

SUN MON TUE WED THUR FRI SAT

9:00 Golf Cart Rides (AL/OS) **30**
 1:30 Crackers & Cheese Social (AL/1D)
 2:00 Grace Lutheran Church Ser. (JT/MPR)



Environmental Rounds Room Inspection
 (AL/1A) Starts 10:00am Tuesday, June 4th
 (AL/1D) Starts 10:45am Tuesday, June 4th
 (AL/2D) Starts 10:00am Tuesday, June 11th
 (AL/3D) Starts 10:45am Tuesday, June 11th

Outings
 (CA) - California Md (LA) - La Plata Md (CAL) - Calvert County Md (Dr) - Scenic Drive (OS) - Outside On Facility Grounds (Out.) - Outing Away From Facility
 Resident going on outings away from facility are to meet in the Assisted Living Lobby 15 minutes before departure.

Location of Program
 AL/EMPR (E-Multi Purpose Room) MPR (Main Multi Purpose Room)
 AL/1D (First Floor)
 AL/2D (Second Floor)
 AL/3D (Third Floor)
 SPAV (Outside Pavilion)
 AL/AR1 (Activity Room)
 AL/AR2 (Arts/Crafts Room)
 (SPAV) South Pavilion

Massage Therapy see your Assisted Living Activity Department for scheduling.

9:30 Maryland Veterans Museum (AL/Out) **1**
 1:30 EMPACT Ministries Social w/ Bingo (AL/EMPR)

8:30 \$\$ Golden Corral (AL/Out) **2**
 1:15 Mechanicsville Moose (AL/OUT)
 2:00 Grace Lutheran Church Ser. (JT/MPR)

9:15 Exercise (AL/2D) **3**
 10:00 Fresh Coffee (AL/2D)
 10:00 Golf Cart Rides (AL/OS)
 10:30 1 to 1 Visits (AL/U)
 1:30 Walking Club (AL/OS)
 2:00 Baked Goods (AL/3D)
 3:00 Bible Study (AL/EMPR)
 5:30 Hollywood Moose (AL/OUT)

9:00 \$\$ Dollar Tree (AL/Out) **4**
 9:15 Exercise (AL/2D)
 10:00 Refreshment Cart (AL/2D)
 10:00 Outdoor Games (AL/SPAV)
 10:30 Catholic Services (JT/MPR)
 10:30 1 to 1 (AL/U)
 1:30 Bel Alton, MD (AL/Dr)
 1:30 Golf Cart Ride (AL/OS)
 2:00 Fresh Fruit (AL/3D)
 3:00 Arts & Crafts (AL/1E)

9:15 Exercise (AL/2D) **5**
 10:00 Coffee & Donuts (AL/2D)
 10:30 1 to 1 Visits (AL/U)
 11:30 Trivia (AL/EMDR)
 1:30 Golf Cart Rides (AL/OS)
 2:30 DAV Bingo (JT/MPR)
 3:00 Tai Chi (AL/1A)
 6:00 \$\$ Chaptico Market Ride (AL/Out)

D-Day **6**
 8:30 \$\$ Wal-Mart (AL/LA)
 9:15 Exercise (AL/2D)
 10:00 Refreshment Cart (AL/2D)
 10:30 Catholic Services (JT/EMPR)
 1:00 Fruit Smoothie (AL/3D)
 1:30 Golf Cart Rides (AL/OS)
 1:30 Sotterley Plantation (AL/Dr)
 2:30 MDVA Bingo (JT/MPR)
 3:00 Pool Games (AL/3D)

8:15 Smith Island Tours (AL/OUT) **7**
 9:15 Exercise (AL/2D)
 10:00 Coffee Cart (AL/2D)
 10:30 1 to 1 Visits (AL/U)
 1:30 Current Events (AL/3D)
 2:00 Walking Club (AL/Outside)
 2:30 Golf Cart Rides (AL/OS)
 5:30 Waldorf Moose Pork Chop Dinner (AL/Out)

