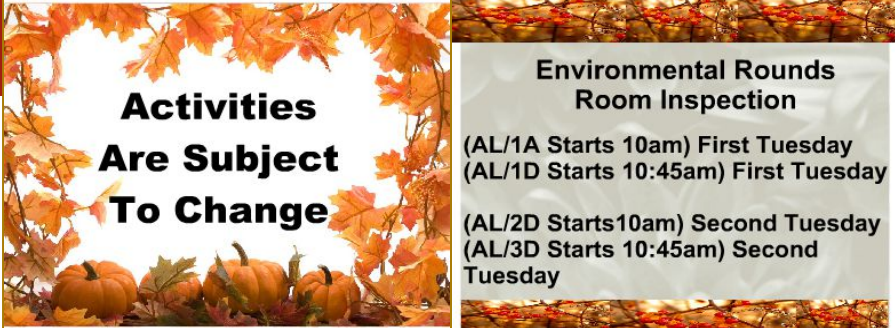



| SUN  | MON  | TUE  | WED  | THUR   | FRI  | SAT  |  |   |  |
|--|--|--|--|--|--|--|--|---|--|
| <p>9:00 Coffee Cart (AL/1D) <b>1</b></p> <p><b>11:00 Lobster Festival (JT/Out)</b></p> <p>1:30 Volunteers/Children (AL/EMPR)</p> <p>2:00 Grace Lutheran Church Service (JOINT/MPR)</p>   | <p><b>8:30 Wal-Mart (AL/LA)</b> <b>2</b></p> <p>9:00 Exercise (AL/2D)</p> <p>9:30 History of MD (AL/2D)</p> <p>10:30 Outdoor Walks (AL/OS)</p> <p><b>10:30 Books &amp; Crafts w/Children (JT/MPR)</b></p> <p>10:30 Outdoor Walks (AL/OS)</p> <p><b>1:30 Point Lookout (AL/Dr.)</b></p> <p>2:00 Brewed Coffee (AL/3D)</p> <p>3:00 Bible Study (AL/EMPR)</p> <p>3:00 Golf Cart Rides (AL/OS)</p> <p><b>5:30 Hollywood Moose (AL/Out)</b></p>       | <p>9:00 Exercise (AL/2D) <b>3</b></p> <p>9:30 Refreshments (AL/3D)</p> <p>10:00 Outdoor Walks (AL/OS)</p> <p>10:30 Catholic Services (Joint/MPR)</p> <p>10:30 Outdoor Walks (AL/OS)</p> <p>10:30 Left, Right, Center (AL/EMPR)</p> <p>1:30 Golf Cart Rides (AL/OS)</p> <p>2:00 Coffee Break (AL/1D)</p> <p>2:30 Scattegories (AL/2D) ( )</p> <p>3:00 Canvas Painting (AL/E2)</p>   | <p>9:00 Exercise (AL/2D) <b>4</b></p> <p>10:00 Food Committee Mtg. (AL/EMDR)</p> <p>10:30 Coffee Cart (AL/1D)</p> <p>10:30 Outdoor Walks (AL/OS)</p> <p><b>11:00 \$ Thompson Seafood Orders (AL)</b></p> <p>1:30 Golf Cart Rides (AL/OS)</p> <p>2:00 Wii Games (AL/1A)</p> <p>2:30 Technical Support (AL)</p> <p>2:30 DAV Bingo (Joint/MPR)</p> <p>3:00 Pool Games (AL/2D)</p> | <p>9:00 Exercise (AL/2D) <b>5</b></p> <p><b>9:00 Air &amp; Space Museum (AL/Out)</b></p> <p>9:30 Coffee Cart(AL/2D)</p> <p>10:30 Catholic Services (AL/3D)</p> <p>10:30 Outdoor Walks (AL/OS)</p> <p>1:30 Golf Cart Rides (AL/OS)</p> <p>2:30 MDVA Bingo (Joint/MPR)</p> <p>3:00 Refreshment Cart (AL/Units)</p>   | <p>9:00 Exercise (AL/2D) <b>6</b></p> <p><b>9:00 \$ McKays (AL/Out)</b></p> <p>9:30 Coffee Social (AL/1D)</p> <p><b>10:00 Mighty Mini Warriors (AL/EMPR)</b></p> <p>10:30 Outdoor Walks (AL/OS)</p> <p>1:30 Movie Matinee (AL/3D)</p> <p><b>1:30 Hallowing Point (AL/DR)</b></p> <p>2:00 Golf Cart Rides (AL/OS)</p> <p>4:00 Good News Bible Study (AL/EMPR)</p> <p>4:30 Dinner Line On This Day (AL)</p> <p><b>5:30 Waldorf Moose Dinner (AL/Out)</b></p>               | <p>9:00 JFF Bingo (AL/EMPR) <b>7</b></p> <p><b>9:00 Sotterley Plantation (AL/Dr.)</b></p> <p>1:30 Shimmy MOB</p> <p>Belly Dancers (AL/EMPR)</p>  |  |   |  |
