

SUN	MON	TUE	WED	THUR	FRI	SAT		
<p><b>Activities Are Subject To Change</b></p>	<b>1</b> New Year's Day 9:00 Exercise (AL/2D) 9:30 Hot Cocoa (AL/2D) 10:30 Walking Club (AL/Inside) 11:00 Lunch Line Trivia (AL) 1:30 New Year's Day Social (AL/EMPR) 3:00 Bible Study (AL/EMPR)	<b>2</b> 9:00 Exercise (AL/2D) 9:30 Refreshments (AL/2D) 10:30 Catholic Services (JT/MPR) 10:30 Walking Club (AL/Inside) 11:00 Lunch Line Trivia (AL) 1:30 Pictionary (AL/3D) 2:00 Coffee Break (AL/3D) 3:00 Ceramics (AL/1E)	<b>3</b> 9:00 Exercise (AL/2D) 9:30 Coffee & Donuts (AL/2D) 10:00 Food Committee Mtg. (AL/EMDR) 2:00 Baked Goods (AL/3D) 2:30 DAV Bingo (JT/MPR) 3:00 Pool Games (AL/2D)	<b>4</b> 8:30 \$\$ Walmart (AL/LA) 9:00 Exercise (AL/2D) 9:30 Coffee Cart (AL/2D) 10:30 Catholic Services (AL/3D) 1:30 Wicomico Shores (AL/Dr) 2:30 MDVA Bingo (JT/MPR)	<b>5</b> 9:00 Exercise (AL/2D) 9:00 \$\$ Bank & McKay's (AL/Out.) 9:30 Coffee Social (AL/2D) 1:30 Movie Matinee (AL/2D) 2:00 Solomons Island (AL/Dr) 5:30 Pizza Night (CA)	<b>6</b> 9:00 Christmas Breakdown (AL) 10:00 Clements, MD (AL/Out) 1:00 JFF Bingo (AL/EMPR)		
	<b>7</b> 8:30 \$\$ IHOP (AL/Out) 2:00 Grace Lutheran Church Service (JT/MPR) 2:00 Coffee & Sweet Social (AL/3D)	<b>8</b> 9:00 Exercise (AL/2D) 9:00 \$\$ Dollar Tree (AL/Out) 9:30 Hot Cocoa (AL/2D) 10:30 Walking Club (AL/Inside) 11:00 Lunch Line Trivia (AL) 1:30 Old Leonardtown (AL/Dr) 1:30 Lighthouses of America (AL/2D) 2:00 Brewed Coffee (AL/3D) 5:30 Hollywood Moose Dinner (AL/Out)	<b>9</b> 8:30 \$\$ Arundel Mills Casino (AL/Out) () 9:00 Exercise (AL/2D) 9:30 Refreshments (AL/2D) 10:30 Catholic Services (JT/MPR) 10:30 Walking Club (AL/Inside) 11:00 Lunch Line Trivia (AL) 1:30 Board Games (AL/EMPR) 2:00 Hot Mulled Cider (AL/2D) 3:00 Canvas Painting (AL/E2)	<b>10</b> 9:00 Exercise (AL/2D) 9:30 Coffee Cart (AL/2D) 10:00 Floral Arrangement (AL/EMPR) 10:30 Walking Club (AL/Inside) 2:00 Resident Council Meeting (AL/EMPR) 6:30 Post 259 Bingo (JT/MPR)	<b>11</b> 9:00 Exercise (AL/2D) 9:30 Coffee Cart (AL/2D) 10:00 Travelology (AL/2D) 10:30 Catholic Services (AL/3D) 10:30 Walking Club (AL/Inside) 1:30 PB & J Sandwiches (AL/3D) 2:30 MDVA Bingo (JT/MPR) 3:00 Refreshment Cart (AL/1D)	<b>12</b> 8:30 \$\$ Walmart (AL/LA) 9:00 Exercise (AL/2D) 9:30 Coffee Social (AL/2D) 11:00 Lunch Line Trivia (AL) 1:30 Movie Matinee (AL/2D) 2:00 Piney Point (AL/Dr) 5:30 Calvert Elks Dinner (AL/Out.)	<b>13</b> 9:00 JFF Bingo (AL/EMPR) 2:00 Brendan McNulty (JT/MPR) 5:15 VFW Dinner (AL/CA)	
