

**SUN MON TUE WED THUR FRI SAT**

**Activities Are Subject To Change**

**Location of Program is:**  
**EMPR (E-Multi Purpose Room)**  
**MPR (Main Multi Purpose Room)**  
 1D (First floor)  
 2D (Second floor)  
 3D (Third floor)  
**SPAV (Outside Pavilion)**  
 1E (Activity Room)

**Environmental Rounds Room Inspection:**  
**(AL/1A Starts 10am) First Tuesday**  
**(AL/1D Starts 10:45am) First Tuesday**  
**(AL/2D Starts 10am) Second Tuesday**  
**(AL/3D Starts 10:45am) Second Tuesday**

9:00 Exercise (AL/2D) **1**  
 10:00 Food Committee Mtg. (AL/EMDR)  
 10:30 Coffee Cart (AL/1D)  
 10:30 Outdoor Walks (AL/OS)  
 1:30 Golf Cart Rides (AL/OS)  
 2:00 Wii Games (AL/1A)  
 2:30 Technical Support (AL)  
 2:30 DAV Bingo (Joint/MPR)  
 3:00 Pool Games (AL/2D)

9:00 Exercise (AL/2D) **2**  
 9:30 Coffee & Donuts(AL/2D)  
 10:30 Catholic Services (AL/3D)  
 10:30 Outdoor Walks (AL/OS)  
**1:30 Lettie Dent Ceremony (Jt/Out)**  
 2:30 MDVA Bingo (Joint/MPR)  
 3:00 Refreshment Cart (AL/Units)

9:00 Exercise (AL/2D) **3**  
**9:00 \$\$ McKay's (AL/Out)**  
 10:00 Coffee Social (AL/2D)  
 10:30 Outdoor Walks (AL/OS)  
**11:00 Chesapeake Beach Lunch (AL/Out)**  
 1:30 Golf Cart Rides (AL/OS)  
 1:30 Movie Matinee (AL/3D)  
 4:00 Good News Bible Study (AL/EMPR)  
 5:30 Pizza Night (AL/Out.)

9:00 JFF Bingo (AL/EMPR) **4**  
 10:00 Somd Rocks (JT/EMPR)  
**2:30 Southern Maryland Concert Band (JT/MPR)**

Daylight Saving Time ends **5**  
**8:30 \$\$ McDonald's (AL/Out)**  
 10:30 Coffee Time (AL/1D)  
 1:30 Susan St. George (AL/EMPR)  
**1:30 On Watch Memorial for WWII (AL/Out)**  
 2:00 Grace Lutheran Church Service (JOINT/MPR)

8:30 \$\$ Walmart (AL/LA) **6**  
 9:00 Exercise (AL/2D)  
 10:30 Outdoor Walks (AL/OS)  
**10:30 Books & Crafts w/Children (JT/MPR)**  
**1:30 Newburg, MD (AL/Dr)**  
 2:00 Brewed Coffee (AL/3D)  
 3:00 Golf Cart Rides (AL/OS)  
 3:00 Bible Study (AL/EMPR)  
**5:30 Hollywood Moose (AL/Out)**

9:00 Exercise (AL/2D) **7**  
 9:30 Refreshments (AL/3D)  
 10:30 Catholic Services (Joint/MPR)  
 10:30 Outdoor Walks (AL/OS)  
 10:30 American Legion Post 298 (AL Lobby)  
 1:30 Golf Cart Rides (AL/OS)  
**2:00 Residents' Birthday Party (AL/EMPR)**  
 3:00 Ceramics (AL/1E)

9:00 Exercise (AL/2D) **8**  
 10:30 Coffee Cart (AL/1D)  
 10:30 Outdoor Walks (AL/OS)  
 1:30 Golf Cart Rides (AL/OS)  
 2:00 Resident Council Mtg. w/ Coffee (AL/EMPR)  
 2:30 Technical Support (AL)  
 3:00 Pool Games (AL/2D)  
 6:30 Post 259 Bingo (Joint/MPR)