| <p><b>8:30 Chesapeake Beach Brunch (AL/Out)</b> <b>8</b></p> <p><b>1:30 Breton Bay (AL/DR)</b></p> <p>2:00 Grace Lutheran Church Service (JOINT/MPR)</p>   | <p>Columbus Day <b>9</b></p> <p>9:00 Exercise (AL/2D)</p> <p><b>9:00 \$ Dollar Tree (AL/Out)</b></p> <p>9:30 History of MD (AL/2D)</p> <p>10:30 Outdoor Walks (AL/OS)</p> <p>10:30 Outdoor Walks (AL/OS)</p> <p><b>1:30 Dr. Mudd House (AL/Dr.)</b></p> <p>2:00 Brewed Coffee (AL/3D)</p> <p>2:00 Biscuits &amp; Honey (AL/3D)</p> <p>3:00 Bible Study (AL/EMPR)</p> <p>3:00 Golf Cart Rides (AL/OS)</p>   | <p>9:00 Exercise (AL/2D) <b>10</b></p> <p>9:30 Refreshments (AL/3D)</p> <p>10:00 Outdoor Walks (AL/OS)</p> <p>10:30 Catholic Services (Joint/MPR)</p> <p>10:30 Outdoor Walks (AL/OS)</p> <p>10:30 Hangman Game (AL/3D)</p> <p>1:30 Golf Cart Rides (AL/OS)</p> <p>2:00 Coffee Break (AL/1D)</p> <p>3:00 Ceramics (AL/1E)</p>   | <p>9:00 Exercise (AL/2D) <b>11</b></p> <p>10:30 Coffee Cart (AL/1D)</p> <p>10:30 Outdoor Walks (AL/OS)</p> <p>1:30 Golf Cart Rides (AL/OS)</p> <p>2:00 Resident Council Mtg. w/ Coffee (AL/EMPR)</p> <p>3:00 Pool Games (AL/2D)</p> <p>6:30 Post 259 Bingo (Joint/MPR)</p>   | <p>9:00 Exercise (AL/2D) <b>12</b></p> <p><b>9:00 Pontoon Boat Ride (AL/Out)</b></p> <p>9:30 Coffee Cart(AL/2D)</p> <p>10:30 Catholic Services (AL/3D)</p> <p>10:30 Outdoor Walks (AL/OS)</p> <p>1:30 Golf Cart Ride (AL/OS)</p> <p><b>1:30 Wal-Mart (AL/LA)</b></p> <p>2:30 MDVA Bingo (Joint/MPR)</p> <p>3:00 Refreshment Cart (AL/Units)</p>                              | <p>9:00 Exercise (AL/2D) <b>13</b></p> <p><b>9:00 \$ Bank &amp; McKays (AL/Out)</b></p> <p>10:00 Coffee Social (AL/2D)</p> <p>10:30 Outdoor Walks (AL/OS)</p> <p>1:30 Golf Cart Rides (AL/OS)</p> <p><b>1:30 Greenwell State Park (AL/Dr.)</b></p> <p><b>2:30 NAVY BIRTHDAY PARTY (JOINT/MPR)</b></p> <p>4:00 Good News Bible Study (AL/EMPR)</p> <p>4:30 Dinner Line On This Day (AL)</p> <p><b>5:30 Calvert Elks Dinner (AL/Out.)</b></p>                              | <p>9:00 JFF Bingo (AL/EMPR) <b>14</b></p> <p><b>9:00 Lusby MD (AL/DR.)</b></p> <p>1:30 Coffee &amp; Donuts (AL/3D)</p> <p><b>5:15 VFW Dinner (AL/CA)</b></p>   |  |   |  |