	<b>14</b> 8:30 Chesapeake Beach Breakfast (AL/Out) 1:30 Callaway Scenic (AL/Dr) 2:00 Grace Lutheran Church Service (JT/MPR)	<b>15</b> Martin Luther King Day 9:00 Exercise (AL/2D) 9:30 Hot Cocoa (AL/2D) 10:00 Martin Luther King Clips (AL/2D) 11:00 Lunch Line Trivia (AL) 1:30 Lighthouses of America (AL/2D) 2:00 Brewed Coffee (AL/3D) 3:00 Bible Study (AL/EMPR) 6:30 Sons of American Bingo (JT/MPR)	<b>16</b> 9:00 Exercise (AL/2D) 9:00 \$\$ Dollar Tree (AL/Out) 9:30 Refreshments (AL/2D) 10:30 Catholic Services (JT/MPR) 10:30 Walking Club (AL/Inside) 11:00 Lunch Line Trivia (AL) 1:30 Upper Marlboro (AL/Dr) 1:30 Board Games (AL/EMPR) 2:00 Coffee Break (AL/3D) 3:00 Ceramics (AL/1E) 6:30 SMECO Bingo (JT/MPR)	<b>17</b> 9:00 Exercise (AL/2D) 9:30 Coffee Cart (AL/2D) 10:00 Drill Team (JT/MPR) 10:30 Walking Club (AL/Inside) 11:00 On This Day in History (AL) 1:30 Residents Birthday Party (AL/EMPR) 3:00 Pool Games (AL/2D) 6:30 Cub Scouts Bingo (JT/MPR)	<b>18</b> 8:30 \$\$ Walmart (AL/LA) 9:00 Exercise (AL/2D) 9:30 Coffee Cart (AL/2D) 10:00 Travelology (AL/2D) 10:30 Catholic Services (AL/3D) 10:30 Walking Club (AL/Inside) 11:15 Chesapeake Luncheon (AL/Out) 1:30 Chicken Salad Sandwiches (AL/3D) 2:30 MDVA Bingo (JT/MPR) 3:00 Refreshment Cart (AL/1D)	<b>19</b> 9:00 Exercise (AL/2D) 9:00 \$\$ Bank & McKay's (AL/Out.) 9:30 Coffee Social (AL/2D) 11:00 Lunch Line Trivia (AL) 1:30 Movie Matinee (AL/2D) 2:00 St. George's Island (AL/Dr) 5:30 Waldorf Moose Dinner (AL/Out)	<b>20</b> 9:00 JFF Bingo (AL/EMPR) 9:00 Bushwood (AL/DR) 1:30 Jason Dye (AL/EMPR)	
	<b>21</b> 9:00 Port Tobacco (AL/Dr.) 2:00 ECC Residents' Social (AL/EMPR) 2:00 Grace Lutheran Church Service (JT/MPR)	<b>22</b> 9:00 Exercise (AL/2D) 9:00 \$\$ Dollar Tree (AL/Out) 9:30 Hot Cocoa (AL/2D) 10:30 Walking Club (AL/Inside) 11:00 Lunch Line Trivia (AL) 1:30 Wicomico Shores (AL/Dr.) 1:30 Lighthouses of America (AL/2D) 2:00 Brewed Coffee (AL/3D) 2:30 American Legion Bingo Post 136 (Joint/MPR)	<b>23</b> 9:00 Exercise (AL/2D) 9:30 Refreshments (AL/2D) 10:30 Catholic Services (JT/MPR) 10:30 Walking Club (AL/Inside) 11:00 Lunch Line Trivia (AL) 1:30 UNO Card Game (AL/EMPR) 2:00 Coffee Break (AL/3D) 3:00 Canvas Painting (AL/E2)	<b>24</b> 9:00 Exercise (AL/2D) 9:30 Coffee Cart (AL/2D) 10:00 Poker Tournament (AL/2D/3D) 10:30 Walking