

SUN

MON

TUE

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THUR

FRI

SAT



**New Year's Day**  
8:30 Friendly Visits (U/SNF)  
9:30 Daily Chronicle Reading (U/MC)  
10:00 Sensory Coloring (U/MC)  
**10:00 Sonic Drive-In (SNF/O/S)**  
10:30 Catholic Services (JT/MPR)  
11:00 Exercise & Music Tunes (U/MC)  
12:00 Meet/Greet (MC/SNF)  
2:00 Winter Drive (MC/O)  
**2:00 New Year's Day Party Celebration (SNF (MAR))**  
3:00 1:1 Visits (U/MC)  
4:00 Sensory Painting (U/MC)

**1**  
8:30 Friendly Visits (U/SNF)  
9:30 Daily Chronicle Reading (U/MC)  
10:00 Sensory Coloring (U/MC)  
10:30 Protestant Service (2C/SNF)  
11:00 Exercise & Music Tunes (U/MC)  
**12:00 Coffee Cart (MC/SNF)**  
2:30 DAV Bingo (JT/MPR)  
**3:00 Winter Drive (MC/O)**  
**4:00 Crafty Bracelets Various Designs (MC/SNF)**  
**5:00 Trivia Before Dinner Read-Along (MC/SNF)**  
**6:00 Sensory Dome Gardens Attention/Care (MC/SNF)**

**2**  
8:30 Friendly Visits (U/SNF)  
9:30 Daily Chronicle Reading (U/MC)  
10:00 Sensory Coloring (U/MC)  
11:00 Exercise & Music Tunes (U/MC)  
**12:00 Iced Tea Cart (MC/SNF)**  
**2:00 Chocolate Covered Cherries Day Celebration (SNF (MAR))**  
2:30 MDVA Bingo (JT/MPR)  
4:00 Activity Aide Craft of Choice (MC/SNF)  
**5:00 1:1 Visits with Music (MC/SNF)**  
**6:00 Sensory Stimulation Art (MC/SNF)**

**3**  
8:30 Friendly Visits (U/SNF)  
9:30 Daily Chronicle Reading (U/MC)  
10:00 Sensory Coloring (U/MC)  
11:00 Exercise & Music Tunes (U/MC)  
**12:00 Read-Along (MC/SNF)**  
**2:00 Joyce Entertainment (MC/1C)**  
3:00 1:1 Visits (U/MC)  
**4:00 Movie/Popcorn (MC)**  
**5:00 Moose Lodge Waldorf (SNF/O)**  
**6:00 Variety Cake Snacks (MC/SNF)**

**4**  
8:30 Friendly Visits (U/SNF)  
9:30 Daily Chronicle Reading (U/MC)  
10:00 Sensory Coloring (U/MC)  
11:00 Exercise & Music Tunes (U/MC)  
**12:00 Read-Along (MC/SNF)**  
**2:00 Joyce Entertainment (MC/1C)**  
3:00 1:1 Visits (U/MC)  
**4:00 Movie/Popcorn (MC)**  
**5:00 Moose Lodge Waldorf (SNF/O)**  
**6:00 Variety Cake Snacks (MC/SNF)**

**5**  
9:00 Friendly Visit (U/SNF)  
9:30 Daily Chronicle Reading (U/MC)  
10:00 Sensory Coloring (U/MC)  
10:30 Bingo (MPR/SNF/MC)  
11:00 Exercise & Music Tunes (U/MC)  
**2:00 Create Own Talk & Toss Ball Play (MC)**  
**2:00 Hamburger Day Celebration (MAR)**  
3:00 1:1 Visits (U/MC)  
4:00 Paint By Number Watercolor Art (MC/SNF)  
**5:00 Bake Cookies (MC/SNF)**

**6**  
9:00 Friendly Visit (U/SNF)  
9:30 Daily Chronicle Reading (U/MC)  
10:00 Sensory Coloring (U/MC)  
11:00 Exercise & Music Tunes (U/MC)  
11:30 Trivia (U/MC)  
2:00 Grace Lutheran Church Ser. (JT/MPR)  
3:00 1:1 Visits (U/MC)  
**4:00 Hot Cocoa (U/MC)**  
5:00 Lighthouse Posters Art (MC/SNF)