| <p><b>9:00 German Chapel Rd. (AL/Dr.)</b> <b>15</b></p> <p>1:30 Blue Grass Band (AL/EMPR)</p> <p>2:00 ECC Residents' Social (AL/EMPR)</p> <p>2:00 Grace Lutheran Church Service (JOINT/MPR)</p>                                      | <p>Boss's Day <b>16</b></p> <p>9:00 Exercise (AL/2D)</p> <p>9:30 History of MD (AL/2D)</p> <p>10:30 Outdoor Walks (AL/OS)</p> <p>10:30 Outdoor Walks (AL/OS)</p> <p>2:00 Brewed Coffee (AL/3D)</p> <p>3:00 Bible Study (AL/EMPR)</p> <p>3:00 Golf Cart Rides (AL/OS)</p> <p>6:30 Sons of American Bingo (Joint/MPR)</p>  | <p><b>8:30 Arundel Mills Casino (AL/Out)</b> <b>17</b></p> <p>9:00 Exercise (AL/2D)</p> <p>9:30 Refreshments (AL/3D)</p> <p>10:00 Outdoor Walks (AL/OS)</p> <p>10:30 Catholic Services (Joint/MPR)</p> <p>10:30 Outdoor Walks (AL/OS)</p> <p>2:00 Coffee Break (AL/1D)</p> <p>2:30 UNO Card Game (AL/2D)</p> <p>3:00 Canvas Painting (AL/E2)</p> <p>4:00 CSM Wellness Clinic (AL/EMPR)</p> <p>6:30 SMECO Bingo (Joint/MPR)</p> | <p>9:00 Exercise (AL/2D) <b>18</b></p> <p>10:30 Coffee Cart (AL/1D)</p> <p>10:30 Outdoor Walks (AL/OS)</p> <p>1:30 Paint &amp; Design (AL/EMPR)</p> <p>1:30 Golf Cart Rides (AL/OS)</p> <p>2:00 Wii Games (AL/1A)</p> <p>2:30 Technical Support (AL)</p> <p>3:00 Pool Games (AL/2D)</p> <p>6:30 Cub Scouts Bingo (Joint/MPR)</p>   | <p><b>8:30 \$ Wal-Mart (AL/LA)</b> <b>19</b></p> <p>9:00 Exercise (AL/2D)</p> <p>9:30 Coffee Cart(AL/2D)</p> <p>10:30 Catholic Services (AL/3D)</p> <p>10:30 Outdoor Walks (AL/OS)</p> <p><b>11:15 Chesapeake Luncheon (AL/Out)</b></p> <p>2:30 MDVA Bingo (Joint/MPR)</p> <p><b>2:30 Wicomico Shore (AL/DR)</b></p> <p>3:00 Refreshment Cart (AL/Units)</p>                 | <p>9:00 Exercise (AL/2D) <b>20</b></p> <p><b>9:00 \$ McKay's (AL/Out.)</b></p> <p>10:00 Coffee Social (AL/3D)</p> <p>10:30 Outdoor Walks (AL/OS)</p> <p>1:30 Movie Matinee (AL/2D)</p> <p><b>1:30 Callaway (AL/Dr.)</b></p> <p>2:00 Golf Cart Rides (AL/OS)</p> <p>4:00 Good News Bible Study (AL/EMPR)</p> <p>4:30 Dinner Line On This Day (AL)</p> <p><b>5:30 American Legion Post 82 (AL/Out)</b></p> <p><b>6:30 Halloween Dance w/Doc Roberts Band (AL/EMPR)</b></p> | <p>9:00 JFF Bingo (AL/EMPR) <b>21</b></p> <p><b>9:00 May Pole Rd (AL/Dr.)</b></p> <p><b>11:30 Porkules BBQ w/Patriot Guard Volunteers (AL/EMDR)</b></p> <p>1:30 Bluegrass Live Entertainment (AL/EMPR)</p>   |  |   |  |
