melodies (U/MC)
5:00 Games Variety (U/MC)
6:00 Remember When? (U/MC)

9:00 Morning Greeting/News (U) **19**
9:30 1:1 Visits (U)
10:30 Current Events & Coffee (U/MC)
11:00 Trivia (U/MC)
1:00 Redskins vs. Saints (U/SNF/MC)
1:00 Ravens vs. Packers (U/SNF/MC)
2:00 Grace Lutheran Ser. (JT./MPR)
3:30 Easy Listening (U/MC)
5:00 Games Variety (U/MC)
6:00 Evening Matinee (U/MC)

9:00 Morning Greeting/News (U) **20**
9:30 1:1 Visits (U)
10:30 Exercise To Music (U/MC)
11:15 Sensory Corner (U/MC)
2:30 Arts & Crafts (U/MC)
3:30 Music Melodies (U/MC)
5:00 Card Games (U/MC)
6:00 Relaxing Video (U/MC)
6:30 Sons of American Bingo (Joint/MPR)

9:00 Morning Greeting/News (U) **21**
9:30 1:1 Visits (U)
10:30 Catholic Services (Joint/MPR)
10:45 Sensory Stimulation (U/MC)
2:30 Follow your nose (1C/MC)
2:30 Circle of Friends (2C/MC)
3:30 Easy Listening (U/MC)
5:00 Shapes & Textures (U/MC)
6:30 SMECO Bingo (Joint/MPR)

9:00 Morning Greeting/News (U) **22**
9:30 1:1 Visits (U)
10:30 Sensory Corner (1C/MC)
10:30 Protestant Service (2C/SNF)
11:15 Protestant Service (1C)
2:00 Fall Drive (Out./MC)
2:30 Painting (U/MC)
3:30 Motown Music (U/MC)
5:00 Touch Town Games (U/MC)
6:00 Busy Hands (U/MC)

Thanksgiving Day **23**
9:00 Morning Greeting/News (U)
9:30 1:1 Visits (U)
10:30 Exercise and Music (U/MC)
11:00 Trivia (U/MC)
2:30 MDVA Bingo (Joint/MPR)
3:30 Easy Listening (U/MC)
5:00 Tac Tic Toss (U/MC)
6:00 Memory Lane (U/MC)
8:30 Giants vs Redskins (U/SNF/MC)

9:00 Morning Greeting/News (U) **24**
9:30 1:1 Visits (U)
10:30 Exercise & Music (U/MC)
2:30 Western Movie (U/MC)
3:30 Country Music (U/MC)
5:00 Card Games (U/MC)
6:00 Let's Talk (U/MC)

9:00 Morning Greeting/News (U) **25**
9:30 1:1 Visits (U)
10:30 Bingo (MPR/SNF/MC)
2:30 Movie Matinee (U/MC)
3:30 Music Melodies (U/MC)
5:00 Bowling (U/MC)
6:00 Word Game (U/MC)

9:00 Morning Greeting/News (U) **26**
9:30 1:1 Visits (U)
10:30 Current Events & Coffee (U/MC)
11:00 Trivia (U/MC)
2:00 Grace Lutheran Ser. (JT./MPR)
3:30 Easy Listening (U/MC)
5:00 Card Games (U/MC)
6:00 Let's Talk (U/MC)

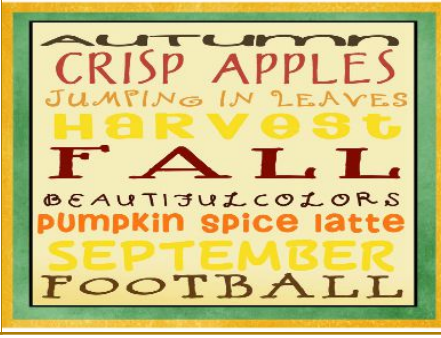
9:00 Morning Greeting/News (U) **27**
9:30 1:1 Visits (U)
10:30 Exercise To Music (U/MC)
11:15 Shapes & Textures (U/MC)
2:30 American Legion Bingo Post 136 (Joint/MPR)
3:30 Sounds of the 50's (U/MC)
5:00 Ball Toss (U/MC)
6:00 Favorite Radio Show (U/MC)
8:30 Texans Vs Ravens (U/SNF/MC)

9:00 Morning Greeting/News (U) **28**
9:30 1:1 Visits (U)
10:30 Catholic Services (Joint/MDR)
10:45 Sensory Stimulation (U/MC)
2:00 Fall Drive (O/MC)
2:30 Monthly Birthday Party (U/MC)
3:30 Music Melodies (U/MC)
5:00 Shapes & Textures (U/MC)
6:30 Memory Lane (U/MC)

9:00 Morning Greeting/News (U) **29**
9:30 1:1 Visits (U)
10:30 Protestant Service (2C/SNF)
10:30 Ball Toss (1C/MC)
11:15 Protestant Service (1C)
2:00 Fall Drive (Out./MC)
2:30 Arts & Crafts (U/MC)
3:30 Smooth sounds of Motown (U/MC)
5:00 Western Movie (U/MC)
6:00 Word Game (U/MC)

9:00 Morning Greeting/News (U) **30**
9:30 1:1 Visits (U)
10:30 Exercise and Music (U/MC)
11:00 Trivia (U/MC)
3:30 Easy Listening (U/MC)
5:00 Ring Toss (U/MC)
6:00 Memory Lane (U/MC)
8:25 Redskins vs. Cowboys (U/SNF/MC)

Residents on the Memory Care Unit going on outings away from facility need to be ready 15 minutes before departure. Activity Staff will take them to SNF lobby area on the C-Side of the building.



November 2017

Memory Care Activities - 1C & 2C