**7**  
8:30 Friendly Visits (U/SNF)  
9:30 Daily Chronicle Reading (U/MC)  
10:00 Sensory Coloring (U/MC)  
**10:00 National Museum of Natural History (SNF/O/S)**  
11:00 Exercise & Music Tunes (U/MC)  
11:30 Cognitive Games (U/MC)  
**12:00 Short Story Group Reads (MC/SNF)**  
2:00 Wood Crab Puzzles (MC/SNF)  
3:00 1:1 Visits (U/MC)  
3:00 Winter Drive (MC/O)  
**4:00 Snoezelen Cart (MC/SNF)**  
5:00 Sensory Coloring Craft Kit II (MC/SNF)  
**6:00 Ice Cream Social (U / MC)**

**8**  
8:30 Friendly Visits (U/SNF)  
9:30 Daily Chronicle Reading (U/MC)  
10:00 Sensory Coloring (U/MC)  
10:30 Catholic Services (JT/MPR)  
11:00 Exercise & Music Tunes (U/MC)  
12:00 Meet/Greet (MC/SNF)  
**2:00 Sea Depth Entertainment (SNF 3C)**  
**2:30 Special Bingo w/LAPRA Unit 93 (SNF (MPR))**  
4:00 Sensory Painting (U/MC)  
**6:00 Sensory Dome Gardens Attention/Care (MC/SNF)**  
**6:00 SMDM Old's Man Band (SNF (MPR))**

**9**  
8:30 Friendly Visits (U/SNF)  
9:30 Daily Chronicle Reading (U/MC)  
10:00 Sensory Coloring (U/MC)  
**10:00 Outback Steakhouse (SNF/O/S)**  
10:30 Protestant Service (2C/SNF)  
11:00 Exercise & Music Tunes (U/MC)  
**12:00 Coffee Cart (MC/SNF)**  
2:30 Winter Drive (MC/O)  
3:00 1:1 Visits (U/MC)  
**4:00 Crafty Bracelets Various Designs (MC/SNF)**  
**5:00 Trivia Before Dinner Read-Along (MC/SNF)**  
**6:00 Sensory Dome Gardens Attention/Care (MC/SNF)**  
**6:30 Post 259 Bingo (JT/MPR)**

**10**  
8:30 Friendly Visits (U/SNF)  
9:30 Daily Chronicle Reading (U/MC)  
10:00 Sensory Coloring (U/MC)  
11:00 Exercise & Music Tunes (U/MC)  
**12:00 Iced Tea Cart (MC/SNF)**  
**2:00 Waldorf Home School (SNF (MDR))**  
2:30 MDVA Bingo (JT/MPR)  
4:00 Activity Aide Craft of Choice (MC/SNF)  
**5:00 1:1 Visits with Music (MC/SNF)**  
**6:00 Sensory Stimulation Art (MC/SNF)**

**11**  
8:30 Friendly Visits (U/SNF)  
9:30 Daily Chronicle Reading (U/MC)  
10:00 Sensory Coloring (U/MC)  
11:00 Exercise & Music Tunes (U/MC)  
**1:00 Read-Along (MC/SNF)**  
**2:00 Joyce Entertainment (SNF 3C)**  
3:00 1:1 Visits (U/MC)  
**4:00 Movie/Popcorn (MC)**  
**5:00 Hughesville American Legion (SNF/O/S)**  
**6:00 Variety Cake Snacks (MC/SNF)**

**12**  
9:00 Friendly Visit (U/SNF)  
9:30 Daily Chronicle Reading (U/MC)  
10:00 Sensory Coloring (U/MC)  
10:30 Bingo (MPR/SNF/MC)  
11:00 Exercise & Music Tunes (U/MC)  
**1:00 Red Robin Restaurant (SNF/O/S)**  
**2:00 Create Own Talk & Toss Ball Play (MC)**  
**2:00 Wendy's (MC/O/S)**  
3:00 1:1 Visits (U/MC)  
4:00 Paint By Number Watercolor Art (MC/SNF)  
**5:00 Bake Cookies (MC/SNF)**

**13**  
9:00 Friendly Visit (U/SNF)  
9:30 Daily Chronicle Reading (U/MC)  
10:00 Sensory Coloring (U/MC)  
11:00 Exercise & Music Tunes (U/MC)  
11:30 Trivia (U/MC)  
**12:00 Green Turtle Restaurant (SNF/O/S)**  
2:00 Grace Lutheran Church Ser. (JT/MPR)  
3:00 1:1 Visits (U/MC)  
**4:00 Hot Cocoa (U/MC)**  
5:00 Games Variety (U / MC)