Club (AL/Inside) 11:00 On This Day in History (AL) 2:00 Baked Goods (AL/2D) 2:30 Wii Games (AL/1A) 3:00 Pool Games (AL/2D)	<b>25</b> 8:30 \$\$ Walmart (AL/LA) 9:00 Exercise (AL/2D) 9:30 Coffee Cart (AL/2D) 10:00 Travelology (AL/2D) 10:30 Catholic Services (AL/3D) 10:30 Walking Club (AL/Inside) 1:30 Valley Lee (AL/Dr) 2:30 MDVA Bingo (JT/MPR) 3:00 Refreshment Cart (AL/1D) 5:30 Waldorf Moose Dinner (AL/Out)	<b>26</b> 8:30 \$\$ Walmart (AL/LA) 9:00 Exercise (AL/2D) 9:30 Coffee Social (AL/2D) 11:00 Lunch Line Trivia (AL) 1:30 Movie Matinee (AL/2D) 2:00 Point Lookout (AL/Dr.) 5:30 Steak Night (Joint/Out)	<b>27</b> 8:30 \$\$ Golden Corral (AL/Out) 9:00 JFF Bingo (AL/EMPR) 1:30 The DJ of Sweet Sounds (AL/EMPR)	
	<b>28</b> 8:30 \$\$ Cracker Barrel (AL/Out) 1:30 Greenwell State Park (AL/Dr) 2:00 Grace Lutheran Church Service (JT/MPR)	<b>29</b> 9:00 Exercise (AL/2D) 9:00 \$\$ Dollar Tree (AL/Out) 9:30 Hot Cocoa (AL/2D) 10:30 Walking Club (AL/Inside) 11:00 Lunch Line Trivia (AL) 1:30 Cobb Island (AL/Dr) 1:30 Lighthouses of America (AL/2D) 2:00 Brewed Coffee (AL/3D) 3:00 Bible Study (AL/EMPR)	<b>30</b> 9:00 Exercise (AL/2D) 9:30 Refreshments (AL/2D) 10:30 Catholic Services (JT/MPR) 10:30 Walking Club (AL/Inside) 11:00 Lunch Line Trivia (AL) 1:30 Left, Right, Ctr. (AL/EMPR) 2:00 Coffee Break (AL/3D) 3:00 Ceramics (AL/1E)	<b>31</b> 9:00 Exercise (AL/2D) 9:30 Coffee Cart (AL/2D) 10:30 Walking Club (AL/Inside) 11:00 On This Day in History (AL) 2:00 Baked Goods (AL/1D) 2:30 Wii Games (AL/1A) 3:00 Pool Games (AL/2D)	<p><b>Environmental Rounds Room Inspection</b></p> <p>(AL/1A Starts 10AM) First Tuesday          (AL/1D Starts 10:45AM) Second Tuesday</p> <p>(AL/2D Starts 10AM) Third Tuesday          (AL/3D Starts 10:45AM) Fourth Tuesday</p>		<p><b>Location of Programs:</b></p> <p>EMPR (E-Multi Purpose Room)          MPR (Main Multi Purpose Room)</p> <p>1D (First Floor)          2D (Second Floor)          3D (Third Floor)          SPAV (Outside Pavillion)          1E (Activity Room)</p>	<p><b>Outings:</b></p> <p>(CA) California Md          (LA) La Plata Md          (CAL) Calvert County          (DR) Scenic Drive          (OS) Outside on facility grounds          (OUT) Outings away from facility</p> <p>Residents going on outings way from facility are to meet in the Assisted Living Lobby 15 minutes before departure.</p>

# January 2018

Assisted Living Activities