| <p><b>9:00 Cecil's Mill (AL/Dr.)</b> <b>22</b></p> <p><b>1:30 Solomons Island Boat Ride (AL/Out)</b></p> <p>2:00 Grace Lutheran Church Service (JOINT/MPR)</p> <p>2:00 Jason Dye (AL/EMPR)</p>                                       | <p><b>8:30 Wal-Mart (AL/LA)</b> <b>23</b></p> <p>9:00 Exercise (AL/2D)</p> <p>9:30 History of MD (AL/2D)</p> <p>10:30 Outdoor Walks (AL/OS)</p> <p>10:30 Outdoor Walks (AL/OS)</p> <p><b>1:30 Port Tobacco Creek (AL/Dr.)</b></p> <p>2:00 Brewed Coffee (AL/3D)</p> <p>2:00 Homemade Biscuits &amp; Honey Social (AL/1D)</p> <p>2:30 American Legion Bingo (Joint/MPR)</p> <p>3:00 Bible Study (AL/EMPR)</p> <p>3:00 Golf Cart Rides (AL/OS)</p> | <p>9:00 Exercise (AL/2D) <b>24</b></p> <p>9:30 Refreshments (AL/3D)</p> <p>10:00 Outdoor Walks (AL/OS)</p> <p>10:30 Catholic Services (Joint/MPR)</p> <p>10:30 Outdoor Walks (AL/OS)</p> <p>10:30 Left, Right, Center (AL/EMPR)</p> <p>1:30 Golf Cart Rides (AL/OS)</p> <p><b>2:00 Residents' Birthday Party (AL/EMPR)</b></p> <p>3:00 Ceramics (AL/1E)</p>  | <p>9:00 Exercise (AL/2D) <b>25</b></p> <p>10:00 Poker Tournament (AL/2D/3D)</p> <p>10:30 Coffee Cart (AL/1D)</p> <p>10:30 Outdoor Walks (AL/OS)</p> <p>1:30 Golf Cart Rides (AL/OS)</p> <p>1:30 Movie Matinee Social w/popcorn (AL/2D)</p> <p>2:30 LAFRA Unit 93 Bingo (Joint/MPR)</p> <p>2:30 Technical Support (AL)</p> <p>3:00 Karaoke (AL/3D)</p>                          | <p>9:00 Exercise (AL/2D) <b>26</b></p> <p><b>9:15 Pool Tournament (AL/Out)</b></p> <p>9:30 Coffee Cart(AL/2D)</p> <p>10:30 Catholic Services (AL/3D)</p> <p>10:30 Outdoor Walks (AL/OS)</p> <p>1:30 Golf Cart Ride (AL/OS)</p> <p>2:30 MDVA Bingo (Joint/MPR)</p> <p>3:00 Refreshment Cart (AL/Units)</p> <p><b>4:00 \$ Washington International Horse Show (AL/Out)</b></p> | <p>9:00 Exercise (AL/2D) <b>27</b></p> <p><b>9:00 \$ Bank &amp; McKay's (AL/Out.)</b></p> <p>10:00 Coffee Social (AL/1D)</p> <p>10:30 Outdoor Walks (AL/OS)</p> <p>1:30 Movie Matinee (AL/2D)</p> <p><b>1:30 St. Leonard's Creek Scenic Dr. (AL/DR)</b></p> <p>2:00 Golf Cart Rides (AL/OS)</p> <p>4:00 Good News Bible Study (AL/EMPR)</p> <p>4:30 Dinner Line On This Day (AL)</p> <p><b>5:30 Steak Night (Joint/Out)</b></p>  | <p>9:00 JFF Bingo (AL/EMPR) <b>28</b></p> <p><b>9:00 North Beach (AL/Out.)</b></p> <p>1:30 Belly Dancers (AL/EMPR)</p>   |  |   |  |