**14**  
8:30 Friendly Visits (U/SNF)  
9:30 Daily Chronicle Reading (U/MC)  
10:00 Sensory Coloring (U/MC)  
11:00 Exercise & Music Tunes (U/MC)  
11:30 Cognitive Games (U/MC)  
12:00 Short Story Group Reads (MC/SNF)  
**2:00 Boinks Fidgets Games (MC/SNF/U)**  
3:00 1:1 Visits (U/MC)  
**4:00 Snoezelen Cart (MC/SNF)**  
5:00 Sensory Coloring Craft Kit II (MC/SNF)  
**6:00 Ice Cream Social (U / MC)**

**15**  
8:30 Friendly Visits (U/SNF)  
9:30 Daily Chronicle Reading (U/MC)  
10:00 Sensory Coloring (U/MC)  
10:30 Catholic Services (JT/MPR)  
11:00 Exercise & Music Tunes (U/MC)  
12:00 Meet/Greet (MC/SNF)  
2:00 Winter Drive (MC/O)  
3:00 1:1 Visits (U/MC)  
**3:00 Strawberry Ice Cream Day Celebration (SNF (U))**  
4:00 Sensory Painting (U/MC)  
**6:00 Sensory Dome Gardens Attention/Care (MC/SNF)**  
**6:30 SMECO Bingo (JT/MDR)**

**16**  
8:30 Friendly Visits (U/SNF)  
9:30 Daily Chronicle Reading (U/MC)  
10:00 Sensory Coloring (U/MC)  
**10:00 National Portrait Gallery (SNF/O/S)**  
10:30 Protestant Service (2C/SNF)  
11:00 Exercise & Music Tunes (U/MC)  
**12:00 Coffee Cart (MC/SNF)**  
2:00 Paint By Sticker Book Birds of Art (MC/SNF/U)  
3:00 Winter Drive (MC/O)  
**4:00 Crafty Bracelets Various Designs (MC/SNF)**  
**5:00 Trivia Before Dinner Read-Along (MC/SNF)**  
**6:00 Sensory Dome Gardens Attention/Care (MC/SNF)**  
**6:30 Cub Scouts Bingo (JT/MPR)**

**17**  
8:30 Friendly Visits (U/SNF)  
9:30 Daily Chronicle Reading (U/MC)  
10:00 Sensory Coloring (U/MC)  
11:00 Exercise & Music Tunes (U/MC)  
**12:00 Iced Tea Cart (MC/SNF)**  
**2:00 Muhammad Ali's Birthday Celebration (SNF (MAR))**  
**2:00 Linda Entertainment (MC/1C)**  
2:30 MDVA Bingo (JT/MPR)  
4:00 Activity Aide Craft of Choice (MC/SNF)  
**5:00 1:1 Visits with Music (MC/SNF)**  
**6:00 Sensory Stimulation Art (MC/SNF)**

**18**  
8:30 Friendly Visits (U/SNF)  
9:30 Daily Chronicle Reading (U/MC)  
10:00 Sensory Coloring (U/MC)  
11:00 Exercise & Music Tunes (U/MC)  
11:00 Coffee Day Celebration (SNF (U))  
**1:00 Read-Along (MC/SNF)**  
2:00 Pass The Pickle Game (MC/SNF/U)  
3:00 1:1 Visits (U/MC)  
**4:00 Movie/Popcorn (MC)**  
**5:00 Mechanicsville Moose Lodge (SNF/O/S)**  
**6:00 Variety Cake Snacks (MC/SNF)**

**19**  
9:00 Friendly Visit (U/SNF)  
9:30 Daily Chronicle Reading (U/MC)  
10:00 Sensory Coloring (U/MC)  
10:30 Bingo (MPR/SNF/MC)  
11:00 Exercise & Music Tunes (U/MC)  
**1:00 Popcorn Day (SNF (U))**  
**2:00 Create Own Talk & Toss Ball Play (MC)**  
3:00 1:1 Visits (U/MC)  
4:00 Paint By Number Watercolor Art (MC/SNF)  
**5:00 Bake Cookies (MC/SNF)**