9:00 Exercise (AL/2D) **9**  
**9:15 Clarks SR Ctr. (JT/Out.)**  
 9:30 Coffee Cart(AL/2D)  
 10:00 Ft. Meade Volunteers (JT/MPR)  
 10:30 Catholic Services (AL/3D)  
**2:30 Wicomico Shores (AL/Out.)**  
 2:30 MDVA Bingo (Joint/MPR)  
 3:00 Refreshment Cart (AL/Units)

9:00 Exercise (AL/2D) **10**  
**9:00 \$\$ Bank & McKay's (AL/Out.)**  
 10:00 Coffee Social (AL/2D)  
 10:30 Outdoor Walks (AL/OS)  
**1:30 Jug Bay (AL/Out)**  
 2:30 Marine Corps Birthday (JT/MPR)  
 4:00 Good News Bible Study (AL/EMPR)  
**5:30 Calvert Elks Dinner (AL/Out.)**

Veterans Day **11**  
**7:30 Veteran's Day Parade (JT/Out)**  
**11:00 Veterans Day Ceremony (JT/MPR)**  
**5:30 Camp Springs Dinner (JT/Out)**

**8:30 Chesapeake Beach Breakfast (AL/Out) 12**  
 1:30 Pam & Patty Music Hour (AL/EMPR)  
 2:00 Grace Lutheran Church Service (JOINT/MPR)

8:30 \$\$ Walmart (AL/LA) **13**  
 9:00 Exercise (AL/2D)  
 10:30 Morning Walks (AL/Inside)  
**1:30 Callaway, MD (AL/Dr)**  
 2:00 Brewed Coffee (AL/3D)  
 2:30 Chicken & Dumplings (AL/3D)  
 3:00 Golf Cart Rides (AL/OS)  
 3:00 Bible Study (AL/EMPR)

9:00 Exercise (AL/2D) **14**  
 9:30 Refreshments (AL/3D)  
 10:30 Catholic Services (Joint/MPR)  
 10:30 Morning Walks (AL/Inside)  
 1:30 Golf Cart Rides (AL/OS)  
 2:00 Coffee Break (AL/1D)  
**2:30 American Legion Bingo Post 298 (JT/MPR)**  
 2:30 Scrabble Board Game (AL/EMPR)  
 3:00 Canvas Painting (AL/E2)

9:00 Exercise (AL/2D) **15**  
 10:30 Coffee Cart (AL/1D)  
 10:30 Morning Walks (AL/Inside)  
 1:30 Golf Cart Rides (AL/OS)  
 2:00 Wii Games (AL/1A)  
 2:30 Technical Support (AL)  
 3:00 Pool Games (AL/2D)  
**5:30 Thanksgiving Dinner (AL/Wal)**  
**6:30 Cub Scouts Bingo (Joint/MPR)**

9:00 Exercise (AL/2D) **16**  
 9:30 Coffee Cart(AL/2D)  
**10:00 Thanksgiving by the Bay (JT/Out)**  
 10:30 Catholic Services (AL/3D)  
 10:30 Morning Walks (AL/Inside)  
 1:30 Movie Matinee (AL/3D)  
 2:30 MDVA Bingo (Joint/MPR)  
 3:00 Refreshment Cart (AL/Units)

9:00 Exercise (AL/2D) **17**  
**9:00 \$\$ McKay's (AL/Out)**  
 10:00 Coffee Social (AL/2D)  
 10:30 Morning Walks (AL/Inside)  
 1:30 Golf Cart Rides (AL/OS)  
**1:30 Solomons Island, MD (AL/DR)**  
 1:30 Movie Matinee (AL/2D)  
 4:00 Good News Bible Study (AL/EMPR)  
**5:30 Waldorf Moose Dinner (AL/Outing)**

9:00 JFF Bingo (AL/EMPR) **18**  
**9:30 Glenarden (AL/Out)**  
 10:00 Coffee Cart (AL/1D)  
 1:30 Residents' Ice Cream Social w/The Lions Club (AL/EMPR)  
 2:30 The Real McCoy (JT/MPR)

**8:30 \$\$ Golden Corral Outing (AL/CA) 19**  
 2:00 Grace Lutheran Church Service (JOINT/MPR)  
 2:00 Residents' Social w/ ECC Group (AL/EMPR)