| <p><b>8:30 \$ Dunkin Donuts (AL/Out)</b> <b>29</b></p> <p>10:00 Coffee Time (AL/1D)</p> <p><b>1:30 Jug Bay (AL/Dr)</b></p> <p><b>1:30 Wheelchair Poker Run (AL/U to U)</b></p> <p>2:00 Grace Lutheran Church Service (JOINT/MPR)</p> | <p>9:00 Exercise (AL/2D) <b>30</b></p> <p><b>9:00 \$ Dollar Tree (AL/Out)</b></p> <p>9:30 History of MD (AL/2D)</p> <p>10:30 Outdoor Walks (AL/OS)</p> <p>10:30 Outdoor Walks (AL/OS)</p> <p><b>1:30 Moll Dyer Road (AL/Dr.)</b></p> <p>2:00 Brewed Coffee (AL/3D)</p> <p>3:00 Bible Study (AL/EMPR)</p> <p>3:00 Golf Cart Rides (AL/OS)</p>   | <p>Halloween <b>31</b></p> <p><b>8:30 \$ Wal-Mart (AL/LA)</b></p> <p>9:00 Exercise (AL/2D)</p> <p>9:30 Refreshments (AL/3D)</p> <p>10:30 Catholic Services (Joint/MPR)</p> <p>10:30 Outdoor Walks (AL/OS)</p> <p>10:30 Scrabble (AL/3D)</p> <p>1:30 Golf Cart Rides (AL/OS)</p> <p><b>1:30 Chaptico Md (AL/Dr)</b></p> <p>2:00 Halloween Party w/Brendan McNulty (AL/EMPR)</p> <p>3:00 Canvas Painting (AL/E2)</p>             |  <p><b>Activities Are Subject To Change</b></p>   |  |  |  <p><b>Environmental Rounds Room Inspection</b></p> <p>(AL/1A Starts 10am) First Tuesday<br/>(AL/1D Starts 10:45am) First Tuesday</p> <p>(AL/2D Starts 10am) Second Tuesday<br/>(AL/3D Starts 10:45am) Second Tuesday</p> |  | <p><b>Location of Program is:</b></p> <p><b>EMPR (E-Multi Purpose Room)</b></p> <p><b>MPR (Main Multi Purpose Room)</b></p> <p>1D (First floor)</p> <p>2D (Second floor)</p> <p>3D (Third floor)</p> <p><b>SPAV (Outside Pavilion)</b></p> <p><b>1E (Activity Room)</b></p> | <p><b>Outings:</b></p> <p>(CA) - California Maryland</p> <p>(LA) - La Plata Maryland</p> <p>(CAL) - Calvert County Maryland</p> <p>(DR.) - Scenic Drive</p> <p>(OS) - Outside On Facility Grounds</p> <p>(OUT.) - Outing Away From Facility</p> <p>Residents going on outings away from facility are to meet in the Assisted Living Lobby 15 minutes before departure.</p> |

# October 2017

Assisted Living Activities