**20**  
**World Religion Day**  
9:00 Friendly Visit (U/SNF)  
9:30 Daily Chronicle Reading (U/MC)  
10:00 Sensory Coloring (U/MC)  
11:00 Exercise & Music Tunes (U/MC)  
**11:00 SMDM Chapter Jack and Jill (SNF (MAR))**  
11:30 Trivia (U/MC)  
2:00 Grace Lutheran Church Ser. (JT/MPR)  
3:00 1:1 Visits (U/MC)  
**4:00 Hot Cocoa (U/MC)**  
5:00 Games Variety (U / MC)

**21**  
**Martin Luther King Day**  
8:30 Friendly Visits (U/SNF)  
9:30 Daily Chronicle Reading (U/MC)  
10:00 Sensory Coloring (U/MC)  
**10:00 Port Tobacco Restaurant (SNF/O/S)**  
11:00 Exercise & Music Tunes (U/MC)  
11:30 Cognitive Games (U/MC)  
12:00 Short Story Group Reads (MC/SNF)  
2:00 Winter Drive (MC/O)  
**2:00 Martin Luther King Jr. Birthday Celebration (SNF (MAR))**  
3:00 1:1 Visits (U/MC)  
**4:00 Snoezelen Cart (MC/SNF)**  
5:00 Sensory Coloring Craft Kit II (MC/SNF)  
**6:00 Ice Cream Social (U / MC)**  
**6:30 Sons of American Bingo (JT/MPR)**

**22**  
8:30 Friendly Visits (U/SNF)  
9:30 Daily Chronicle Reading (U/MC)  
10:00 Sensory Coloring (U/MC)  
10:30 Catholic Services (JT/MPR)  
11:00 Exercise & Music Tunes (U/MC)  
12:00 Meet/Greet (MC/SNF)  
2:00 Paint By Sticker Book Travel (MC/SNF/U)  
3:00 1:1 Visits (U/MC)  
4:00 Sensory Painting (U/MC)  
**6:00 Sensory Dome Gardens Attention/Care (MC/SNF)**

**23**  
8:30 Friendly Visits (U/SNF)  
9:30 Daily Chronicle Reading (U/MC)  
10:00 Sensory Coloring (U/MC)  
**10:00 Texas ribs & BBQ Restaurant (SNF/O/S)**  
10:30 Protestant Service (2C/SNF)  
11:00 Exercise & Music Tunes (U/MC)  
**12:00 Coffee Cart (MC/SNF)**  
**2:00 Gumball Entertainment (SNF (MPR))**  
3:00 1:1 Visits (U/MC)  
**4:00 Crafty Bracelets Various Designs (MC/SNF)**  
**5:00 Trivia Before Dinner Read-Along (MC/SNF)**  
**6:00 Sensory Dome Gardens Attention/Care (MC/SNF)**

**24**  
8:30 Friendly Visits (U/SNF)  
9:30 Daily Chronicle Reading (U/MC)  
10:00 Sensory Coloring (U/MC)  
11:00 Exercise & Music Tunes (U/MC)  
**12:00 Iced Tea Cart (MC/SNF)**  
**2:00 Jerry's One Man Band (SNF (3C))**  
2:30 MDVA Bingo (JT/MPR)  
4:00 Activity Aide Craft of Choice (MC/SNF)  
**5:00 1:1 Visits with Music (MC/SNF)**  
**5:00 Floyd Andrews Entertainment (SNF (MDR))**  
**6:00 Sensory Stimulation Art (MC/SNF)**

**25**  
8:30 Friendly Visits (U/SNF)  
9:30 Daily Chronicle Reading (U/MC)  
10:00 Sensory Coloring (U/MC)  
11:00 Exercise & Music Tunes (U/MC)  
**1:00 Read-Along (MC/SNF)**  
2:00 Collapsible Water Bottle Craft. (MC/SNF/U)  
3:00 1:1 Visits (U/MC)  
**4:00 Movie/Popcorn (MC)**  
**5:00 Texas Roadhouse (SNF/O)**  
**6:00 Variety Cake Snacks (MC/SNF)**