9:00 Exercise (AL/2D) **20**  
 10:30 Morning Walks (AL/Inside)  
 2:00 Brewed Coffee (AL/3D)  
 2:30 Apple Crisp (AL/2D)  
**6:30 Sons of American Bingo (Joint/MPR)**

9:00 Exercise (AL/2D) **21**  
 9:30 Refreshments (AL/3D)  
 10:30 Catholic Services (Joint/MPR)  
 10:30 Morning Walks (AL/Inside)  
 2:00 Coffee Break (AL/1D)  
 2:30 Scatagories (AL/EMPR)  
 3:00 Ceramics (AL/1E)  
**5:30 Waldorf Moose Dinner (JT/Out)**  
**6:30 SMECO Bingo (Joint/MPR)**

9:00 Exercise (AL/2D) **22**  
 10:00 Poker Tournament (AL/2D/3D)  
 10:30 Coffee Cart (AL/1D)  
 10:30 Morning Walks (AL/Inside)  
 2:00 Wii Games (AL/1A)  
 2:30 Technical Support (AL)  
 3:00 Pool Games (AL/2D)

Thanksgiving Day **23**  
 9:00 Exercise (AL/2D)  
 9:00 Macy's Day Parade (AL/All Units)  
 9:30 Coffee Cart(AL/2D)  
 10:30 Catholic Services (AL/3D)  
 10:30 Morning Walks (AL/Inside)  
**11:30 Special Thanksgiving Lunch w/volunteers (MDR/EMDR)**  
 2:30 MDVA Bingo (Joint/MPR)  
 3:00 Refreshment Cart (AL/Units)

9:00 Exercise (AL/2D) **24**  
 9:30 Coffee Social (AL/2D)  
 10:30 Morning Walks (AL/Inside)  
 1:30 Movie Matinee (AL/3D)  
 2:00 Golf Cart Rides (AL/OS)  
 4:00 Good News Bible Study (AL/EMPR)

**8:45 Holiday Set-up (AL/All Units) 25**  
 1:00 Movie Matinee (JT/Channel 17)

**9:00 Ridge, MD (AL/Dr.) 26**  
 1:30 Reluctant Jazz Band (AL/EMPR)  
 2:00 Grace Lutheran Church Service (JOINT/MPR)

9:00 Exercise (AL/2D) **27**  
**9:00 \$\$ Dollar Tree (AL/Out)**  
 9:30 Brewed Coffee (AL/2D)  
 10:30 Morning Walks (AL/Inside)  
**1:30 Callaway (AL/DR)**  
 2:00 Baked Goods Social (AL/3D)  
**2:30 American Legion Bingo Post 136 (Joint/MPR)**  
 3:00 Bible Study (AL/EMPR)

9:00 Exercise (AL/2D) **28**  
 9:30 Refreshments (AL/3D)  
 10:30 Catholic Services (Joint/MDR)  
 10:30 Morning Walks (AL/Inside)  
 2:00 Coffee Break (AL/1D)  
 2:30 UNO Card Game (AL/EMPR)  
 3:00 Canvas Painting (AL/E2)

9:00 Exercise (AL/2D) **29**  
 10:30 Coffee Cart (AL/1D)  
 10:30 Morning Walks (AL/Inside)  
**10:30 Show Troop (Joint/MPR)**  
 2:00 Wii Games (AL/1A)  
 2:30 Technical Support (AL)  
 3:00 Pool Games (AL/2D)

**8:30 \$\$ Walmart (AL/LA) 30**  
 9:00 Exercise (AL/2D)  
 9:30 Coffee Cart(AL/2D)  
 10:30 Catholic Services (AL/3D)  
 10:30 Morning Walks (AL/Inside)  
**1:30 Piney Point, MD (AL/Dr)**  
 3:00 Refreshment Cart (AL/Units)

Outings  
 (CA) - California Maryland  
 (LA) - La Plata Maryland  
 (CAL) - Calvert County Maryland  
 (DR) - Scenic Drive  
 (OS) - Outside On Facility Grounds  
 (OUT) - Outing Away From Facility  
 Residents going on outings away from facility are to meet in the Assisted Living Lobby 15 minutes before departure.



**November 2017**

Assisted Living Activities