9:00 JFF Bingo (AL/EMPR) **8**
 9:00 \$\$ Bank & McKay's (AL/Out.)
 2:30 Southern Maryland Concert Band (JT/MPR)
 5:30 \$\$ Blue Crabs Baseball Game (JT/Out)

8:45 Chesapeake Beach (AL/OUT) **9**
 2:00 Grace Lutheran Church Ser. (JT/MPR)

9:00 The WM.B. Tennon (AL/OUT) **10**
 9:15 Exercise (AL/2D)
 10:00 Fresh Coffee (AL/2D)
 10:00 Golf Cart Rides (AL/OS)
 10:30 1 to 1 Visits (AL/U)
 1:30 Walking Club (AL/OS)
 2:00 Baked Goods (AL/3D)
 3:00 Bible Study (AL/EMPR)

9:15 Exercise (AL/2D) **11**
 10:30 Catholic Services (JT/MPR)
 10:30 1 to 1 (AL/U)
 11:00 Steamed Hard Crabs (AL/SPAV)
 2:30 Fresh Fruit (AL/3D)
 3:00 Arts & Crafts (AL/1E)
 5:00 Fishing (AL/Out)

9:15 Exercise (AL/2D) **12**
 10:00 Coffee Cart (AL/2D)
 10:30 1 to 1 Visits (AL/U)
 11:30 Trivia (AL/EMDR)
 1:30 Resident Council/Food Committee (AL/EMPR)
 1:30 Golf Cart Rides (AL/OS)
 3:00 Tai Chi (AL/1A)
 6:30 Post 259 Bingo (JT/MPR)

9:00 Pontoon Boat Ride (AL/OUT) **13**
 9:15 Exercise (AL/2D)
 10:00 Refreshment Cart (AL/2D)
 10:30 Catholic Services (JT/EMPR)
 1:00 Fruit Smoothie (AL/3D)
 1:30 \$\$ Dollar Tree (AL/Out)
 1:30 Golf Cart Rides (AL/OS)
 2:30 MDVA Bingo (JT/MPR)
 3:00 Pool Games (AL/3D)

Flag Day **14**
 8:30 \$\$ Wal-Mart (AL/LA)
 9:15 Exercise (AL/2D)
 10:00 Coffee Cart (AL/2D)
 10:30 1 to 1 Visits (AL/U)
 1:30 Nanjemoy, MD (AL/Out)
 1:30 Current Events (AL/3D)
 2:00 Walking Club (AL/Outside)
 2:30 Golf Cart Rides (AL/OS)
 5:30 Calvert Elks Dinner (AL/Out.)

9:00 JFF Bingo (AL/EMPR) **15**
 9:30 Coffee Cart (AL/2D)
 1:30 Chips & Dip Social (AL/3D)

Father's Day **16**
 9:00 Waldorf Elks Father's Day Brunch (AL/Out)
 2:00 Grace Lutheran Church Ser. (JT/MPR)
 2:00 Father's Day Ice Cream Social w/ECC Group (AL/EMPR)

9:15 Exercise (AL/2D) **17**
 10:00 Fresh Coffee (AL/2D)
 10:00 Golf Cart Rides (AL/OS)
 10:30 1 to 1 Visits (AL/U)
 1:30 Walking Club (AL/OS)
 2:00 Baked Goods (AL/3D)
 3:00 Bible Study (AL/EMPR)
 6:30 Sons of American Bingo (JT/MPR)

9:00 \$\$ Dollar Tree (AL/Out) **18**
 9:15 Exercise (AL/2D)
 9:30 Golf Cart Ride (AL/OS)
 10:30 Catholic Services (JT/MPR)
 10:30 1 to 1 (AL/U)
 1:30 Benedict, MD (AL/Dr)
 2:00 Residents' Birthday Party (AL/EMPR)
 3:00 Arts & Crafts (AL/1E)
 6:30 SMECO Bingo (JT/MDR)