**26**  
**International Customs Day**  
9:00 Friendly Visit (U/SNF)  
9:30 Daily Chronicle Reading (U/MC)  
10:00 Sensory Coloring (U/MC)  
**10:00 IHOP (SNF/O/S)**  
10:30 Bingo (MPR/SNF/MC)  
11:00 Exercise & Music Tunes (U/MC)  
**2:00 Create Own Talk & Toss Ball Play (MC)**  
**2:00 Arby's (SNF/O/S)**  
3:00 1:1 Visits (U/MC)  
4:00 Paint By Number Watercolor Art (MC/SNF)  
**5:00 Bake Cookies (MC/SNF)**

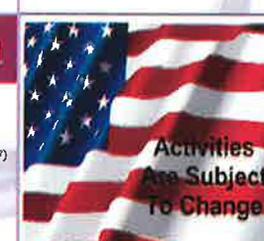
**27**  
9:00 Friendly Visit (U/SNF)  
9:30 Daily Chronicle Reading (U/MC)  
10:00 Sensory Coloring (U/MC)  
11:00 Exercise & Music Tunes (U/MC)  
11:30 Trivia (U/MC)  
2:00 Grace Lutheran Church Ser. (JT/MPR)  
2:00 Winter Drive (MC/O)  
3:00 1:1 Visits (U/MC)  
**4:00 Hot Cocoa (U/MC)**  
5:00 Games Variety (U / MC)  
6:00 NFL Pro Bowl Watch (SNF (U))

**28**  
8:30 Friendly Visits (U/SNF)  
9:30 Daily Chronicle Reading (U/MC)  
10:00 Sensory Coloring (U/MC)  
11:00 Exercise & Music Tunes (U/MC)  
11:30 Cognitive Games (U/MC)  
12:00 Short Story Group Reads (MC/SNF)  
**2:00 Peanut Butter Brittle Day Celebration (SNF (MAR))**  
**2:00 Suzette Entertainment (SNF/3C)**  
2:30 American Legion Post 136 Bingo (JT/MPR)  
3:00 1:1 Visits (U/MC)  
**4:00 Snoezelen Cart (MC/SNF)**  
5:00 Sensory Coloring Craft Kit II (MC/SNF)  
**6:00 Ice Cream Social (U / MC)**

**29**  
8:30 Friendly Visits (U/SNF)  
9:30 Daily Chronicle Reading (U/MC)  
10:00 Sensory Coloring (U/MC)  
**10:00 Olive Garden (SNF/O/S)**  
10:30 Catholic Services (JT/MPR)  
11:00 Exercise & Music Tunes (U/MC)  
12:00 Meet/Greet (MC/SNF)  
2:00 Winter Drive (MC/O)  
3:00 1:1 Visits (U/MC)  
4:00 Sensory Painting (U/MC)  
**6:00 Sensory Dome Gardens Attention/Care (MC/SNF)**

**30**  
8:30 Friendly Visits (U/SNF)  
9:30 Daily Chronicle Reading (U/MC)  
10:00 Sensory Coloring (U/MC)  
10:30 Protestant Service (2C/SNF)  
11:00 Exercise & Music Tunes (U/MC)  
**11:00 Galazzo Restaurant (SNF/O/S)**  
**12:00 Coffee Cart (MC/SNF)**  
**2:00 Sensory Soothing Water Pad With Fish (MC/SNF/U)**  
**3:00 Dairy Queen (MC/O/S)**  
**4:00 Crafty Bracelets Various Designs (MC/SNF)**  
**5:00 Trivia Before Dinner Read-Along (MC/SNF)**  
**6:00 Sensory Dome Gardens Attention/Care (MC/SNF)**

**31**  
8:30 Friendly Visits (U/SNF)  
9:30 Daily Chronicle Reading (U/MC)  
10:00 Sensory Coloring (U/MC)  
11:00 Exercise & Music Tunes (U/MC)  
**12:00 Iced Tea Cart (MC/SNF)**  
**2:00 Sweet Bird Charm Bracelet Crafts (MC/SNF/U)**  
4:00 Activity Aide Craft of Choice (MC/SNF)  
**5:00 1:1 Visits with Music (MC/SNF)**  
**6:00 Sensory Stimulation Art (MC/SNF)**



Location of Programs  
1C-First Floor (MC)  
2-Second Floor (MC)  
MPR-Main Multi Purpose Room  
Room  
EMPR-E-Multi Purpose Room  
MAR-Main Activity Room  
U-1C & 2C Unit

Activities Are Subject To Change

January 2019  
Memory Care Activities - 1C & 2C



Maryland Department of Veterans Affairs