




| SUN | MON | TUE | WED | THUR | FRI | SAT |
|--|---|---|--|--|---|---|
| Activities Are Subject To Change | Location of Programs AUEMPR (E-Multi Purpose Room) MPR (Main Multi Purpose Room) AL1D (First Floor) AL2D (Second Floor) AL3D (Third Floor) SPAV (Outside Pavilion) ALAR1 (Activity Room) ALAR2 (Arts/Crafts Room) | Outings (CA) - California Md (LA) - LA Plata Md (GAL) - Calvert County Md (DR) - Scenic Drive (OS) - Outside Away From Facility Residents going on outings away from facility are to meet in the Assisted Living Lobby 15 minutes before departure. | For MassageTherapy See the Activities Department for Appointment |  | National Freedom Day 9:00 Exercise (AL/2D) 1 9:00 \$\$ Bank & McKay's (AL/Out.) 1:30 Movie Friday (AL/3D) 1:30 Solomon's Island (AL/DR) 4:00 New Life Bible Study (AL/EMDR) 5:30 Waldorf Moose Dinner (AL/Out) | Groundhog Day 2 9:00 JFF Bingo (AL/EMPR) 10:00 Refreshment Cart (AL/2D) 1:30 Oyster Scald/Fried Oysters Social (JT/EMPR) |
| 9:00 \$\$ Dunkin Donuts (AL/Out) 3 1:30 Pope's Creek (AL/Dr) 2:00 Grace Lutheran Church Ser. (JT/MPR) 6:30 Super Bowl 2019 (AL/EMPR) | 9:00 Exercise (AL/2D) 9:00 \$\$ Dollar Tree (AL/Out) 4 9:30 Fresh Coffee (AL/2D) 10:30 1 to 1 (AL/Visits) 1:30 St. Georges Island (AL/DR.) 1:30 Walking Club (AL/Inside) 2:00 Pool Games (AL/2D) 3:00 Bible Study (AL/EMPR) 5:30 Hollywood Moose (AL/OUT) | 9:00 Exercise (AL/2D) 9:30 Refreshment Cart (AL/2D) 5 10:30 Catholic Services (JT/MPR) 10:30 1:1 Visits (AL/Visits) 2:00 Snack Social (AL/3D) 3:00 Arts & Crafts (AL/1E) 5:30 Texas Roadhouse Dinner (AL/Out) | 9:00 Exercise (AL/2D) 9:30 Coffee & Donuts (AL/2D) 6 10:30 1:1 Visits (AL/Visits) 1:30 Board Games (AL/3D) 2:00 Chex Mix Snack (AL/3D) 2:30 DAV Bingo (JT/MPR) 3:00 Tai Chi (AL/1A) 5:30 \$\$ Linda's Cafe (AL/Out) | 8:30 \$\$ Wal-Mart (AL/LA) 7 9:00 Exercise (AL/2D) 9:30 Coffee Cart(Al/2D) 10:30 Catholic Services (JT/3D) 10:30 1:1 Visits (AL/Visits) 1:30 Callaway, MD (AL/Dr) 2:30 MDVA Bingo (JT/MPR) 3:00 Refreshment Cart (AL/1D) 3:00 Light Refreshment (AL/1D) | 9:00 Exercise (AL/2D) 9:00 \$\$ McKay's (AL/Out) 8 1:30 Safari Clips (AL/EMPR) 1:30 Piney Point (AL/DR) 4:00 New Life Bible Study (AL/EMDR) 5:30 Calvert Elks Dinner (AL/Out.) | 9:00 JFF Bingo (AL/EMPR) 9 9:30 Coffee Social (AL/1D) 1:30 McVets Group (JT/MPR) 5:15 VFW Dinner (AL/CA) |
| 9:00 Chesapeake Breakfast (AL/OUT) 10 1:30 The Reluctant Jazz Band (AL/EMPR) 2:00 Grace Lutheran Church Ser. (JT/MPR) | 9:00 Exercise (AL/2D) 9:30 Fresh Coffee (AL/2D) 11 10:30 1 to 1 (AL/Visits) 1:30 Walking Club (AL/Inside) 2:00 Black History Program (JT/MPR) 2:00 Pool Games (AL/2D) 3:00 Bible Study (AL/EMPR) | 8:15 \$\$ Maryland Live Casino (AL/Out) 12 9:00 Exercise (AL/2D) 9:30 Refreshment Cart (AL/2D) 10:30 Catholic Services (JT/MPR) 10:30 1:1 Visits (AL/Visits) 1:30 Residents' Birthday Party (AL/EMPR) 3:00 Arts & Crafts (AL/1E) | 9:00 Exercise (AL/2D) 9:30 Freshly Brewed Coffee (AL/2D) 13 10:30 1:1 Visits (AL/Visits) 1:30 Board Games (AL/3D) 2:00 Resident Council/FOOD Committee (AL/EMPR) 3:00 Tai Chi (AL/1A) 6:30 Post 259 Bingo (JT/MPR) | Valentine's Day 14 8:30 \$\$ Wal-Mart (AL/LA) 