9:15 Exercise (AL/2D) **19**
 10:00 Coffee Cart (AL/2D)
 10:30 1 to 1 Visits (AL/U)
 11:30 Trivia (AL/EMDR)
 1:30 Golf Cart Rides (AL/OS)
 3:00 Tai Chi (AL/1A)
 6:30 Cub Scouts Bingo (JT/MPR)

8:30 \$\$ Wal-Mart (AL/LA) **20**
 9:15 Exercise (AL/2D)
 10:00 Refreshment Cart (AL/2D)
 10:30 Catholic Services (JT/EMPR)
 11:15 Chesapeake Luncheon (AL/Out)
 1:00 Fruit Smoothie (AL/3D)
 1:30 Golf Cart Rides (AL/OS)
 2:30 MDVA Bingo (JT/MPR)
 2:30 Wicomico Shores (AL/Dr)
 3:00 Pool Games (AL/3D)

9:00 \$\$ Bank & McKay's (AL/Out.) **21**
 9:15 Exercise (AL/2D)
 10:00 Coffee Cart (AL/2D)
 10:30 1 to 1 Visits (AL/U)
 1:30 Current Events (AL/3D)
 1:30 Solomon's Island, MD (AL/Dr.)
 2:00 Walking Club (AL/Outside)
 2:30 Golf Cart Rides (AL/OS)
 5:30 American Legion Dinner (AL/LA)

9:00 JFF Bingo (AL/EMPR) **22**
 9:30 Golf Cart Rides (AL/OS)
 1:30 Ice cream outside (AL/SPAV)

9:30 Faces of Valor Picnic (JT/Out) **23**
 2:00 Grace Lutheran Church Ser. (JT/MPR)

8:30 \$\$ Dollar Tree (AL/Out) **24**
 9:15 Exercise (AL/2D)
 10:00 Fresh Coffee (AL/2D)
 10:00 Golf Cart Rides (AL/OS)
 10:30 1 to 1 Visits (AL/U)
 1:30 Darr's Beach (AL/Dr)
 2:00 Baked Goods (AL/3D)
 2:30 American Legion Post 136 Bingo (JT/MPR)
 3:00 Bible Study (AL/EMPR)

9:15 Exercise (AL/2D) **25**
 10:00 Outdoor Games (AL/SPAV)
 10:30 Catholic Services (JT/MPR)
 10:30 1 to 1 (AL/U)
 1:30 Golf Cart Ride (AL/OS)
 2:00 Fresh Fruit (AL/3D)
 3:00 Arts & Crafts (AL/1E)
 5:00 Fishing (AL/Out)

9:15 Exercise (AL/2D) **26**
 10:00 Poker Tournament (AL/2D/3D)
 10:30 1 to 1 Visits (AL/U)
 11:30 Trivia (AL/EMDR)
 1:30 Golf Cart Rides (AL/OS)
 3:00 Tai Chi (AL/1A)

8:30 \$\$ Wal-Mart (AL/LA) **27**
 9:15 Exercise (AL/2D)
 10:00 Refreshment Cart (AL/2D)
 10:30 Catholic Services (JT/EMPR)
 1:00 Fruit Smoothie (AL/3D)
 1:30 Golf Cart Rides (AL/OS)
 1:30 Elms Beach (AL/Dr)
 2:30 MDVA Bingo (JT/MPR)
 3:00 Pool Games (AL/3D)

9:00 \$\$ Family Dollar/McKay's (AL/Out) **28**
 9:15 Exercise (AL/2D)
 10:00 Coffee Cart (AL/2D)
 10:30 1 to 1 Visits (AL/U)
 1:30 Old Leonardtown Wharf (AL/Dr)
 1:30 Current Events (AL/3D)
 2:00 Walking Club (AL/Outside)
 5:30 Steak Night (Joint/Out)

9:00 Breezy Point Beach (AL/Dr.) **29**
 1:30 Fresh Fruit (AL/3D)

June 2019
 Assisted Living Activities



"SERVING THOSE WHO SERVED"