9:00 Exercise (AL/2D) 9:30 Coffee Cart(Al/2D) 9:30 Valentines Day Social (AL/2D) 10:30 Catholic Services (JT/3D) 10:30 1:1 Visits (AL/Visits) 11:00 Golden Corral (AL/OUT) 2:30 MDVA Bingo (JT/MPR) 3:00 Refreshment Cart (AL/1D) 3:00 Breton Bay (AL/DR) | 9:00 Exercise (AL/2D) 9:00 \$\$ Bank & McKay's (AL/Out.) 15 1:30 Movie Friday (AL/3D) 1:30 Chaptico (AL/DR) 4:00 New Life Bible Study (AL/EMDR) 5:30 American Legion Dinner (AL/LA) 6:30 Valentine's Day Dance (AL/EMPR) | 8:30 \$\$ IHOP (AL/OUT) 16 9:00 JFF Bingo (AL/EMPR) 1:30 Pottery Patch (AL/Out) |
| 9:00 Coffee and Cinnamon Rolls (AL/1D) 17 2:00 Grace Lutheran Church Ser. (JT/MPR) 2:00 ECC Residents' Ice Cream Social (AL/EMPR) | Presidents' Day 18 9:00 Exercise (AL/2D) 9:00 \$\$ Dollar Tree (AL/Out) 9:30 Fresh Coffee (AL/2D) 10:30 1 to 1 (AL/Visits) 1:30 Port Tobacco (AL/Dr.) 1:30 Walking Club (AL/Inside) 2:00 Pool Games (AL/2D) 3:00 Bible Study (AL/EMPR) 6:30 Sons of American Bingo (JT/MPR) | 9:00 Exercise (AL/2D) 9:30 Refreshment Cart (AL/2D) 19 10:30 Catholic Services (JT/MPR) 10:30 1:1 Visits (AL/Visits) 2:00 Snack Social (AL/3D) 3:00 Arts & Crafts (AL/1E) 6:30 SMECO Bingo (JT/MDR) | 9:00 Exercise (AL/2D) 9:30 Freshly Brewed Coffee (AL/2D) 20 10:30 1:1 Visits (AL/Visits) 1:30 Black History Month: Who Am I? (AL/EMPR) 3:00 Tai Chi (AL/1A) 6:30 Cub Scouts Bingo (JT/MPR) | 8:30 \$\$ Wal-Mart (AL/LA) 21 9:00 Exercise (AL/2D) 9:30 Coffee Cart(Al/2D) 10:30 Catholic Services (JT/3D) 10:30 1:1 Visits (AL/Visits) 11:15 Chesapeake Luncheon (AL/Out) 2:30 MDVA Bingo (JT/MPR) 2:30 Benedict, MD (AL/Dr) 3:00 Refreshment Cart (AL/1D) 3:00 Light Refreshment (AL/1D) | 9:00 Exercise (AL/2D) 9:00 \$\$ McKay's (AL/Out) 22 1:30 Movie Friday (AL/3D) 1:30 Calvert County Scenic Drive (AL/Dr) 2:00 Walking Club (AL/Inside) 4:00 New Life Bible Study (AL/EMDR) 5:30 Steak Night (Joint/Out) | 8:30 \$\$ Marie's Diner (AL/LA) 23 9:00 JFF Bingo (AL/EMPR) 1:30 Jason Music Hr. (AL/EMPR) 1:30 St. Inigoes (AL/DR) |
| 8:30 \$\$ Cracker Barrel (AL/Out) 24 1:30 Live Music Social (AL/EMPR) 2:00 Grace Lutheran Church Ser. (JT/MPR) | 9:00 Exercise (AL/2D) 9:30 Fresh Coffee (AL/2D) 25 10:30 1 to 1 (AL/Visits) 1:30 Walking Club (AL/Inside) 2:00 Pool Games (AL/2D) 2:30 American Legion Post 136 Bingo (JT/MPR) 3:00 Bible Study (AL/EMPR) | 9:00 Exercise (AL/2D) 9:00 \$\$ Dollar Tree (AL/Out) 26 9:30 Refreshment Cart (AL/2D) 10:30 Catholic Services (JT/MPR) 10:30 1:1 Visits (AL/Visits) 1:30 Jug Bay (AL/Dr) 2:00 Snack Social (AL/3D) 3:00 Arts & Crafts (AL/1E) 4:00 Wellness Clinic (AL/EMPR) | 9:00 Exercise (AL/2D) 9:30 Freshly Brewed Coffee (AL/2D) 27 10:00 Poker Tournament (AL/2D/3D) 10:30 1:1 Visits (AL/Visits) 1:30 Board Games (AL/3D) 2:00 Chex Mix Snack (AL/3D) 3:00 Tai Chi (AL/1A) 5:35 Texas Roadhouse Catered Dinner (AL/EMPR) | 8:30 \$\$ Wal-Mart (AL/LA) 28 9:00 Exercise (AL/2D) 9:30 Coffee Cart(Al/2D) 10:30 Catholic Services (JT/3D) 10:30 1:1 Visits (AL/Visits) 1:30 Greenwell State Park (AL/DR) 2:30 MDVA Bingo (JT/MPR) 3:00 Refreshment Cart (AL/1D) 3:00 Light Refreshment (AL/1D) |  |  |

February 2019
Assisted Living Activities



"Serving Those Who Served"